

# *Lyme/Old Lyme Youth Survey 2019*

*Final Report  
January 2019*



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### ACKNOWLEDGEMENTS

This youth survey was sponsored by the Lyme / Old Lyme Coalition - Community Action for Substance Free Youth (CASFY) and Lyme / Old Lyme Public Schools. The survey was derived from the Connecticut Governor's Prevention Initiative for Youth (GPIY) survey [1], which was given by the Connecticut Department of Mental Health and Addiction Services (DMHAS) and UConn Health Center in 2000. The survey has been designed to ascertain prevalence, attitudes and behaviors related to use of substances (tobacco, alcohol, electronic cigarettes and illicit drugs). We gratefully acknowledge refinements to the original survey made by coalitions and health professionals throughout Connecticut especially, East of the River Action for Substance-Abuse Elimination and Archie C. Swindell, Ph.D. of Quantitative Services. The modifications reflect changes in questions related to illegal substances and gambling behaviors, and the addition of questions related to other risk-taking behaviors.

The authors sincerely appreciate the cooperation of the Board of Education, Superintendent, principals and teachers of Lyme / Old Lyme Public Schools who approved and facilitated this survey. We would also like to thank the Lyme / Old Lyme Coalition - CASFY and Lyme / Old Lyme Public Schools for sponsoring the survey. We especially thank the youth who shared their personal experiences and opinions, and parents who permitted their children to take the survey. It is emphasized that the results of the survey are intended to provide information to support community-wide prevention planning. They are not intended to be an evaluation of any specific domain (school, family, community, etc).

This report draws liberally on earlier reports of GPIY survey results [1] for formatting and structure. Comparisons with national statistics utilize the Monitoring The Future (MTF) survey of 2018 [6].

### PUBLIC DOMAIN NOTICE

All materials in this report are in the public domain and may be reproduced or copied without permission from Lyme / Old Lyme Coalition - CASFY, Lyme / Old Lyme Public Schools or SERAC. Citation of the source is appreciated. The data on which this report is based are subject to confidentiality regulations of HIPAA [2] and FERPA [3]

### DISCLAIMER

Opinions expressed herein are the views of the authors and may not necessarily reflect the views, official policy or position of Lyme / Old Lyme Coalition -CASFY, Lyme / Old Lyme Public Schools, SERAC or other participating agencies or individuals.

### METHODS

The survey instrument used to collect data for this report was developed using the Connecticut Governor's Prevention Initiative for Youth (GPIY)[1] Youth Survey for 6<sup>th</sup> – 12<sup>th</sup> Grade as the starting point. The survey has been modified by several regional prevention coalitions across Connecticut to reflect changes in patterns of substance use and gambling behaviors that have occurred in the years since the GPIY survey was last given by the Connecticut Department of Mental Health and Addiction Services (DMHAS). Whenever possible, questions in this survey were taken *verbatim* from the National Outcome Measures (ONDCP) [5] and the GPIY survey, which were in turn taken from national surveys such as the YRBSS [4]. The survey was approved by Lyme / Old Lyme Coalition - CASFY and Lyme / Old Public Schools.

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The survey was given under the supervision of Lyme / Old Lyme Public Schools' teachers. Prior to administration of the survey, parents were given the opportunity to examine it and to excuse their child from participating by informing the school. Youth were also able to decline, on their own, to take the survey by simply logging off the computer.

The survey was administered online in December 2019 to youth enrolled in grades 6-12 at Lyme/Old Lyme schools using the SurveyMonkey.com website.

Guidelines for administration of the survey were developed by the University of Connecticut Health Center [1]. During survey administration, conversation among students was discouraged, and youth were reassured about the anonymity of the surveys and the need for their honest input.

All analyses and tabulations were carried out using SPSS® version 24 data analysis software system. Data checking and formatting operations were carried out in Microsoft Excel®, and the final report was produced in Microsoft Word®.

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## RESULTS AND DISCUSSION

### Introduction

This 2019 survey of Lyme / Old Lyme youth is a survey of practices and attitudes related to substance use, mental health and problem gambling among the youth. Results are used to develop appropriate prevention and intervention strategies for youth and for general comparisons with national statistics. Youth in grades 6-12 in Lyme / Old Lyme public schools participated in the survey.

### Section 1: Demographics

In December 2019 young people from Lyme / Old Lyme were surveyed regarding their use of substances such as alcohol, tobacco and other drugs and their perceptions about themselves, their families, their community and their school. The survey was administered on-line using SurveyMonkey.com to youth in grades 6-12 enrolled at Lyme / Old Lyme Middle School and High School. A total of 679 youth responded to the survey. All surveys were examined by standard methods to detect incomplete, inconsistent or non-serious responses, and 55 (8%) were excluded. Responses from the remaining 624 participants are summarized in this report. The overall participation rate across all grades (6-12) was 83% (Table 1). Grade-specific participation rates ranged from 89% among 9<sup>th</sup> graders to 78% among 11<sup>th</sup> graders.

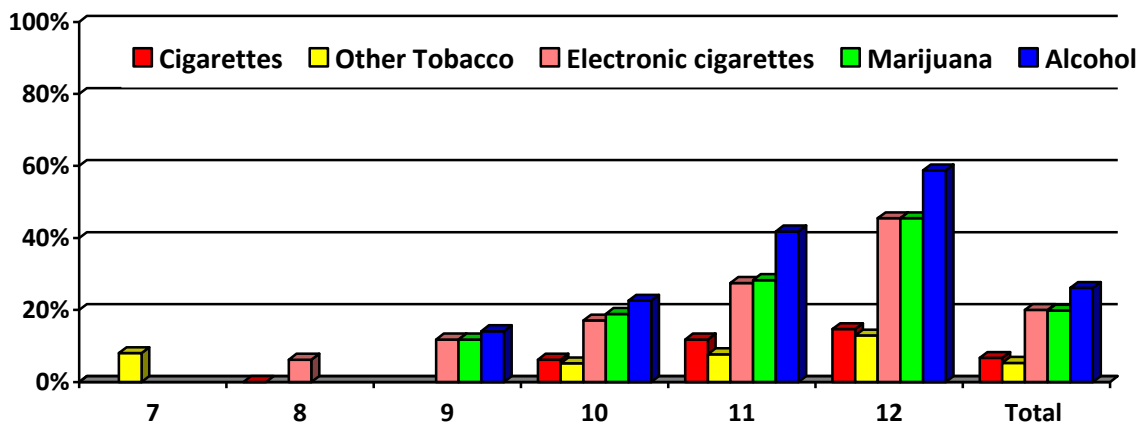
*For consistency with previous reports, throughout this report rates from grade 6 are reported individually but are not included in the calculations of "total" rates. Total rates include only rates from grades 7-12. Rates based on responses from fewer than 5 individuals are not reported (n<5).*

### Section 2: Tobacco, Alcohol, and Other Substance Use

Alcohol continues to be the substance of choice among Lyme / Old Lyme youth (Figures 1-2, Tables 4). Overall, 12% of youth in grades 7-12 report recent (past 30 days) use of alcohol and 26% report lifetime (ever in lifetime) use of alcohol. Grade-specific recent alcohol use rates range from 0% among 8<sup>th</sup> graders to 30% among 12<sup>th</sup> graders. Lifetime alcohol use is reported by fewer than 5 individuals in grades 6,7 and 8 but by 59% of youth in grade 12.

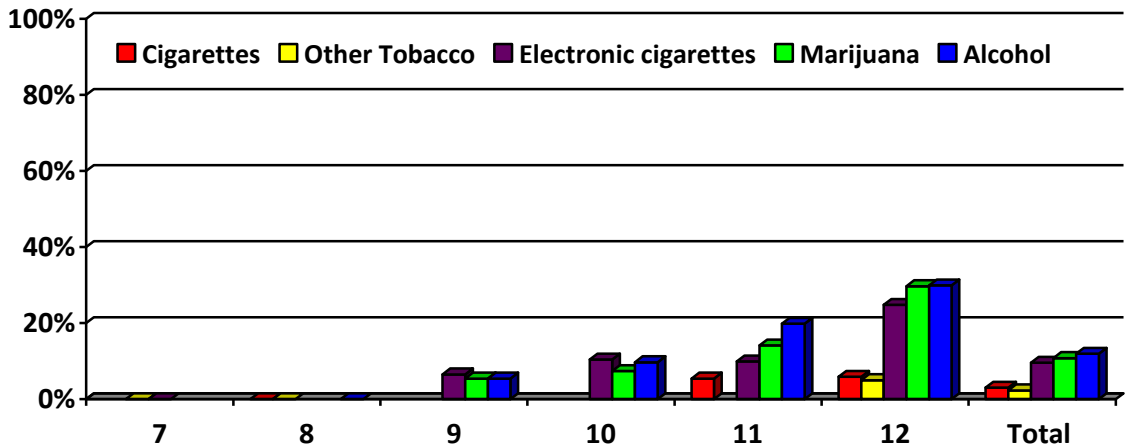
Marijuana and electronic cigarettes are the next most commonly used substances among Lyme/Old Lyme youth. About 1 in 5 youth in grades 7-12 report ever having used each substance. Recent use of marijuana is reported by 11% of youth in grades 7-12 while recent electronic cigarette use is reported by 10% of youth in grades 7-12.

Figure 1. Lifetime Use of Core Substances



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Figure 2. Recent Use of Core Substances



In general, regular use of illicit drugs, other than marijuana, does not appear to be a large problem among Lyme / Old Lyme youth (Table 5). Although recent (past 30 day) use rates do not suggest that youth use illicit drugs frequently, lifetime use rates show that youth are experimenting with these substances, particularly synthetic marijuana (2% lifetime use) and hallucinogens (4% lifetime use).

Youth were asked about the frequency with which they have used various other substances. Tables 7-12 show details of the responses to those questions.

About 1 in 3 youth (31%) report ever having used an energy drink (Table 7). *Youth who report ever having used energy drinks were asked if they had used energy drinks containing alcohol (Table A). About 18% of those youth reporting lifetime energy drink use, also report lifetime use of energy drinks combined with alcohol.*

*Youth reporting lifetime marijuana use were asked about sources from which they get marijuana (Table B).*

- Among lifetime marijuana users in grades 7-12, the most commonly reported source of marijuana is **friends** (80%).

*Youth reporting recent marijuana use were asked about locations of recent use (Table C).*

- The most commonly reported location of recent use is **homes of others** (85%).

Approximately 23% of recent marijuana users report having been under the influence of marijuana while at school during the past 30 days (Table D).

*Youth reporting lifetime alcohol use were asked about sources from which they get alcohol and the intensity of the alcohol use.*

- The most commonly reported source of alcohol is **friends** (Table E, 67%). Other common sources are **a party without an adult's permission** (47%), **a party with an adult's permission** (46%) and **parents without permission** (46%)
- About two-thirds of lifetime drinkers (67%) report having consumed 4 or more alcoholic drinks in a single occasion at least once in their lifetime while about one-quarter report having done so in the past 30 days (24%, Table F).

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*Youth reporting recent alcohol use* were asked where they had used alcohol in the past 30 days and if they had been under the influence at school in the past 30 days.

- The most commonly reported locations of alcohol use are **at the homes of other people** (81%) and **your home** (74%, Table G).
- Fewer than 5 (but more than 0) recent drinkers report having been under the influence of alcohol while at school in the past 30 days (Table H).

*Youth who reported lifetime use of electronic cigarettes* were asked about what they had vaped in their devices (Table I).

- About 90% of electronic cigarette users report ever having vaped nicotine.
- About 74% of lifetime electronic cigarette users report ever having vaped marijuana.
- About 20% of lifetime electronic cigarette users report ever having vaped other items.

Youth reporting lifetime use of certain substances (cigarettes, marijuana and alcohol) were asked about the age at which they began using those substances (Table 13). The calculated mean age of initiation of use for cigarettes, marijuana and alcohol are all about 14 years.

All youth were asked at what age they first mis-used a prescription drug to get high. Nearly all (97%) report never having mis-used a prescription medication to get high (Table 14).

*Those youth who did report misuse of prescription drugs to get high (n=21)* were asked about types of and sources of the prescription drugs they have used.

- Among youth in grades 7-12 who report lifetime prescription drug misuse, the most commonly misused type of medication is uppers (57%) followed by tranquilizers (35%), pain medications (28%) and downers (22%, Table 15).
- The most common source of mis-used prescription drugs is **a friend gave it to you** (Table J, 57%).

