

Lyme / Old Lyme Youth Survey 2017

*FINAL Report
January 2018*

Southeastern Regional Action Council



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This youth survey was sponsored by the Lyme / Old Lyme Coalition - Community Action for Substance Free Youth (CASFY) and Lyme / Old Lyme Public Schools. The survey was derived from the Connecticut Governor's Prevention Initiative for Youth (GPIY) survey [1], which was given by the Connecticut Department of Mental Health and Addiction Services (DMHAS) and UConn Health Center in 2000. The survey has been designed to ascertain prevalence, attitudes and behaviors related to use of substances (tobacco, alcohol, and illicit drugs). We gratefully acknowledge refinements to the original survey made by coalitions and health professionals throughout Connecticut especially, East of the River Action for Substance-Abuse Elimination and Archie C. Swindell, Ph.D. of Quantitative Services. The modifications reflect changes in questions related to illegal substances and gambling behaviors, and the addition of questions related to other risk-taking behaviors.

The authors sincerely appreciate the cooperation of the Board of Education, Superintendent, principals and teachers of Lyme / Old Lyme Public Schools who approved and facilitated this survey. We would also like to thank the Lyme / Old Lyme Coalition - CASFY and Lyme / Old Lyme Public Schools for sponsoring the survey. We especially thank the youth who shared their personal experiences and opinions, and parents who permitted their children to take the survey. It is emphasized that the results of the survey are intended to provide information to support community-wide prevention planning. They are not intended to be an evaluation of any specific domain (school, family, community, etc).

This report draws liberally on earlier reports of GPIY survey results [1] for formatting and structure. Comparisons with national statistics utilize the Monitoring The Future (MTF) survey of 2017 [2].

PUBLIC DOMAIN NOTICE

All materials in this report are in the public domain and may be reproduced or copied without permission from Lyme / Old Lyme Coalition - CASFY, Lyme / Old Lyme Public Schools or Southeastern Regional Action Council. Citation of the source is appreciated. The data on which this report is based are subject to confidentiality regulations of HIPAA [3] and FERPA [4]

DISCLAIMER

Opinions expressed herein are the views of the authors and may not necessarily reflect the views, official policy or position of Lyme / Old Lyme Coalition -CASFY, Lyme / Old Lyme Public Schools, Southeastern Regional Action Council or other participating agencies or individuals.

METHODS

The survey instrument used to collect data for this report was developed using the Connecticut Governor's Prevention Initiative for Youth (GPIY)[1] Youth Survey for 6th – 12th Grade as the starting point. The survey has been modified by several regional prevention coalitions across Connecticut to reflect changes in patterns of substance use and gambling behaviors that have occurred in the years since the GPIY survey was last given by the Connecticut Department of Mental Health and Addiction Services (DMHAS). Whenever possible, questions in this survey were taken *verbatim* from the National Outcome Measures (SAMHSA) [6] and the GPIY survey, which were in turn taken from national surveys – YRBSS [5]. The survey was approved by Lyme / Old Lyme Coalition - CASFY and Lyme / Old Public Schools.

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The survey was given under the supervision of Lyme / Old Lyme Public Schools' teachers. Prior to administration of the survey, parents were given the opportunity to examine it and to excuse their child from participating by informing the school. Youth were also able to decline, on their own, to take the survey by simply logging off the computer or not completing the paper copy and a few did so.

The survey was administered in December 2017. It was administered on-line using the SurveyMonkey.com website to students in grades 6-12 Lyme / Old Lyme Middle School and Lyme / Old Lyme High School.

Guidelines for administration of the survey were developed by the University of Connecticut Health Center [1]. During survey administration, conversation among students was discouraged, and youth were reassured about the anonymity of the surveys and the need for their honest input.

All analyses and tabulations were carried out using SPSS® version 24 data analysis software system. Data checking and formatting operations were carried out in Microsoft Excel®, and the final report was produced in Microsoft Word®.

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RESULTS AND DISCUSSION

Introduction

This 2017 survey of Lyme / Old Lyme youth is a survey of practices and attitudes related to substance use among the youth. Results are used to develop appropriate prevention and intervention strategies for youth and for general comparisons with regional and national statistics. Youth in grades 6-12 in Lyme / Old Lyme Public schools participated in the survey.

Section 1: Demographics

In December 2017 young people from Lyme / Old Lyme were surveyed regarding their use of substances such as alcohol, tobacco and other drugs and their perceptions about themselves, their families, their community and their school. The survey was administered on-line using SurveyMonkey.com to youth in grades 6-12 enrolled at Lyme / Old Lyme Middle School and High School. A total of 733 youth were surveyed. All surveys were examined by standard methods to detect incomplete, inconsistent or non-serious responses, and 26 (4%) were excluded due to failure to answer core substance use questions, failure to complete at least half of all questions or for providing inconsistent responses. Responses from the remaining 706 participants are summarized in this report. The overall participation rate across all grades (6-12) was 91% (Table 1). Grade-specific participation rates ranged from 98% among 6th and 9th graders to 79% among 12th graders.