### **Section 3: Individual/Peer Domain**

Perceived harm associated with substance use tends to be inversely correlated with use of that substance. Nearly three-quarters of youth report that there is **great risk** associated with smoking 1 or more packs of cigarettes per day (72%) or with using prescription drugs not prescribed to them (76%, Table 16). About one-half of youth feel there is **great risk** associated with taking 1 or 2 drinks of an alcoholic beverage every day (51%), having 5 or more alcoholic beverages once or twice a week (51%). Overall about one-half of youth feel there is great risk associated with using electronic cigarettes. The fewest youth (34%) feel there is **great risk** associated with using marijuana 1 or 2 times a week.

Perceived attitudes of peers can be an important factor influencing behavior among youth. Overall, the percentage of youth who report that their friends think that their engaging in any of the specified behaviors is **very wrong** tends to decrease with increasing grade (Table 17). Perceived peer disapproval is highest for misuse of prescription drugs with 68% of youth reporting that their friends think it would be **very wrong** for them to misuse prescription drugs to get high. About one-half of youth perceive that their friends think it would be **very wrong** for them to have 1-2 drinks of alcohol nearly every day (53%) or to have 5 or more drinks 1-2 times per week (55%). Fewer youth, 48%, report that their friends think it would be **very wrong** for them to use marijuana. Still fewer youth (42%) feel that their friends think it would be very wrong for them to use electronic cigarettes. The fewest youth (35%) feel that their friends think it would be **very wrong** for them to gamble.



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Youth were also asked how easy it would be for them to get various items such as alcohol, cigarettes, marijuana, other illicit drugs or prescription drugs (Table 18). In general, compared to younger youth, older youth consider all substances to be more readily available. Overall, illicit drugs other than marijuana are considered the most difficult to obtain (79% very hard) and alcohol is considered the easiest to obtain (25% very hard).

Youth were asked if they had engaged in certain antisocial behaviors in the past year (Table 19). About 22% of youth report having cheated on a test in school in the past year. About 16% report having stolen something worth less than \$100. About 12% report having ridden as a passenger with a driver (21 or older) under the influence of drugs or alcohol while 10% report having ridden with a driver (under 21) under the influence of drugs or alcohol and 3% report having driven while they were under the influence of drugs or alcohol.

In general, Lyme / Old Lyme youth appear to have positive self-concepts (Table 20). About 87% of youth **agree** or **strongly agree** with the statement "I believe that my life is going in a positive direction" while 79% **agree** or **strongly agree** with the statement "I am good at making decisions". Nearly 60% **agree** or **strongly agree** that they get enough sleep on most nights. However, 67% **agree** or **strongly agree** that they often feel stressed and about 50% **agree** or **strongly agree** that they often feel nervous or anxious. About 20% report that in the past year they have felt sad or hopeless almost every day for 2 weeks or more so that it stopped them from doing their usual activities while about 13% report having had thoughts of committing suicide in the past 12 months. About 84% of youth **agree** or **strongly agree** that they have someone they can talk to when something is bothering them.

### **Section 4: Family Domain**

Youth were asked about their parents' disapproval of their use of alcohol, tobacco, marijuana, prescription drugs and gambling (Table 21). Perceived parental disapproval is highest for misuse of prescription drugs (92% **very wrong**). Perceived parental disapproval is lowest for gambling (44% **very wrong**). Perceived parental disapproval of alcohol use varies depending upon how the question is asked. About 57% of youth report that their parents feel it would be **very wrong** for them to *drink alcohol*. However, 84% of youth report that their parents feel it would be **very wrong** for them to drink 1 or 2 alcoholic beverages nearly every day and 85% of youth report that their parents feel it would be **very wrong** for them to have 5 or more drinks 1-2 times per week. Youth generally feel that their parents disapprove of smoking tobacco (83% **very wrong**) and using electronic cigarettes (80% **very wrong**).

Most youth (86%) report that it is **definitely true** or **mostly true** that they are usually disciplined if they break one of their parents' rules (Table 22). Most youth, 70-75%, report that it is **definitely true** that their families have clear rules discouraging their use of cigarettes/tobacco, electronic cigarettes, marijuana or prescription drugs. Fewer youth (57%) report that it is **definitely true** that their families have clear rules discouraging their use of alcoholic beverages.

Nearly all youth (90% or more) report that it is **definitely true** or **mostly true** that they feel very close to their parents and that they feel loved and valued by their family (Table 23). About 72% of youth report that it is **definitely true** or **mostly true** that they talk to their parent or guardian when they have a problem.

### **Section 5: School Domain**

Overall, 15-20% of youth report that they **do not know** the most severe thing that is likely to happen to a student caught with cigarettes, alcohol or marijuana or electronic cigarettes at school (Table 24).

Nearly all youth (93%) report that it is **definitely true** or **mostly true** that they try hard to do good work at school (Table 25).

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### ***Section 6: Internet / Social Media***

The most commonly reported reasons for using the internet/social media are for entertainment (77%), to contact / connect with people (69%) and to keep updated (60%, Table 26).

The most commonly reported emotion experienced when using the internet/social media is happiness (68%).

Overall, about one-half of youth report that their internet/social media use gives them a positive outlook (48%). However, 14% report that it gives them a feeling of social/emotional isolation.

### ***Section 6: Gambling***

Most youth (80%) report never having engaged in gambling behavior but about 1% of youth report engaging in gambling behavior on a daily basis (Table 27).

### ***Section 7: Comparisons***

In this section, current (2019) Lyme / Old Lyme data is compared with regional data (SERAC regional youth 2016-2017), national data (Monitoring the Future 2018 [6]) and previous Lyme / Old Lyme data (2011, 2013, 2015, 2017) for grades 8, 10 and 12.

Overall, lifetime and recent substance use rates reported by Lyme / Old Lyme youth (including those for cigarettes, alcohol and marijuana) are similar to or lower than the corresponding national rates (Tables 28 and 29). Lifetime hallucinogen use among youth in grade 12 is about twice the corresponding national rate.

Figure 4 shows recent use rates for core substances among LOL youth in grades 8,10 and 12 in 2011, 2013, 2015, 2017 and 2019. Recent use of cigarettes remains low (and relatively stable) compared to other substances. Alcohol use also appears relatively stable. Recent marijuana use has tended to increase among 12<sup>th</sup> graders.

Figure 5 show trends in perceived availability for various substances. Youth continue to perceive that alcohol is the easiest to obtain. Older youth tend to perceive that cigarettes, marijuana and other illicit drugs are more available than do younger youth.

Figure 6 shows trends in perceived parental disapproval for various substances. Perceived parental disapproval of cigarette use, alcohol use, marijuana use and prescription drug misuse have all tended to increase or remain constant over time.

Figure 8 shows trends in perceived harm over time. Perceived harm has tended to remain constant or increase for cigarettes, alcohol and prescription drugs. However, perceived harm for marijuana tends to be more variable and has declined especially among 12<sup>th</sup> graders.

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DATA TABLES

*Section 1. Demographics*

**Table 1. Survey Participants by Grade**

Grade	Official Enrollment (n)	Survey Participants (n)	Survey Participants EXCLUDED from the Analysis (n)	Survey Participants INCLUDED in Analysis (n)	Participation Rate (%)
6	88	84	7	77	88%
7	93	82	5	77	83%
8	95	89	8	81	85%
9	106	102	8	94	89%
10	127	111	11	100	79%
11	120	99	6	93	78%
12	126	112	10	102	81%
<i>Grades (6-12)</i>	755	679	55	624	83%
<i>Grades (7-12)</i>	667	595	48	547	82%

\*A total of 679 youth in grades 6-12 participated in the survey. Responses from a total of 55 youth (8%) were excluded from the analysis due to dishonest or inconsistent answers. The rates presented in this report are based on the responses from the remaining 624 youth.

**Table 2. Gender of Participants Included in Analysis (Grades 7-12)**

Gender	Frequency (n)	Percent (%)
<i>Female</i>	276	50.5%
<i>Male</i>	236	43.1%
<i>I prefer not to say</i>	15	2.7%
<i>I prefer to self-describe</i>	17	3.1%
<i>Missing</i>	3	0.5%
<i>Total</i>	547	100%

**Table 3. Participation on School Sports Teams (Grades 7-12)**

In the past year, have you participated on a school sports team?	Percent (%)
<i>Yes</i>	70.0%
<i>No</i>	30.0%
<i>Total</i>	100%

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*Section 2. Tobacco, Alcohol, and Other Substance Use*

**Table 4. Reported Use of Core Substances**

		Grade							
		6	7	8	9	10	11	12	Total 7-12
<b>Cigarettes</b>	Never	98.7%	98.7%	100.0%	96.8%	93.9%	88.2%	85.3%	93.3%
	Lifetime	n<5	n<5	0.0%	n<5	6.1%	11.8%	14.7%	6.7%
	Recent	0.0%	n<5	0.0%	n<5	n<5	5.4%	5.9%	3.0%
<b>Other Tobacco Products</b>	Never	100.0%	100.0%	98.8%	97.8%	94.8%	92.3%	87.1%	94.7%
	Lifetime	0.0%	0.0%	n<5	n<5	5.2%	7.7%	12.9%	5.3%
	Recent	0.0%	0.0%	0.0%	n<5	n<5	n<5	5.0%	2.3%
<b>Marijuana</b>	Never	98.7%	98.7%	96.3%	88.2%	81.1%	71.7%	54.5%	80.2%
	Lifetime	n<5	n<5	n<5	11.8%	18.9%	28.3%	45.5%	19.8%
	Recent	0.0%	n<5	n<5	5.4%	7.4%	14.1%	29.7%	10.8%
<b>Alcohol</b>	Never	96.1%	96.1%	95.1%	85.9%	77.4%	58.2%	41.2%	73.9%
	Lifetime	n<5	n<5	n<5	14.1%	22.6%	41.8%	58.8%	26.1%
	Recent	n<5	n<5	0.0%	5.4%	9.7%	19.8%	29.9%	11.9%
<b>Electronic Cigarettes</b>	Never	98.6%	97.4%	93.8%	88.2%	82.3%	72.5%	54.5%	80.0%
	Lifetime	n<5	n<5	6.2%	11.8%	17.7%	27.5%	45.5%	20.0%
	Recent	0.0%	0.0%	n<5	6.5%	10.4%	9.9%	24.8%	9.6%

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**Table 5. Reported Use of Illicit Drugs**

		Grade							Total 7-12
		6	7	8	9	10	11	12	
<b>Cocaine</b>	Never	100.0%	100.0%	100.0%	97.7%	100.0%	100.0%	97.8%	99.2%
	Lifetime	0.0%	0.0%	0.0%	n<5	0.0%	0.0%	n<5	n<5
	Recent	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
<b>Crack</b>	Never	100.0%	100.0%	100.0%	98.9%	100.0%	100.0%	100.0%	99.8%
	Lifetime	0.0%	0.0%	0.0%	n<5	0.0%	0.0%	0.0%	n<5
	Recent	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
<b>MDMA</b>	Never	100.0%	100.0%	100.0%	98.9%	97.7%	100.0%	97.8%	99.0%
	Lifetime	0.0%	0.0%	0.0%	n<5	n<5	0.0%	n<5	1.0%
	Recent	0.0%	0.0%	0.0%	0.0%	n<5	0.0%	n<5	n<5
<b>Hallucinogens</b>	Never	100.0%	100.0%	100.0%	96.6%	95.4%	95.5%	87.6%	95.6%
	Lifetime	0.0%	0.0%	0.0%	n<5	n<5	n<5	12.4%	4.4%
	Recent	0.0%	0.0%	0.0%	n<5	n<5	n<5	5.6%	2.0%
<b>Heroin</b>	Never	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%
	Lifetime	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
	Recent	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%

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**Table 5. Reported Use of Illicit Drugs (continued)**

		Grade							
		6	7	8	9	10	11	12	Total 7-12
<b>Methamphetamine</b>	Never	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%
	Lifetime	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
	Recent	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
<b>Synthetic Marijuana</b>	Never	100.0%	100.0%	100.0%	94.4%	100.0%	94.3%	98.9%	97.8%
	Lifetime	0.0%	0.0%	0.0%	5.6%	0.0%	5.7%	n<5	2.2%
	Recent	0.0%	0.0%	0.0%	n<5	0.0%	n<5	0.0%	1.4%
<b>Any illicit drug*</b>	Never	100.0%	100.0%	100.0%	96.6%	94.3%	95.5%	87.6%	95.4%
	Lifetime	0.0%	0.0%	0.0%	n<5	5.7%	n<5	12.4%	4.6%
	Recent	0.0%	0.0%	0.0%	n<5	n<5	n<5	5.6%	2.2%

\* includes cocaine, crack, ecstasy, hallucinogens, heroin, and methamphetamine (in previous years, GHB has been included as well)

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**Table 6. Reported Use of Other Legal Products**

		Grade							
		6	7	8	9	10	11	12	Total 7-12
<b>Over the Counter Medications</b>	Never	94.5%	96.0%	98.8%	100.0%	98.9%	100.0%	93.2%	97.8%
	Lifetime	n<5	n<5	n<5	0.0%	n<5	0.0%	6.8%	2.2%
	Recent	n<5	n<5	0.0%	0.0%	0.0%	0.0%	n<5	n<5
<b>Inhalants</b>	Never	95.9%	96.0%	93.8%	95.5%	97.7%	93.2%	94.4%	95.1%
	Lifetime	n<5	n<5	6.2%	n<5	n<5	6.8%	5.6%	4.9%
	Recent	0.0%	0.0%	0.0%	n<5	0.0%	n<5	n<5	n<5
<b>Energy Drinks</b>	Never	83.6%	75.0%	74.1%	73.0%	71.3%	60.9%	59.6%	68.6%
	Lifetime	16.4%	25.0%	25.9%	27.0%	28.7%	39.1%	40.4%	31.4%
	Recent	n<5	9.2%	n<5	12.4%	12.6%	18.4%	18.0%	12.9%



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**Table 7. Frequency of Use of Energy Drinks**

Think back over the past 30 days. On how many days, if any, did you use the following?		Grade							Total 7-12
		6	7	8	9	10	11	12	
<b>An energy drink (like Red Bull, Monster, Amp or Rock Star)</b>	NEVER	83.6%	75.0%	74.1%	73.0%	71.3%	60.9%	59.6%	68.6%
	Not in the past 30 days	13.7%	15.8%	21.0%	14.6%	16.1%	20.7%	22.5%	18.5%
	Occasionally (1 - 5 days)	n<5	n<5	n<5	11.2%	10.3%	12.6%	14.6%	9.7%
	Frequently (6 - 20 days)	0.0%	n<5	0.0%	n<5	n<5	5.7%	n<5	2.0%
	Almost every day (21+ days)	0.0%	n<5	0.0%	0.0%	0.0%	0.0%	n<5	1.2%

**Table A. Percentage of Energy Drink Users Who Report Using Energy Drinks with Alcohol (unweighted n=159)\***

	Grade							Total 7-12
	6	7	8	9	10	11	12	
NEVER	100.0%	94.1%	81.0%	78.3%	79.2%	79.4%	81.8%	81.6%
Not in the past 30 days	0.0%	n<5	n<5	n<5	n<5	20.6%	15.2%	15.8%
Occasionally (1 - 5 days)	0.0%	0.0%	0.0%	n<5	n<5	0.0%	n<5	n<5
Frequently (6 - 20 days)	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Almost every day (21+ d)	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%

\*This question was asked only of youth who reported having used energy drinks.

**Table 8. Frequency of Use of Cigarettes**

Think back over the past 30 days. On how many days, if any, did you use the following?		Grade							Total 7-12
		6	7	8	9	10	11	12	
<b>Cigarettes</b>	NEVER	98.7%	98.7%	100.0%	96.8%	93.9%	88.2%	85.3%	93.3%
	Not in the past 30 days	n<5	0.0%	0.0%	n<5	n<5	6.5%	8.8%	3.7%
	Occasionally (1 - 5 days)	0.0%	n<5	0.0%	n<5	n<5	n<5	4.9%	2.2%
	Frequently (6 - 20 days)	0.0%	0.0%	0.0%	0.0%	n<5	n<5	0.0%	n<5
	Almost every day (21+ days)	0.0%	0.0%	0.0%	0.0%	n<5	0.0%	n<5	n<5

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**Table 9. Frequency of Use of Other Tobacco Products**

Think back over the past 30 days. On how many days, if any, did you use the following?		Grade							Total 7-12
		6	7	8	9	10	11	12	
<b>Other tobacco products (like cigars, snuff, chewing tobacco, smoking tobacco from a pipe)</b>	NEVER	100.0%	100.0%	98.8%	97.8%	94.8%	92.3%	87.1%	94.7%
	Not in the past 30 days	0.0%	0.0%	n<5	n<5	n<5	n<5	7.9%	3.0%
	Occasionally (1 - 5 days)	0.0%	0.0%	0.0%	n<5	n<5	n<5	n<5	1.7%
	Frequently (6 - 20 days)	0.0%	0.0%	0.0%	0.0%	0.0%	n<5	n<5	n<5
	Almost every day (21+ days)	0.0%	0.0%	0.0%	0.0%	n<5	0.0%	0.0%	n<5

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**Table 10. Frequency of Use of Marijuana**

Think back over the past 30 days. On how many days, if any, did you use the following?		Grade							Total 7-12
		6	7	8	9	10	11	12	
<b>Marijuana or hashish</b>	NEVER	98.7%	98.7%	96.3%	88.2%	81.1%	71.7%	54.5%	80.2%
	Not in the past 30 days	n<5	0.0%	n<5	6.5%	11.6%	14.1%	15.8%	9.1%
	Occasionally (1 - 5 days)	0.0%	n<5	0.0%	n<5	n<5	7.6%	16.8%	6.0%
	Frequently (6 - 20 days)	0.0%	0.0%	0.0%	0.0%	n<5	n<5	7.9%	2.5%
	Almost every day (21+ days)	0.0%	0.0%	n<5	n<5	n<5	n<5	5.0%	2.2%

**\*\*\*Lifetime Marijuana User - Sub-analysis\*\*\***

**Table B. Percentage of Lifetime Marijuana Users Who Report Ever Getting Marijuana from Various Sources  
(total respondents in grades 7-12 = 105)**

Source	Grade							Total 7-12
	6	7	8	9	10	11	12	
Your parents, with permission	0.0%	0.0%	0.0%	n<5	n<5	n<5	n<5	12.0%
Your parents, without permission	0.0%	0.0%	n<5	50.0%	31.3%	30.8%	25.0%	30.1%
Your brothers or sisters	0.0%	0.0%	0.0%	n<5	37.5%	n<5	18.2%	19.1%
Your friends	0.0%	0.0%	n<5	60.0%	81.3%	88.5%	81.8%	80.1%
Other people buy it for you	0.0%	0.0%	n<5	50.0%	50.0%	57.7%	46.5%	50.1%
You buy it in person	0.0%	0.0%	0.0%	60.0%	37.5%	52.0%	54.5%	50.0%
You buy it online	0.0%	0.0%	0.0%	n<5	n<5	n<5	0.0%	n<5

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**\*\*\*Recent Marijuana User - Sub-analysis\*\*\***

**Table C. Percentage of Recent Marijuana Users Who Report Using Marijuana in Various Places in the Past 30 days (total respondents in grades 7-12 =57)**

In the past 30 days, did you use marijuana in any of the following places?	Grade							Total 7-12
	6	7	8	9	10	11	12	
At your home	*	0.0%	0.0%	n<5	n<5	46.2%	60.7%	57.5%
On the street, in the woods or in parks or fields	*	0.0%	0.0%	n<5	n<5	61.5%	42.9%	48.0%
At the homes of other people	*	0.0%	0.0%	n<5	100.0%	84.6%	85.7%	84.8%
At school or at school activities like dances or sporting events	*	0.0%	0.0%	n<5	n<5	n<5	21.4%	21.2%
While driving	*	0.0%	0.0%	0.0%	n<5	n<5	25.0%	19.3%
At a party with an adult present	*	0.0%	0.0%	n<5	n<5	38.5%	42.9%	40.3%
At a party without an adult present	*	0.0%	0.0%	n<5	n<5	61.5%	85.7%	71.2%

\*No youth in Grade 6 reported recent marijuana use

**\*\*\*Recent Marijuana User - Sub-analysis\*\*\***

**Table D. Percentage of Recent Marijuana Users Who Report Having Been Under the Influence of Marijuana While at School in the Past 30 days (total respondents in grades 7-12 =55)**

During the past 30 days have you been under the influence of marijuana while you were at school?	Grade *							Total 7-12
	6	7	8	9	10	11	12	
Yes	*	**	0.0%	n<5	n<5	n<5	25.0%	23.3%

\*No youth in Grade 6 reported recent marijuana use

\*\*No recent marijuana users in Grade 7 answered this question

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**Table 11. Frequency of Use of Alcohol**

Think back over the past 30 days. On how many days, if any, did you use the following?		Grade							Total 7-12
		6	7	8	9	10	11	12	
Drink one or more drinks of an alcoholic beverage (more than a sip, and NOT including religious activities)	NEVER	96.1%	96.1%	95.1%	85.9%	77.4%	58.2%	41.2%	73.9%
	Not in the past 30 days	n<5	n<5	n<5	8.7%	12.9%	22.0%	28.9%	14.2%
	Occasionally (1 - 5 days)	n<5	n<5	0.0%	n<5	8.6%	19.8%	26.8%	10.8%
	Frequently (6 - 20 days)	0.0%	0.0%	0.0%	n<5	n<5	0.0%	n<5	0.9%
	Almost every day (21+ days)	0.0%	0.0%	0.0%	n<5	0.0%	0.0%	0.0%	n<5

*\*\*\*Lifetime Drinker- Sub-analysis\*\*\**

**Table E. Percentage of Lifetime Drinkers Who Report Ever Getting Alcohol from Various Sources (total respondents in grades 7-12 =124)**

Source	Grade							Total 7-12
	6	7	8	9	10	11	12	
Your parents, with permission	100.0%	n<5	n<5	n<5	26.3%	45.9%	34.0%	36.4%
Your parents, without permission	n<5	0.0%	n<5	66.7%	47.4%	51.4%	40.0%	45.9%
Your friends	0.0%	0.0%	0.0%	41.7%	57.9%	78.4%	74.0%	66.6%
Your brothers or sisters	0.0%	0.0%	n<5	41.7%	21.1%	24.3%	18.0%	22.4%
Other people buy it for you	0.0%	0.0%	n<5	n<5	n<5	43.2%	49.0%	39.9%
A party with an adult's permission	0.0%	n<5	n<5	41.7%	26.3%	56.8%	48.0%	46.1%
A party without an adult's permission	0.0%	0.0%	0.0%	n<5	52.6%	54.1%	49.0%	46.7%
A store or bar (you buy it)	0.0%	0.0%	0.0%	n<5	n<5	n<5	14.0%	8.7%
A restaurant	n<5	0.0%	n<5	n<5	n<5	n<5	14.0%	13.7%

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\*\*\*Lifetime Drinker- Sub-analysis\*\*\*

Table F. Intensity of Alcohol Use Among Lifetime Drinkers  
(total respondents in grades 7-12 =124)

How often have you drank 4 or more alcoholic drinks (beer, wine, wine coolers, mixed drinks, hard liquor etc.) during a single occasion?	Grade							Total 7-12
	6	7	8	9	10	11	12	
NEVER	100.0%	100.0%	100.0%	8.3%	42.1%	29.7%	30.0%	33.1%
Not in the past 30 days	0.0%	0.0%	0.0%	66.7%	42.1%	51.4%	36.0%	42.7%
Occasionally (1 - 5 days)	0.0%	0.0%	0.0%	n<5	n<5	18.9%	28.0%	20.9%
Frequently (6 - 20 days)	0.0%	0.0%	0.0%	0.0%	n<5	0.0%	n<5	n<5
Almost every day (21 days or more)	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	n<5	n<5
Binge Ever (Lifetime)	0.0%	0.0%	0.0%	91.7%	57.9%	70.3%	70.0%	66.9%
Binge Recent (Past 30 days)	0.0%	0.0%	0.0%	n<5	n<5	18.9%	34.0%	24.1%

\*\*Recent Drinker- Sub-analysis\*\*

Table G. Percentage of Recent Drinkers Who Report Using Alcohol in Various Places in the Past 30 days  
(total respondents in grades 7-12 =62)