In most tables, for consistency with previous reports, rates from grade 6 are reported individually but are not included in the calculations of overall rates. Overall rates include only rates from grades 7-12.

Section 2: Tobacco, Alcohol, and Other Substance Use

Alcohol continues to be the substance of choice among Lyme / Old Lyme youth (Figures 1-2, Table 4). Overall, 10% of youth in grades 7-12 report recent (past 30 days) use of alcohol and 25% report lifetime (ever in lifetime) use of alcohol. Grade-specific recent alcohol use rates range from 0% among 6th and 8th graders to 29% among 12th graders. Grade-specific lifetime alcohol use rates range from 2% to 58%.

Marijuana is the second most commonly used substance among Lyme/Old Lyme youth. Recent use of marijuana is reported by 8.1% of youth in grades 7-12 with grade-specific rates ranging from 0% among 7th and 8th graders to 27% among 12th graders.

About 7% of youth in grades 7-12 report lifetime use of cigarettes while 2% report recent use. Similar rates are reported for lifetime and recent use rates of other tobacco products.

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Figure 1. Lifetime Use of Core Substances

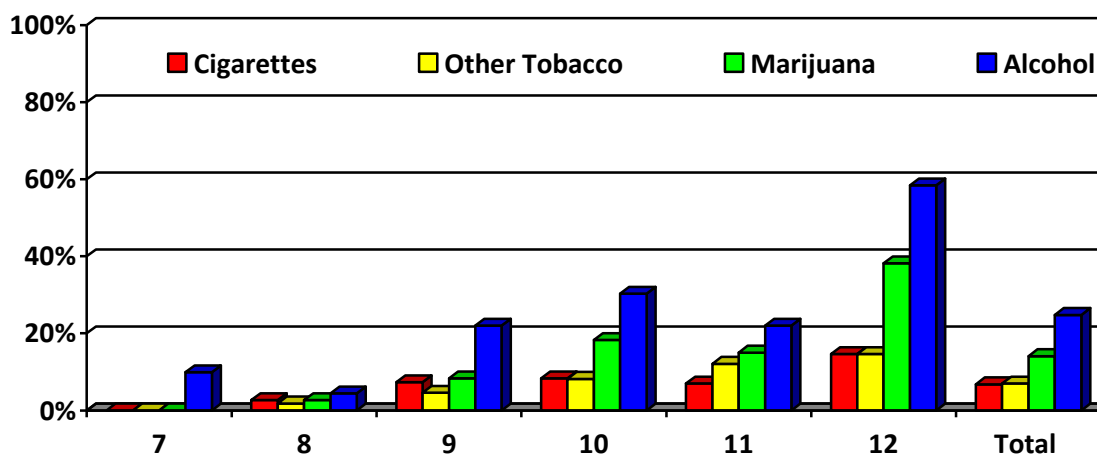
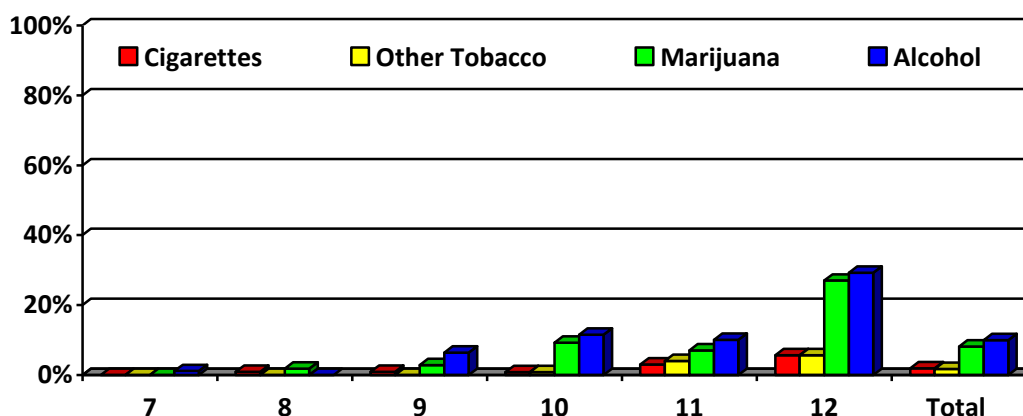