In the past 30 days, did you use alcohol in any of the following places?	Grade							Total 7-12
	6	7	8	9	10	11	12	
At your home	100.0%	0.0%	*	100.0%	85.7%	70.6%	69.2%	73.9%
On the street, in the woods or in parks or fields	0.0%	0.0%	*	n<5	n<5	29.4%	n<5	22.3%
At the homes of other people	0.0%	0.0%	*	100.0%	85.7%	76.5%	80.8%	81.3%
At school or at school activities like dances or sporting events	0.0%	0.0%	*	n<5	0.0%	n<5	n<5	n<5
While driving	0.0%	0.0%	*	0.0%	0.0%	0.0%	0.0%	0.0%
At a party with an adult present	0.0%	0.0%	*	100.0%	n<5	47.1%	57.7%	57.0%
At a party without an adult present	0.0%	0.0%	*	n<5	n<5	64.7%	73.1%	68.4%

\*No youth in Grade 8 report recent alcohol use

\*\*\*Recent Drinker- Sub-analysis\*\*\*

Table H. Percentage of Recent Drinkers Who Report Having Been Under the Influence of Alcohol While at School in the  
Past 30 days  
(total respondents in grades 7-12 =54)

During the past 30 days have you been under the influence of alcohol while you were at school?	Grade *							Total 7-12
	6	7	8	9	10	11	12	
Yes	0.0%	*	*	n<5	0.0%	n<5	n<5	n<5

\*No youth in grades 7, or 8 answered this question

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**Table 12. Frequency of Use of Electronic Cigarettes**

Think back over the past 30 days. On how many days, if any, did you use the following?		Grade							Total 7-12
		6	7	8	9	10	11	12	
<b>E- cigarettes (electronic cigarettes)</b>	NEVER	98.6%	97.4%	93.8%	88.2%	82.3%	72.5%	54.5%	80.0%
	Not in the past 30 days	n<5	n<5	n<5	5.4%	7.3%	17.6%	20.8%	10.4%
	Occasionally (1-5 days)	0.0%	0.0%	n<5	0.0%	7.3%	n<5	9.9%	4.0%
	Frequently (6 - 20 days)	0.0%	0.0%	0.0%	n<5	n<5	n<5	n<5	2.1%
	Almost every day (21+d)	0.0%	0.0%	0.0%	n<5	n<5	n<5	11.9%	3.6%

**Table 1. Percentage of Electronic Cigarettes Users Who Report Vaping Various Substances (unweighted n=105)\***

How often have you used vaping devices to vape the following?		Grade							Total 7-12
		6	7	8	9	10	11	12	
<b>Nicotine</b>	NEVER	**	0.0%	n<5	n<5	n<5	n<5	n<5	9.5%
	Not in the past 30 days	**	100.0%	n<5	n<5	35.3%	52.0%	41.3%	43.9%
	Occasionally (1 - 5 days)	**	0.0%	n<5	0.0%	29.4%	n<5	17.4%	15.4%
	Frequently (6 - 20 days)	**	0.0%	0.0%	n<5	n<5	n<5	n<5	13.3%
	Almost every day (21+d)	**	0.0%	0.0%	n<5	n<5	n<5	26.1%	17.9%
<b>Marijuana</b>	NEVER	**	0.0%	n<5	n<5	29.4%	28.0%	21.7%	25.7%
	Not in the past 30 days	**	100.0%	n<5	n<5	41.2%	36.0%	32.6%	36.2%
	Occasionally (1 - 5 days)	**	0.0%	0.0%	n<5	n<5	n<5	23.9%	19.1%
	Frequently (6 - 20 days)	**	0.0%	0.0%	n<5	n<5	n<5	13.0%	8.5%
	Almost every day (21+d)	**	0.0%	0.0%	n<5	n<5	n<5	n<5	10.5%
<b>Other items</b>	NEVER	**	100.0%	100.0%	90.0%	75.0%	73.9%	79.5%	79.8%
	Not in the past 30 days	**	0.0%	0.0%	n<5	n<5	n<5	18.2%	15.2%
	Occasionally (1 - 5 days)	**	0.0%	0.0%	0.0%	n<5	n<5	0.0%	n<5
	Frequently (6 - 20 days)	**	0.0%	0.0%	0.0%	0.0%	n<5	0.0%	n<5
	Almost every day (21+d)	**	0.0%	0.0%	0.0%	0.0%	0.0%	n<5	n<5

\*This question was asked only of youth who report ever having used electronic cigarettes

\*\*No youth in Grade 6 answered this question

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Table 13. Age of Initiation of Use of Various Substances (Grades 7-12)

What was your age in years when you FIRST used the following?	Frequency (n, unweighted)	Percent (%)
<b>Cigarettes</b>		
<i>Mean age of initiation: 13.9 yrs</i>		
10 yrs or younger	n<5	NA
11 - 13	7	22.4%
14 - 15	11	35.4%
16 or older	10	32.4%
<b>Marijuana</b>		
<i>Mean age of initiation: 14.4 yrs</i>		
10 yrs or younger	n<5	NA
11 - 13	19	19.0%
14 - 15	45	46.1%
16 or older	31	31.9%
<b>Alcoholic Beverages</b>		
<i>Mean age of initiation: 14.3 yrs</i>		
10 yrs or younger	6	4.6%
11 - 13	20	15.9%
14 - 15	65	52.8%
16 or older	33	26.7%



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**Table 14. Age of Initiation of Prescription Drug Mis-Use (total respondents in grades 7-12 = 21)**

What was your age in years when you FIRST mis-used a PRESCRIPTION drug to get high?	Percent (%)
I have never mis-used a prescription drug to get high	96.7%
10 yrs or younger	n<5
11 – 13	n<5
14 – 15	1.5%
16 or older	1.0%

**Table 15. Reported Use of Specific Types of Prescription Drugs Among Youth Who Report Ever Having Reported Use of Prescription Medications**  
(Asked only of youth who reported ever having mis-used a prescription drug to get high)  
Total respondents in grades 7-12 = 14

		% of lifetime users							Estimated % of All Youth (7-12)
		Grade							
		6*	7*	8*	9	10	11	12	Total (7-12)
<b>Pain Medication</b>	Never				n<5	n<5	n<5	n<5	71.5%
	Lifetime				n<5	n<5	n<5	n<5	28.5%
	Recent				0.0%	0.0%	0.0%	n<5	n<5
<b>Downers</b>	Never				100.0%	n<5	n<5	n<5	78.0%
	Lifetime				0.0%	n<5	n<5	n<5	22.0%
	Recent				0.0%	0.0%	0.0%	n<5	n<5
<b>Tranquilizers</b>	Never				n<5	100.0%	100.0%	n<5	64.9%
	Lifetime				n<5	n<5	n<5	n<5	35.1%
	Recent				n<5	0.0%	0.0%	n<5	n<5
<b>Uppers</b>	Never				n<5	n<5	n<5	n<5	43.1%
	Lifetime				n<5	n<5	n<5	n<5	56.9%
	Recent				n<5	0.0%	0.0%	n<5	n<5
<b>Steroids</b>	Never				100.0%	100.0%	100.0%	100.0%	100.0%
	Lifetime				0.0%	0.0%	0.0%	0.0%	0.0%
	Recent				0.0%	0.0%	0.0%	0.0%	0.0%

\* No youth in grades 6,7, or 8 answered this question

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*Table J. Percentage of Lifetime Prescription Drug Mis-Users Who Report Ever Getting Prescription Drugs from Various Sources (total respondents in grades 7-12 = 14)*

Source	Grade								Total 7-12	Rank **
	6*	7*	8*	9	10	11	12			
Your home				n<5	n<5	n<5	n<5	n<5	n<5	4
Someone else's home				n<5	n<5	n<5	n<5	n<5	34.7%	3
Your brother or sister gave it to you				n<5	n<5	n<5	n<5	n<5	n<5	6
A friend gave it to you				n<5	n<5	n<5	n<5	n<5	56.9%	1
Someone at a party gave it to you				n<5	n<5	n<5	n<5	n<5	n<5	5
You bought it (ie from a dealer)				n<5	n<5	n<5	n<5	n<5	36.0%	2
You bought it online				n<5	n<5	n<5	n<5	n<5	0.0%	7

\* No youth in grades 6,7 or 8 answered this question

\*\*1 most frequently reported source, 7 least frequently reported source

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*Section 3. Individual/Peer Domain*

**Table 16. Perceived Harm of Substance Use**

How much do people risk harming themselves when they do the following?		Grade							Total 7-12
		6	7	8	9	10	11	12	
<b>Smoke cigarettes, 1 or more packs a day</b>	No Risk	n<5	6.7%	n<5	n<5	n<5	n<5	n<5	3.0%
	Slight Risk	n<5	n<5	n<5	n<5	0.0%	n<5	n<5	2.3%
	Moderate Risk	19.2%	16.0%	11.1%	15.7%	10.2%	11.4%	13.3%	12.9%
	Great Risk	64.4%	60.0%	80.2%	69.7%	70.5%	77.3%	74.4%	72.3%
	I Don't Know.	13.7%	14.7%	4.9%	11.2%	14.8%	6.8%	5.6%	9.6%
<b>Drink alcoholic beverages, 5 or more, once or twice a week</b>	No Risk	n<5	n<5	n<5	n<5	5.7%	n<5	n<5	2.4%
	Slight Risk	9.7%	13.3%	n<5	7.9%	11.4%	12.6%	13.5%	10.7%
	Moderate Risk	27.8%	33.3%	14.8%	32.6%	20.5%	29.9%	30.3%	26.9%
	Great Risk	44.4%	37.3%	72.8%	48.3%	47.7%	49.4%	48.3%	50.6%
	I Don't Know.	15.3%	14.7%	6.2%	10.1%	14.8%	5.7%	5.6%	9.4%
<b>Drink alcoholic beverages, 1 or 2 drinks, nearly everyday</b>	No Risk	n<5	n<5	n<5	n<5	n<5	n<5	n<5	2.8%
	Slight Risk	6.8%	17.6%	n<5	7.9%	10.2%	9.2%	n<5	8.5%
	Moderate Risk	20.5%	28.4%	27.2%	23.6%	21.6%	20.7%	37.8%	26.5%
	Great Risk	54.8%	33.8%	58.0%	53.9%	48.9%	59.8%	48.9%	50.9%
	I Don't Know.	12.3%	16.2%	11.1%	13.5%	14.8%	6.9%	6.7%	11.3%
<b>Use marijuana 1 or 2 times a week</b>	No Risk	n<5	n<5	n<5	9.0%	13.8%	23.9%	31.1%	14.9%
	Slight Risk	n<5	16.2%	10.0%	14.6%	13.8%	18.2%	28.9%	17.2%
	Moderate Risk	21.9%	24.3%	25.0%	19.1%	23.0%	25.0%	20.0%	22.7%
	Great Risk	49.3%	39.2%	55.0%	41.6%	33.3%	26.1%	15.6%	34.3%
	I Don't Know.	20.5%	16.2%	7.5%	15.7%	16.1%	6.8%	n<5	11.0%
<b>Misuse prescription drugs to get high</b>	No Risk	n<5	n<5	n<5	n<5	n<5	n<5	n<5	2.2%
	Slight Risk	0.0%	n<5	n<5	n<5	n<5	n<5	n<5	1.7%
	Moderate Risk	11.0%	10.8%	16.0%	13.5%	4.5%	10.2%	6.7%	10.1%
	Great Risk	74.0%	70.3%	69.1%	69.7%	75.0%	81.8%	85.6%	75.7%
	I Don't Know.	13.7%	12.2%	12.3%	13.5%	13.6%	6.8%	n<5	10.3%

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**Table 16. Perceived Harm of Substance Use (continued)**

How much do people risk harming themselves when they do the following?		Grade							
		6	7	8	9	10	11	12	Total 7-12
<b>Use electronic cigarettes, JUUL</b>	No Risk	n<5	n<5	n<5	n<5	5.7%	n<5	n<5	3.4%
	Slight Risk	0.0%	n<5	6.2%	10.1%	n<5	10.2%	12.4%	7.9%
	Moderate Risk	12.3%	31.5%	29.6%	28.1%	25.0%	34.1%	33.7%	30.4%
	Great Risk	72.6%	50.7%	55.6%	48.3%	50.0%	45.5%	42.7%	48.5%
	I Don't Know.	13.7%	9.6%	7.4%	11.2%	14.8%	6.8%	9.0%	9.8%
<b>Vape/Juul flavored liquids</b>	No Risk	n<5	n<5	n<5	n<5	5.7%	n<5	n<5	3.6%
	Slight Risk	n<5	n<5	n<5	10.1%	8.0%	12.5%	9.0%	8.3%
	Moderate Risk	11.0%	26.7%	25.9%	29.2%	23.9%	30.7%	33.7%	28.4%
	Great Risk	72.6%	54.7%	60.5%	44.9%	45.5%	46.6%	44.9%	49.1%
	I Don't Know.	11.0%	9.3%	7.4%	13.5%	17.0%	6.8%	9.0%	10.6%
<b>Vape/Juul tobacco or nicotine</b>	No Risk	n<5	n<5	n<5	n<5	n<5	n<5	n<5	3.0%
	Slight Risk	0.0%	n<5	n<5	9.1%	n<5	9.2%	11.2%	6.9%
	Moderate Risk	9.6%	20.5%	19.8%	20.5%	19.5%	31.0%	27.0%	23.3%
	Great Risk	76.7%	60.3%	66.7%	53.4%	56.3%	50.6%	47.2%	55.3%
	I Don't Know.	12.3%	11.0%	9.9%	14.8%	14.9%	6.9%	11.2%	11.4%
<b>Vape/Juul marijuana or THC</b>	No Risk	n<5	n<5	n<5	n<5	8.0%	5.7%	6.7%	4.8%
	Slight Risk	0.0%	n<5	n<5	7.9%	8.0%	13.8%	16.9%	9.6%
	Moderate Risk	11.1%	18.9%	13.8%	25.8%	13.6%	24.1%	25.8%	20.5%
	Great Risk	69.4%	58.1%	71.3%	49.4%	53.4%	49.4%	41.6%	53.3%
	I Don't Know.	16.7%	13.5%	10.0%	14.6%	17.0%	6.9%	9.0%	11.8%

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**Table 17. Peer Attitudes Toward Substance Use**

How wrong do your friends feel it would be for you to do the following?		Grade							Total 7-12
		6	7	8	9	10	11	12	
<b>Smoke tobacco</b>	Not At All Wrong	0.0%	0.0%	n<5	n<5	8.0%	8.1%	16.7%	6.7%
	A Little Bit Wrong	0.0%	n<5	8.8%	9.0%	10.2%	26.7%	23.3%	14.3%
	Wrong	23.9%	28.8%	23.8%	21.3%	26.1%	32.6%	28.9%	27.0%
	Very Wrong	76.1%	67.1%	66.3%	66.3%	55.7%	32.6%	31.1%	52.1%
<b>Use electronic cigarettes, JUUL</b>	Not At All Wrong	n<5	n<5	n<5	7.9%	15.9%	30.2%	36.7%	16.8%
	A Little Bit Wrong	n<5	12.3%	16.0%	10.1%	15.9%	27.9%	31.1%	19.4%
	Wrong	19.4%	20.5%	32.1%	27.0%	18.2%	20.9%	14.4%	21.9%
	Very Wrong	76.4%	65.8%	49.4%	55.1%	50.0%	20.9%	17.8%	42.0%
<b>Drink alcohol</b>	Not At All Wrong	n<5	0.0%	n<5	13.6%	15.9%	48.8%	50.0%	23.4%
	A Little Bit Wrong	n<5	11.1%	17.5%	9.1%	21.6%	16.3%	25.6%	17.2%
	Wrong	25.4%	29.2%	30.0%	21.6%	17.0%	17.4%	11.1%	20.5%
	Very Wrong	67.6%	59.7%	50.0%	55.7%	45.5%	17.4%	13.3%	38.9%
<b>Drink alcohol (1 or 2 nearly every day)</b>	Not At All Wrong	0.0%	0.0%	n<5	n<5	9.1%	11.6%	13.3%	7.1%
	A Little Bit Wrong	n<5	n<5	9.9%	6.7%	13.6%	17.4%	21.1%	12.6%
	Wrong	16.7%	21.9%	25.9%	24.7%	21.6%	34.9%	35.6%	27.7%
	Very Wrong	80.6%	74.0%	63.0%	64.0%	55.7%	36.0%	30.0%	52.6%
<b>Drink alcohol (5+, 1-2 x/wk)</b>	Not At All Wrong	0.0%	0.0%	n<5	n<5	5.7%	12.9%	17.8%	7.5%
	A Little Bit Wrong	0.0%	n<5	8.6%	5.6%	13.8%	15.3%	22.2%	12.1%
	Wrong	16.7%	20.5%	23.5%	25.8%	19.5%	34.1%	27.8%	25.4%
	Very Wrong	83.3%	75.3%	66.7%	64.0%	60.9%	37.6%	32.2%	55.0%
<b>Use marijuana</b>	Not At All Wrong	0.0%	0.0%	n<5	10.1%	17.2%	43.5%	54.4%	22.7%
	A Little Bit Wrong	n<5	8.2%	9.9%	9.0%	13.8%	18.8%	15.6%	12.8%
	Wrong	16.9%	15.1%	24.7%	16.9%	17.2%	15.3%	11.1%	16.6%
	Very Wrong	81.7%	76.7%	63.0%	64.0%	51.7%	22.4%	18.9%	47.9%
<b>Mis-use prescription drugs to get high</b>	Not At All Wrong	0.0%	0.0%	n<5	n<5	n<5	n<5	5.6%	2.8%
	A Little Bit Wrong	n<5	n<5	n<5	5.7%	5.7%	7.0%	13.3%	7.2%
	Wrong	12.5%	15.1%	21.0%	19.3%	15.9%	34.9%	26.7%	22.5%
	Very Wrong	86.1%	79.5%	72.8%	72.7%	73.9%	55.8%	54.4%	67.6%
<b>Gamble (scratch tickets, online, sports, casino, etc)</b>	Not At All Wrong	n<5	n<5	12.3%	14.6%	15.9%	29.1%	44.4%	21.0%
	A Little Bit Wrong	12.7%	19.2%	18.5%	18.0%	18.2%	23.3%	24.4%	20.4%
	Wrong	18.3%	24.7%	28.4%	29.2%	22.7%	23.3%	16.7%	23.9%
	Very Wrong	64.8%	52.1%	40.7%	38.2%	43.2%	24.4%	14.4%	34.7%

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Table 18. Perceived Availability

If you wanted to, how easy would it be for you to get the following?		Grade							Total 7-12
		6	7	8	9	10	11	12	
<b>Beer, wine, wine coolers, or hard liquor</b>	Very Easy	8.2%	n<5	19.8%	28.1%	27.3%	33.0%	38.9%	26.2%
	Sort of Easy	16.4%	25.7%	21.0%	33.7%	25.0%	30.7%	34.4%	28.6%
	Sort of Hard	17.8%	17.6%	32.1%	16.9%	20.5%	17.0%	15.6%	19.7%
	Very Hard	57.5%	51.4%	27.2%	21.3%	27.3%	19.3%	11.1%	25.4%
<b>Cigarettes</b>	Very Easy	n<5	n<5	n<5	6.7%	11.4%	14.8%	18.9%	10.0%
	Sort of Easy	n<5	n<5	12.3%	10.1%	n<5	23.9%	27.8%	14.5%
	Sort of Hard	6.8%	n<5	11.1%	18.0%	19.3%	11.4%	22.2%	14.9%
	Very Hard	89.0%	87.8%	72.8%	65.2%	64.8%	50.0%	31.1%	60.7%
<b>Electronic cigarettes, JUUL</b>	Very Easy	n<5	n<5	7.4%	13.5%	21.8%	27.6%	39.3%	19.5%
	Sort of Easy	n<5	n<5	13.6%	12.4%	18.4%	24.1%	27.0%	17.0%
	Sort of Hard	n<5	9.6%	14.8%	12.4%	16.1%	14.9%	13.5%	13.7%
	Very Hard	92.9%	86.3%	64.2%	61.8%	43.7%	33.3%	20.2%	49.8%
<b>Marijuana</b>	Very Easy	n<5	0.0%	n<5	10.2%	19.3%	33.3%	33.3%	17.5%
	Sort of Easy	n<5	n<5	n<5	11.4%	13.6%	19.5%	32.2%	14.4%
	Sort of Hard	n<5	n<5	17.3%	10.2%	14.8%	13.8%	15.6%	13.0%
	Very Hard	94.4%	93.2%	76.5%	68.2%	52.3%	33.3%	18.9%	55.0%
<b>Illicit drugs like cocaine, heroin, LSD, or amphetamines</b>	Very Easy	n<5	0.0%	0.0%	n<5	6.9%	n<5	10.0%	4.4%
	Sort of Easy	0.0%	0.0%	n<5	n<5	n<5	11.4%	8.9%	4.8%
	Sort of Hard	0.0%	0.0%	n<5	6.7%	12.6%	19.3%	23.3%	11.6%
	Very Hard	98.6%	100.0%	93.8%	86.5%	79.3%	64.8%	57.8%	79.2%
<b>A prescription drug without your own prescription (such as OxyContin, Vicodin, or Ritalin)</b>	Very Easy	n<5	n<5	n<5	9.0%	6.8%	n<5	7.8%	5.9%
	Sort of Easy	0.0%	n<5	13.6%	10.1%	10.2%	14.8%	16.7%	12.0%
	Sort of Hard	n<5	8.1%	19.8%	15.7%	17.0%	23.9%	18.9%	17.5%
	Very Hard	90.4%	85.1%	61.7%	65.2%	65.9%	56.8%	56.7%	64.6%

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Table 19. Antisocial Behavior

In the past year, did you do any of the following?	Grade							Total 7-12
	6	7	8	9	10	11	12	
Steal something less than \$100	6.8%	18.9%	17.3%	17.4%	10.0%	11.0%	20.7%	15.8%
Cheat on a test at school	9.6%	20.0%	28.4%	24.4%	13.8%	26.8%	19.5%	22.1%
Sell illegal drugs	0.0%	0.0%	n<5	n<5	n<5	n<5	8.5%	2.9%
Ride as a passenger with a driver (21 or older) under the influence of drugs or alcohol	11.0%	14.7%	13.9%	11.6%	n<5	15.9%	14.6%	12.4%
Ride as a passenger with a driver (under 21) under the influence of drugs or alcohol	n<5	n<5	n<5	5.8%	6.3%	12.2%	24.4%	9.8%
Drive while under the influence of drugs or alcohol	0.0%	n<5	0.0%	0.0%	0.0%	n<5	13.4%	3.2%
Tease or taunt someone with the idea of hurting their feelings	11.0%	24.0%	23.5%	18.6%	16.3%	18.3%	20.7%	20.1%
Experience bullying / mean behavior online?	23.3%	45.3%	33.3%	22.1%	21.3%	26.8%	19.5%	27.7%
Bully /say mean comments to someone online?	6.8%	20.0%	13.6%	8.1%	8.8%	n<5	8.5%	10.2%

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**Table 20. Self-Concept**

How much do you disagree or agree with the following?		Grade							Total 7-12
		6	7	8	9	10	11	12	
<b>I feel lonely.</b>	Strongly Disagree	46.6%	36.0%	35.8%	44.2%	39.2%	37.8%	39.0%	38.7%
	Disagree	35.6%	36.0%	35.8%	30.2%	35.4%	34.1%	35.4%	34.5%
	Agree	9.6%	25.3%	23.5%	17.4%	17.7%	20.7%	15.9%	20.0%
	Strongly Agree	8.2%	n<5	n<5	8.1%	7.6%	7.3%	9.8%	6.8%
<b>I am good at making decisions.</b>	Strongly Disagree	n<5	6.7%	8.6%	7.1%	11.7%	n<5	n<5	6.6%
	Disagree	8.3%	13.3%	23.5%	14.1%	16.9%	12.2%	n<5	14.0%
	Agree	59.7%	56.0%	48.1%	54.1%	41.6%	63.4%	59.8%	54.0%
	Strongly Agree	29.2%	24.0%	19.8%	24.7%	29.9%	22.0%	31.7%	25.4%
<b>I have trouble concentrating.</b>	Strongly Disagree	18.1%	12.2%	11.3%	17.6%	19.0%	15.9%	14.6%	15.2%
	Disagree	45.8%	21.6%	33.8%	27.1%	20.3%	26.8%	36.6%	27.7%
	Agree	22.2%	37.8%	40.0%	32.9%	40.5%	41.5%	37.8%	38.5%
	Strongly Agree	13.9%	28.4%	15.0%	22.4%	20.3%	15.9%	11.0%	18.6%
<b>I believe that my life is going in a positive direction.</b>	Strongly Disagree	n<5	8.2%	n<5	n<5	n<5	n<5	n<5	3.6%
	Disagree	8.2%	13.7%	11.4%	10.5%	14.1%	8.5%	8.5%	11.0%
	Agree	41.1%	47.9%	46.8%	45.3%	46.2%	54.9%	43.9%	47.6%
	Strongly Agree	46.6%	30.1%	39.2%	43.0%	35.9%	32.9%	45.1%	37.8%
<b>I get enough sleep on most days.</b>	Strongly Disagree	15.1%	12.0%	12.5%	20.0%	19.0%	15.9%	14.6%	15.7%
	Disagree	17.8%	24.0%	23.8%	20.0%	29.1%	30.5%	37.8%	27.7%
	Agree	45.2%	45.3%	38.8%	31.8%	34.2%	47.6%	41.5%	39.9%
	Strongly Agree	21.9%	18.7%	25.0%	28.2%	17.7%	6.1%	6.1%	16.6%
<b>I often feel stressed.</b>	Strongly Disagree	16.4%	14.7%	7.5%	14.0%	10.4%	9.8%	13.4%	11.6%
	Disagree	43.8%	26.7%	25.0%	20.9%	28.6%	14.6%	17.1%	21.9%
	Agree	23.3%	42.7%	41.3%	31.4%	35.1%	41.5%	47.6%	39.9%
	Strongly Agree	16.4%	16.0%	26.3%	33.7%	26.0%	34.1%	22.0%	26.5%
<b>I often feel nervous or anxious</b>	Strongly Disagree	15.1%	17.6%	12.3%	16.5%	20.5%	20.7%	26.8%	19.2%
	Disagree	38.4%	31.1%	35.8%	32.9%	30.8%	28.0%	28.0%	31.0%
	Agree	31.5%	35.1%	30.9%	28.2%	30.8%	30.5%	31.7%	31.1%
	Strongly Agree	15.1%	16.2%	21.0%	22.4%	17.9%	20.7%	13.4%	18.6%
<b>I often feel angry with someone or something</b>	Strongly Disagree	30.6%	21.6%	11.1%	31.8%	25.3%	18.3%	37.8%	24.4%
	Disagree	48.6%	35.1%	49.4%	35.3%	46.8%	50.0%	40.2%	43.0%
	Agree	15.3%	32.4%	28.4%	23.5%	19.0%	23.2%	19.5%	24.1%
	Strongly Agree	n<5	10.8%	11.1%	9.4%	8.9%	8.5%	n<5	8.4%



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Table 20. Self Concept (continued)

How much do you disagree or agree with the following?		Grade							Total 7-12
		6	7	8	9	10	11	12	
In the past 12 months, I have felt sad or hopeless almost every day for 2 weeks or more so that it stopped me from doing my usual activities.	Strongly Disagree	56.2%	48.6%	48.1%	57.6%	51.9%	44.4%	51.2%	50.3%
	Disagree	27.4%	33.8%	28.4%	21.2%	26.6%	37.0%	29.3%	29.4%
	Agree	11.0%	12.2%	13.6%	11.8%	16.5%	13.6%	14.6%	13.7%
	Strongly Agree	n<5	n<5	9.9%	9.4%	n<5	n<5	n<5	6.6%
In the past 12 months, I have had thoughts of committing suicide.	Strongly Disagree	74.0%	78.4%	62.5%	76.7%	70.9%	71.6%	69.5%	71.5%
	Disagree	15.1%	10.8%	16.3%	11.6%	16.5%	19.8%	17.1%	15.5%
	Agree	8.2%	n<5	12.5%	5.8%	8.9%	n<5	9.8%	7.7%
	Strongly Agree	n<5	6.8%	8.8%	5.8%	n<5	n<5	n<5	5.3%
In the past 12 months, I have had a boyfriend/girlfriend hit, slap or physically hurt me on purpose	Strongly Disagree	91.8%	85.3%	91.3%	91.9%	87.2%	87.8%	89.0%	88.7%
	Disagree	n<5	10.7%	6.3%	n<5	7.7%	11.0%	11.0%	8.4%
	Agree	n<5	n<5	n<5	n<5	n<5	n<5	0.0%	1.7%
	Strongly Agree	0.0%	n<5	n<5	n<5	n<5	0.0%	0.0%	1.2%
When I have a problem that is bothering me, I have someone that I can talk to.	Strongly Disagree	6.8%	11.1%	n<5	7.1%	10.1%	n<5	6.1%	6.5%
	Disagree	11.0%	12.5%	15.0%	8.2%	6.3%	9.8%	7.3%	9.7%
	Agree	30.1%	27.8%	36.3%	42.4%	44.3%	45.1%	56.1%	42.4%
	Strongly Agree	52.1%	48.6%	46.3%	42.4%	39.2%	42.7%	30.5%	41.4%

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Section 4. Family Domain

Table 21. Family Attitudes Toward Youth Substance Use

How wrong do your parents feel it would be for you to do the following?		Grade							Total 7-12
		6	7	8	9	10	11	12	
<b>Smoke tobacco</b>	Not At All Wrong	0.0%	0.0%	0.0%	n<5	n<5	n<5	n<5	1.4%
	A Little Bit Wrong	0.0%	0.0%	n<5	n<5	n<5	n<5	6.7%	2.4%
	Wrong	n<5	9.3%	12.5%	8.0%	10.2%	15.1%	21.1%	12.9%
	Very Wrong	95.8%	90.7%	86.3%	89.8%	85.2%	80.2%	70.0%	83.3%
<b>Use electronic cigarettes, JUUL</b>	Not At All Wrong	0.0%	0.0%	0.0%	n<5	n<5	n<5	n<5	1.6%
	A Little Bit Wrong	0.0%	n<5	n<5	n<5	n<5	n<5	5.6%	3.2%
	Wrong	7.0%	9.3%	11.3%	8.0%	12.5%	21.8%	25.6%	15.2%
	Very Wrong	93.0%	89.3%	86.3%	87.5%	80.7%	73.6%	66.7%	80.1%
<b>Drink alcohol</b>	Not At All Wrong	n<5	n<5	n<5	n<5	n<5	n<5	6.7%	3.4%
	A Little Bit Wrong	n<5	13.3%	7.8%	12.5%	12.5%	28.7%	28.9%	17.9%
	Wrong	16.9%	10.7%	19.5%	19.3%	18.2%	34.5%	25.6%	21.8%
	Very Wrong	80.3%	74.7%	71.4%	65.9%	64.8%	33.3%	38.9%	57.0%
<b>Drink alcohol (1 or 2 nearly every day)</b>	Not At All Wrong	n<5	0.0%	0.0%	n<5	n<5	n<5	n<5	1.6%
	A Little Bit Wrong	n<5	n<5	n<5	n<5	n<5	n<5	n<5	2.2%
	Wrong	n<5	10.8%	11.3%	10.2%	11.4%	12.6%	15.6%	12.1%
	Very Wrong	92.9%	87.8%	86.3%	86.4%	84.1%	82.8%	78.9%	84.1%
<b>Drink alcohol (5+, 1-2 x/wk)</b>	Not At All Wrong	0.0%	0.0%	0.0%	n<5	n<5	n<5	n<5	1.6%
	A Little Bit Wrong	n<5	n<5	n<5	n<5	0.0%	n<5	n<5	2.0%
	Wrong	n<5	n<5	8.8%	11.4%	10.3%	19.8%	16.7%	12.0%
	Very Wrong	92.9%	96.0%	87.5%	86.4%	86.2%	77.9%	75.6%	84.5%
<b>Use marijuana</b>	Not At All Wrong	0.0%	0.0%	0.0%	n<5	n<5	5.7%	6.7%	3.6%
	A Little Bit Wrong	n<5	0.0%	n<5	5.7%	6.8%	18.4%	20.0%	9.7%
	Wrong	7.0%	8.0%	8.9%	9.1%	9.1%	13.8%	18.9%	11.5%
	Very Wrong	91.5%	92.0%	87.3%	81.8%	79.5%	62.1%	54.4%	75.2%
<b>Mis-use prescription drugs to get high</b>	Not At All Wrong	0.0%	0.0%	0.0%	0.0%	n<5	n<5	n<5	1.4%
	A Little Bit Wrong	0.0%	0.0%	0.0%	n<5	0.0%	0.0%	0.0%	n<5
	Wrong	n<5	6.7%	6.3%	6.9%	n<5	n<5	9.0%	5.9%
	Very Wrong	94.4%	93.3%	93.7%	89.7%	92.0%	95.4%	88.8%	92.1%
<b>Gamble (scratch tickets, online, sports, casino, etc)</b>	Not At All Wrong	n<5	n<5	n<5	6.8%	11.4%	14.9%	18.9%	10.6%
	A Little Bit Wrong	n<5	15.1%	12.5%	20.5%	14.8%	28.7%	28.9%	20.5%
	Wrong	26.8%	19.2%	31.3%	28.4%	23.9%	19.5%	26.7%	24.8%
	Very Wrong	66.2%	60.3%	52.5%	44.3%	50.0%	36.8%	25.6%	44.1%

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**Table 22. Family Management**

		Grade							
		6	7	8	9	10	11	12	Total 7-12
<b>When I am away from home, my parent/guardian(s) know where I am and who I am with.</b>	Definitely NOT True	n<5	n<5	n<5	n<5	0.0%	0.0%	n<5	n<5
	Mostly NOT True	n<5	n<5	n<5	n<5	n<5	n<5	n<5	2.7%
	Mostly True	12.7%	29.3%	29.6%	27.9%	29.1%	39.0%	53.7%	35.0%
	Definitely True	87.3%	68.0%	65.4%	69.8%	69.6%	57.3%	40.2%	61.5%
<b>If I break one of my parent/guardian(s) rules, I am usually disciplined.</b>	Definitely NOT True	7.0%	n<5	n<5	n<5	n<5	n<5	7.4%	4.0%
	Mostly NOT True	n<5	17.6%	10.0%	n<5	n<5	13.6%	11.1%	10.1%
	Mostly True	40.8%	41.9%	37.5%	39.5%	33.3%	32.1%	42.0%	37.6%
	Definitely True	46.5%	39.2%	48.8%	52.3%	60.3%	49.4%	39.5%	48.4%
<b>My family has clear rules discouraging me from smoking cigarettes or using tobacco.</b>	Definitely NOT True	17.3%	26.3%	19.8%	12.8%	17.0%	6.5%	7.9%	14.4%
	Mostly NOT True	n<5	n<5	n<5	n<5	n<5	0.0%	n<5	1.8%
	Mostly True	n<5	n<5	n<5	10.6%	8.0%	15.1%	17.8%	10.5%
	Definitely True	80.0%	68.4%	74.1%	73.4%	72.0%	78.5%	72.3%	73.3%
<b>My family has clear rules discouraging me from using e-cigarettes, JUUL</b>	Definitely NOT True	18.7%	26.3%	18.8%	9.7%	16.0%	5.4%	6.9%	13.2%
	Mostly NOT True	n<5	n<5	n<5	6.5%	n<5	n<5	n<5	2.7%
	Mostly True	0.0%	7.9%	n<5	9.6%	11.0%	21.5%	25.7%	13.4%
	Definitely True	80.0%	63.2%	75.0%	74.2%	71.0%	81.7%	71.3%	73.0%
<b>My family has clear rules discouraging me from drinking alcoholic beverages.</b>	Definitely NOT True	17.3%	26.3%	19.8%	12.8%	18.0%	7.6%	7.0%	14.7%
	Mostly NOT True	6.7%	n<5	6.2%	8.5%	n<5	5.4%	5.0%	5.3%
	Mostly True	6.7%	10.5%	7.4%	16.0%	25.0%	35.9%	34.0%	22.6%
	Definitely True	69.3%	59.2%	66.7%	62.8%	54.0%	51.1%	54.0%	57.4%
<b>My family has clear rules discouraging me from using marijuana.</b>	Definitely NOT True	20.0%	26.3%	19.8%	13.8%	17.0%	7.5%	5.0%	14.2%
	Mostly NOT True	0.0%	n<5	n<5	n<5	5.0%	n<5	5.9%	3.7%
	Mostly True	0.0%	n<5	n<5	9.6%	11.0%	21.5%	25.7%	13.4%
	Definitely True	80.0%	68.4%	75.3%	72.3%	67.0%	67.7%	63.4%	68.7%
<b>My family has clear rules discouraging me from using a prescription drug not prescribed to me.</b>	Definitely NOT True	20.0%	25.3%	17.5%	12.8%	17.0%	7.5%	7.9%	14.1%
	Mostly NOT True	0.0%	n<5	n<5	n<5	n<5	n<5	n<5	2.6%
	Mostly True	n<5	8.0%	7.5%	8.5%	9.0%	6.5%	5.9%	7.5%
	Definitely True	76.0%	64.0%	73.8%	74.5%	71.0%	84.9%	83.2%	75.8%

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**Table 23. Parental Attachment and Positive Family Involvement**

		Grade							
		6	7	8	9	10	11	12	Total 7-12
<b>When I have a problem, I often talk about it with my parent/guardian.</b>	Definitely NOT True	8.6%	12.0%	14.8%	5.8%	n<5	12.2%	7.3%	9.3%
	Mostly NOT True	15.7%	14.7%	21.0%	18.6%	16.5%	17.1%	24.4%	18.7%
	Mostly True	37.1%	34.7%	35.8%	36.0%	40.5%	35.4%	40.2%	37.2%
	Definitely True	38.6%	38.7%	28.4%	39.5%	39.2%	35.4%	28.0%	34.8%
<b>I feel very close to my parent(s) / guardian(s).</b>	Definitely NOT True	0.0%	n<5	n<5	0.0%	n<5	n<5	n<5	2.1%
	Mostly NOT True	0.0%	6.8%	n<5	n<5	n<5	7.3%	9.8%	5.2%
	Mostly True	28.2%	20.3%	35.8%	30.2%	24.1%	29.3%	29.3%	28.2%
	Definitely True	71.8%	71.6%	60.5%	66.3%	70.9%	59.8%	58.5%	64.4%
<b>I feel loved and valued by my family.</b>	Definitely NOT True	0.0%	n<5	0.0%	0.0%	n<5	n<5	n<5	1.3%
	Mostly NOT True	n<5	n<5	6.2%	n<5	n<5	n<5	n<5	4.2%
	Mostly True	22.5%	16.4%	24.7%	24.7%	19.0%	25.6%	18.3%	21.5%
	Definitely True	76.1%	74.0%	69.1%	74.1%	74.7%	69.5%	76.8%	73.0%

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*Section 5. School Domain*

**Table 24. Perception of School Punishments**

What is the most severe thing that is likely to happen to a student who is caught in school doing the following?		Grade							Total 7-12
		6	7	8	9	10	11	12	
<b>Smoking a cigarette</b>	Nothing	n<5	n<5	0.0%	0.0%	n<5	n<5	n<5	1.2%
	Sent to principal's office	n<5	8.0%	n<5	n<5	n<5	0.0%	0.0%	2.9%
	Detention	13.7%	16.0%	12.3%	11.4%	8.0%	9.1%	10.0%	10.9%
	Suspension	31.5%	37.3%	44.4%	45.5%	50.0%	58.0%	54.4%	48.8%
	Expulsion	31.5%	20.0%	14.8%	21.6%	12.5%	18.2%	16.7%	17.2%
	I don't know	17.8%	17.3%	24.7%	19.3%	22.7%	13.6%	16.7%	19.0%
<b>With an alcoholic beverage</b>	Nothing	n<5	0.0%	0.0%	0.0%	n<5	n<5	n<5	1.0%
	Sent to principal's office	n<5	n<5	n<5	n<5	n<5	0.0%	0.0%	1.2%
	Detention	9.6%	13.3%	8.8%	n<5	n<5	n<5	n<5	5.5%
	Suspension	32.9%	29.3%	47.5%	51.1%	55.7%	52.3%	54.4%	49.0%
	Expulsion	41.1%	32.0%	17.5%	25.0%	20.5%	29.5%	24.4%	24.8%
	I don't know	13.7%	22.7%	23.8%	18.2%	17.0%	13.6%	17.8%	18.6%
<b>With marijuana</b>	Nothing	n<5	n<5	0.0%	0.0%	n<5	n<5	n<5	1.2%
	Sent to principal's office	0.0%	n<5	0.0%	0.0%	n<5	0.0%	0.0%	n<5
	Detention	n<5	n<5	n<5	n<5	n<5	0.0%	n<5	2.2%
	Suspension	23.3%	21.3%	32.5%	38.6%	40.9%	55.2%	45.6%	39.8%
	Expulsion	52.1%	50.7%	41.3%	44.3%	34.1%	32.2%	34.4%	39.0%
	I don't know	17.8%	18.7%	23.8%	15.9%	19.3%	11.5%	15.6%	17.3%
<b>Using electronic cigarettes,</b>	Nothing	n<5	n<5	n<5	0.0%	n<5	n<5	n<5	1.4%
	Sent to principal's office	n<5	12.0%	n<5	n<5	5.7%	n<5	n<5	4.3%
	Detention	11.0%	10.7%	16.0%	8.0%	8.0%	3.4%	6.7%	8.5%
	Suspension	38.4%	38.7%	45.7%	58.0%	55.7%	73.9%	68.9%	57.7%
	Expulsion	28.8%	22.7%	9.9%	17.0%	11.4%	6.8%	10.0%	12.6%
	I don't know	17.8%	14.7%	24.7%	14.8%	17.0%	11.4%	11.1%	15.4%

**Table 25. Commitment to School**

I try hard to do good work at school.	Grade							Total 7-12
	6	7	8	9	10	11	12	
Definitely NOT True	n<5	n<5	n<5	n<5	n<5	n<5	n<5	1.0%
Mostly NOT True	n<5	n<5	6.2%	n<5	n<5	n<5	7.3%	5.2%
Mostly True	18.6%	33.8%	23.5%	25.9%	31.6%	40.7%	29.3%	30.9%
Definitely True	78.6%	58.1%	69.1%	70.6%	64.6%	54.3%	61.0%	62.9%

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*Section 6. Internet / Social Media*

**Table 26. Internet and Social Media**

		Grade							
		6	7	8	9	10	11	12	Total 7-12
<b>Do your parents/ guardians have rules about your internet / social media use?</b>	Yes	86.3%	81.3%	70.4%	58.8%	51.9%	48.8%	28.0%	55.9%
	No	13.7%	18.7%	29.6%	41.2%	48.1%	51.2%	72.0%	44.1%
<b>Why do you use the internet / social media?</b>	Sense of belonging	15.6%	19.5%	17.3%	14.9%	21.0%	15.1%	17.6%	17.6%
	To keep updated	42.9%	55.8%	56.8%	58.5%	61.0%	63.4%	59.8%	59.5%
	To contact / connect with people	72.7%	70.1%	74.1%	64.9%	70.0%	71.0%	64.7%	69.0%
	To share and like posts	16.9%	36.4%	53.1%	47.9%	49.0%	55.9%	51.0%	49.3%
	To raise awareness	10.4%	13.0%	13.6%	10.6%	13.0%	26.9%	18.6%	16.3%
	For entertainment	74.0%	74.0%	90.1%	76.6%	74.0%	79.6%	73.5%	77.6%
	Other	32.5%	31.2%	29.6%	12.8%	11.0%	14.0%	10.8%	17.2%
	Don't know	1.9%	1.2%	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
<b>Want emotions do you experience when using internet / social media?</b>	Rejection	5.2%	6.5%	n<5	8.5%	7.0%	8.6%	10.8%	7.9%
	Happiness	71.4%	75.3%	75.3%	64.9%	62.0%	72.0%	59.8%	67.6%
	Boost in self esteem	24.7%	36.4%	32.1%	28.7%	30.0%	25.8%	30.4%	30.3%
	Jealousy	7.8%	16.9%	23.5%	18.1%	24.0%	21.5%	22.5%	21.3%
	Motivation	35.1%	41.6%	51.9%	41.5%	46.0%	38.7%	39.2%	42.9%
	Inspiration	48.1%	49.4%	53.1%	45.7%	51.0%	47.3%	41.2%	47.7%
	Fear of missing out	10.4%	19.5%	16.0%	21.3%	20.0%	26.9%	25.5%	21.8%
	Lower self esteem	n<5	n<5	14.8%	13.8%	11.0%	18.3%	18.6%	13.9%
	Sense of belonging	27.3%	29.9%	25.9%	22.3%	21.0%	22.6%	20.6%	23.4%
	Other	20.8%	22.1%	25.9%	19.1%	11.0%	11.8%	7.8%	15.5%
<b>Overall, how does your internet/social media use make you feel?</b>	It affects my ability to relate well to others	18.2%	22.1%	25.9%	14.9%	22.0%	15.1%	13.7%	18.6%
	It gives me a positive outlook	44.2%	54.5%	46.9%	55.3%	48.0%	45.2%	38.2%	47.6%
	It affects my ability to focus on school	9.1%	13.0%	18.5%	17.0%	19.0%	21.5%	15.7%	17.6%
	It gives me a feeling of social/emotional isolation	6.5%	19.5%	12.3%	14.9%	15.0%	11.8%	13.7%	14.4%
	It makes me feel inspired / motivated	48.6%	50.6%	43.2%	34.0%	39.0%	32.3%	22.5%	36.1%
	Don't know	1.9%	1.2%	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%

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*Section 7. Gambling*

Table 27. Gambling Behavior

		Grade							Total
		6	7	8	9	10	11	12	7-12
<b>How often do you gamble for money or possessions (such as poker, lottery, sports betting, online bets)?</b>	Daily	0.0%	0.0%	0.0%	n<5	n<5	n<5	0.0%	1.1%
	Weekly	n<5	0.0%	n<5	n<5	0.0%	n<5	n<5	1.5%
	Monthly	n<5	0.0%	0.0%	n<5	n<5	n<5	n<5	2.1%
	Less than monthly	9.7%	15.1%	13.6%	16.5%	12.5%	12.2%	19.5%	14.9%
	Never	86.1%	84.9%	85.2%	80.0%	81.3%	80.5%	72.0%	80.5%

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*Section 8. Comparisons*  
Comparisons to National Data

Table 28. Comparison of Lifetime Use Rates  
*Lyme / Old Lyme Lifetime Use Rates (2019) and National Lifetime Use Rates (MTF 2018)*

Substance	Grade 8		Grade 10		Grade 12	
	MTF (2018)	LOL (2019)	MTF (2018)	LOL (2019)	MTF (2018)	LOL (2019)
<i>Cigarettes</i>	9.1%	0.0%	16.0%	6.1%	23.8%	14.7%
<i>Any vaping *</i>	21.5%	6.2%	36.9%	17.7%	42.5%	45.5%
<i>Alcohol</i>	23.5%	n<5	43.0%	22.6%	58.5%	58.8%
<i>Marijuana</i>	13.9%	n<5	32.6%	18.9%	43.6%	45.5%
<i>Cocaine</i>	1.4%	0.0%	2.6%	0.0%	3.9%	n<5
<i>Crack Cocaine</i>	0.9%	0.0%	1.0%	0.0%	1.5%	0.0%
<i>Ecstasy</i>	1.6%	0.0%	2.4%	n<5	4.1%	n<5
<i>Hallucinogens</i>	2.2%	0.0%	3.9%	n<5	6.6%	12.4%
<i>Heroin</i>	0.6%	0.0%	0.4%	0.0%	0.8%	0.0%
<i>Methamphetamine</i>	0.7%	0.0%	0.8%	0.0%	0.7%	0.0%

\*MTF- Any vaping, LOL, SERAC: Electronic cigarettes



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Table 29. Comparison of Recent Use Rates  
*Lyme / Old Lyme Recent Use Rates (2019) and National Recent Use Rates (MTF 2018)*

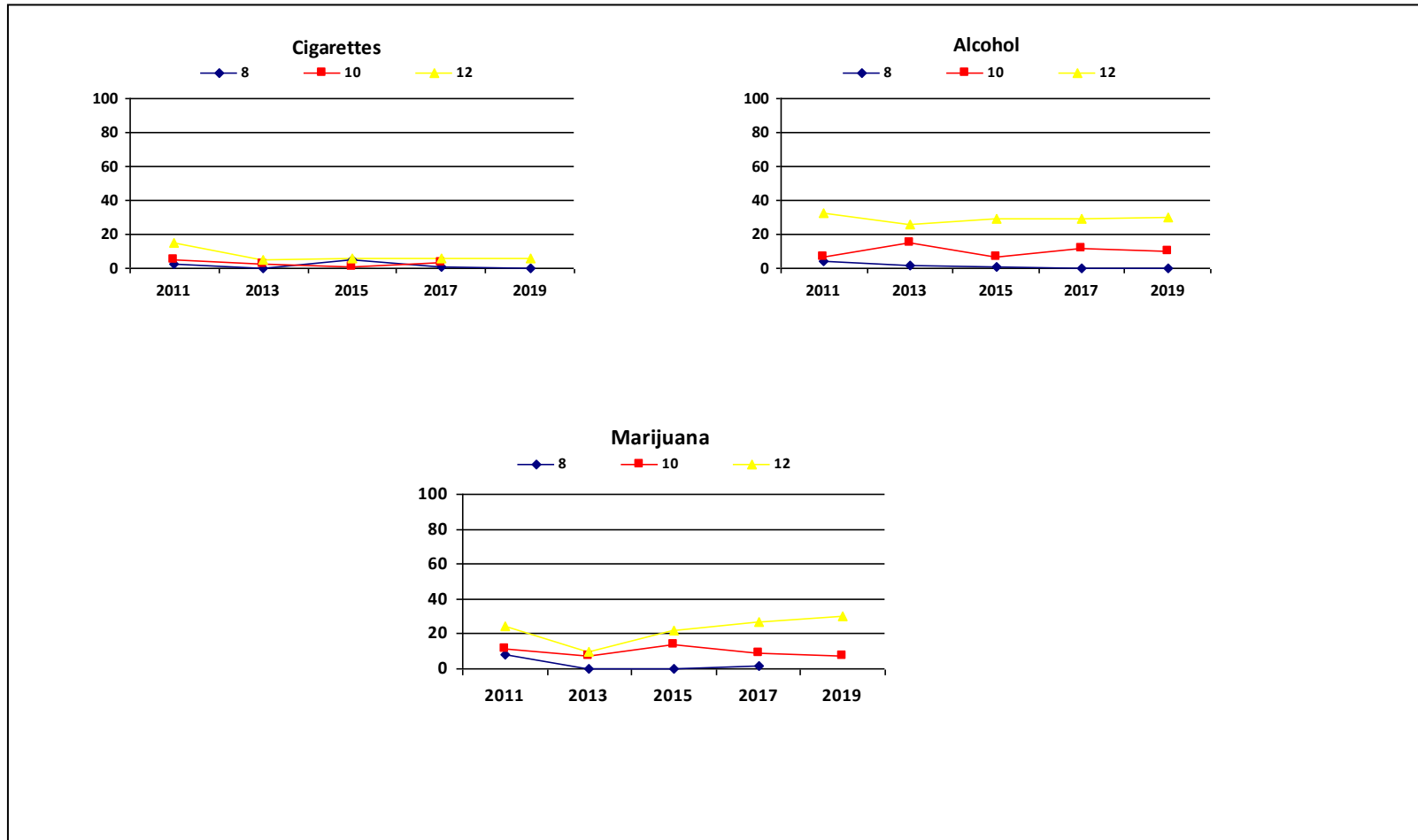
Substance	Grade 8		Grade 10		Grade 12	
	MTF (2018)	LOL (2019)	MTF (2018)	LOL (2019)	MTF (2018)	LOL (2019)
<i>Cigarettes</i>	2.2%	0.0%	4.2%	n<5	7.6%	5.9%
<i>Alcohol</i>	8.2%	0.0%	18.6%	9.7%	30.2%	29.9%
<i>Marijuana</i>	5.6%	n<5	16.7%	7.4%	22.2%	29.7%
<i>Any vaping*</i>	10.4%	n<5	21.7%	10.4%	26.7%	24.8%
<i>Ecstasy</i>	0.4%	0.0%	0.4%	n<5	0.5%	n<5

\*MTF- Any vaping, LOL, SERAC: Electronic cigarettes

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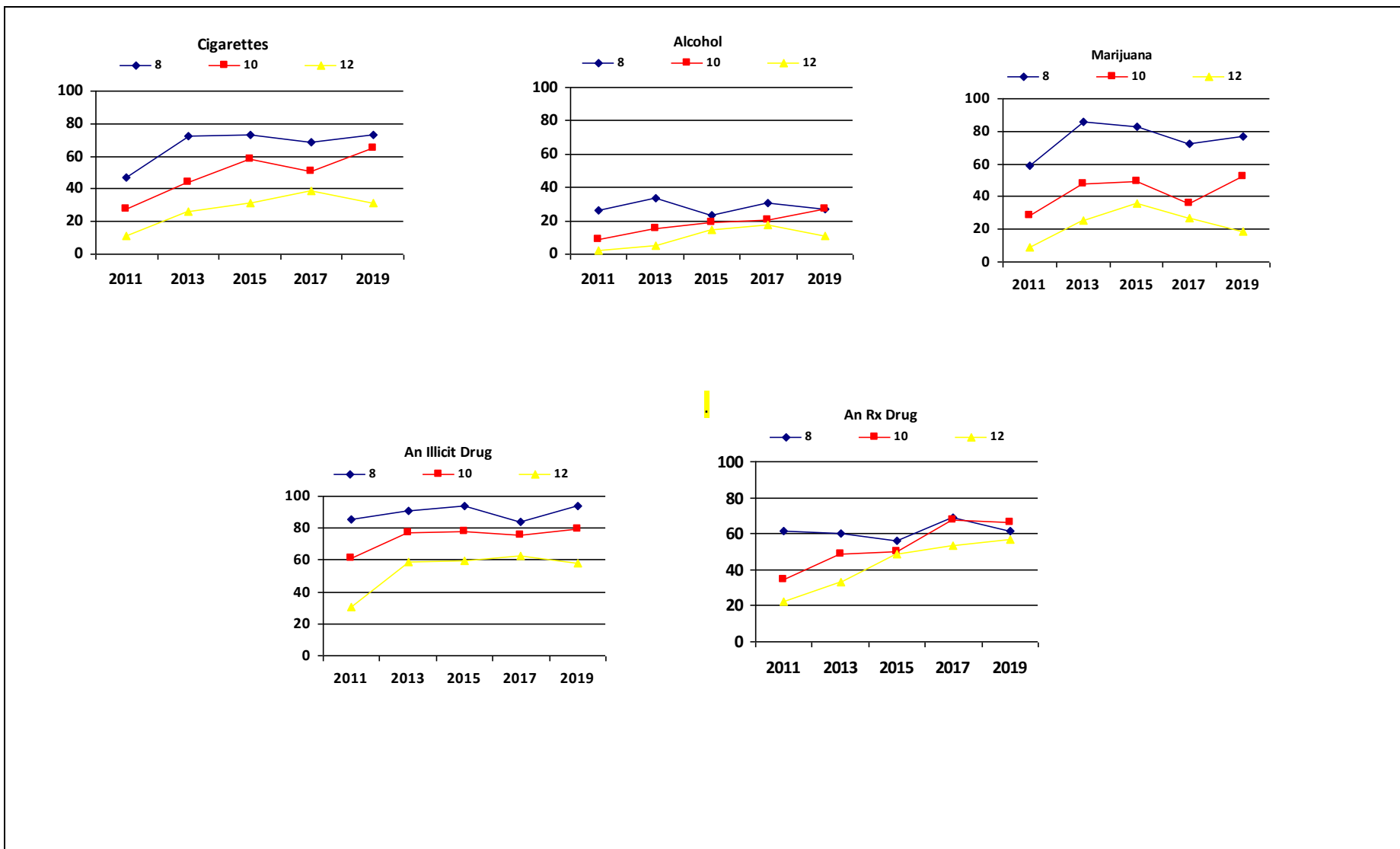
## Comparisons to Previous Lyme / Old Lyme Data

Figure 4. Trends in Recent Use Rates Among Lyme / Old Lyme Youth



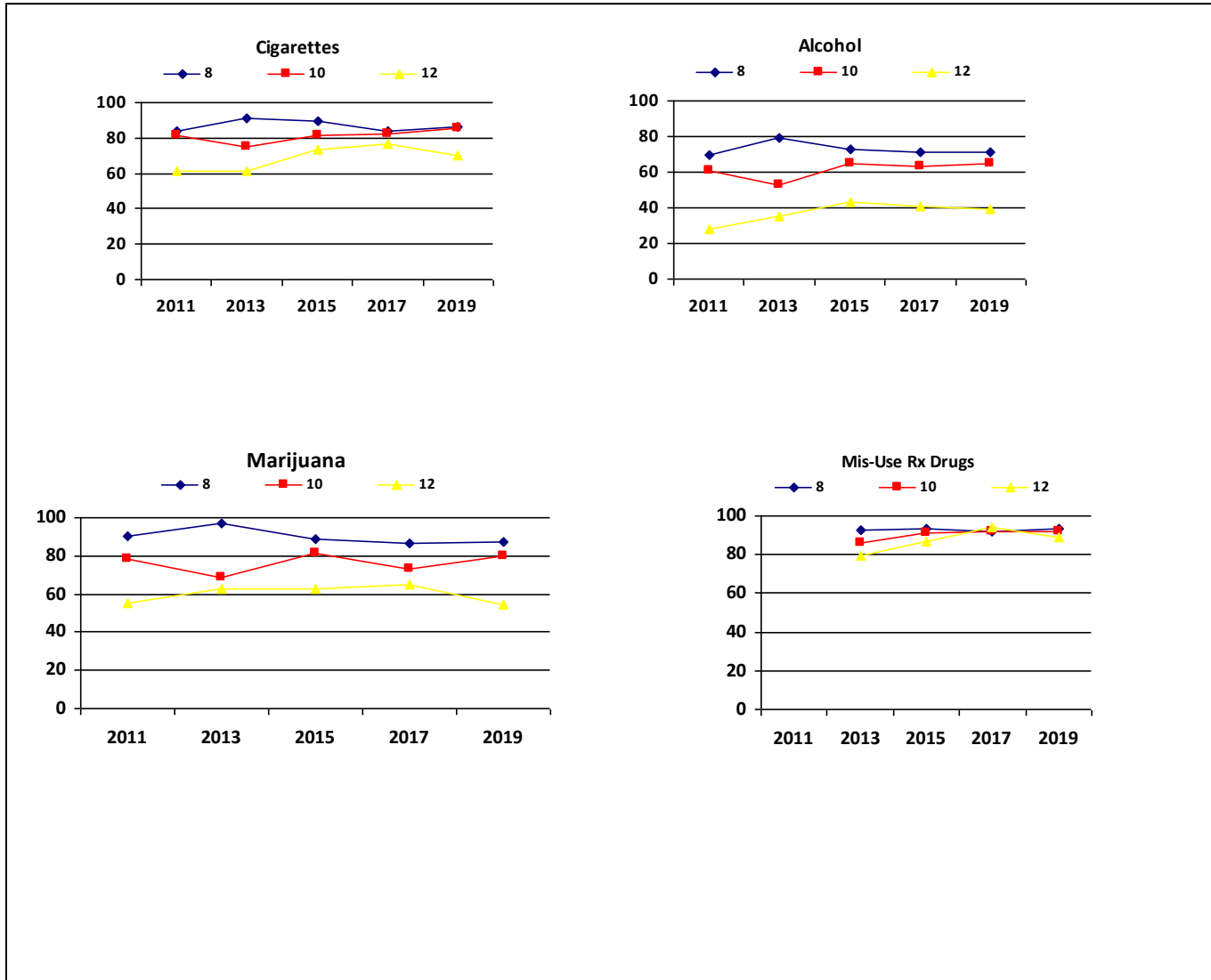
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Figure 5. Trends in Perceived Availability Among Lyme / Old Lyme Youth (% very hard)



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Figure 6. Trends in Perceived Parental Disapproval Among Lyme / Old Lyme Youth (% very wrong)



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Figure 7 Trends in Perceived Harm Among Lyme / Old Lyme Youth (% great risk)