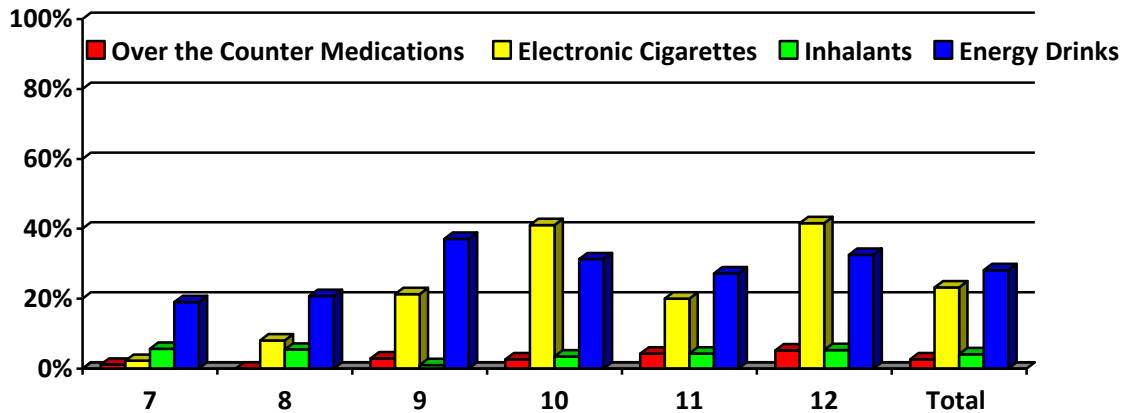
Figure 2. Recent Use of Core Substances



In general, regular use of illicit drugs, other than marijuana, does not appear to be a large problem among Lyme / Old Lyme youth (Table 5). Although recent (past 30 day) use rates do not suggest that youth use illicit drugs frequently, lifetime use rates show that youth are experimenting with these substances, particularly synthetic marijuana (1% lifetime use), MDMA (1% lifetime use) and hallucinogens (3% lifetime use).

3-4% of youth in grades 7-12 report ever having used inhalants or over the counter medications to get high. (Table 6, Figure 3). Electronic cigarette appears to be an emerging issue among Lyme/Old Lyme youth. About 15% of youth in grades 7-12 report ever having tried electronic cigarettes while 23% report recent use.

Figure 3. Lifetime Use of Other Legal Products



All youth were asked if they use energy drinks (Table 7). Approximately 1.5% of youth in grades 7-12 report daily use of energy drinks. *Only youth who report ever having used energy drinks were asked if they had used energy drinks containing alcohol (Table A). About 4% of those youth reporting lifetime energy drink use, also report recent use of energy drinks combined with alcohol.*

Youth were also asked about the frequency with which they have used various other substances. Table 8 shows details of the responses to those questions. Approximately 5% of youth in grades 7-12 report vaping nicotine daily while about 1% report vaping marijuana daily.

Youth reporting lifetime use of certain substances (cigarettes, marijuana and alcohol) were asked about the age at which they began using those substances (Table 9). For cigarettes, the largest percentage of youth (42%) report that they began using at 16 or older. For marijuana (56%) and alcohol (49%), the largest percentage report having begun using at 14 and 15.

Youth reporting lifetime marijuana use were asked about sources from which they get marijuana.

- Among *lifetime* marijuana users in grades 7-12, the most commonly reported source of marijuana is **friends** (Table B, 76.6%).

Youth reporting recent marijuana use were asked about locations of recent use.

- The most commonly reported location of use is **homes of others** (Table C, 84.9%).

Approximately 15% of recent marijuana users report having been under the influence of marijuana while at school during the past 30 days (Table D).

Youth reporting lifetime alcohol use were asked about sources from which they get alcohol and the intensity of the alcohol use.

- The most commonly reported source of alcohol is **friends** (Table E, 56.6%). Other common sources are **parents with** (41.5%) and **without** (40.3%) **permission** as well as **a party without an adult's permission** (43%).
- About 52% of lifetime drinkers report having consumed 4 or more alcoholic drinks in a single occasion at least once in their lifetime (Table F). About 18% of drinkers report having done so in the past 30 days.

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Youth reporting recent alcohol use were asked where they had used alcohol in the past 30 days and if they had been under the influence at school in the past 30 days.

- The most commonly reported locations of alcohol use are at the homes of other **people** and your **home** (Table G).
- No recent drinkers report having been under the influence of alcohol while at school in the past 30 days (Table H).

All youth were asked at what age they first mis-used a prescription drug to get high. Nearly all (96%) report never having mis-used a prescription medication to get high (Table 10).

Youth reporting lifetime mis-use of prescription drugs to get high were asked about types of and sources prescription drugs they have used.

- Due to the small number of youth reporting prescription drug mis-use, grade specific rates are not reported.
- Overall, about 42% of youth in grades 7-12 who report lifetime prescription drug mis-use report having mis-used pain medications or downers (Table 11). Slightly more (52-54%) report having mis-used tranquilizers or uppers.
- Estimated use rates as a percentage of all youth are also presented.
- The most common source of mis-used prescription drugs is **your home** (Table I, 52.4%).

Section 3: Individual/Peer Domain

Perceived harm associated with substance use tends to be inversely correlated with use of that substance. Nearly three-quarters of youth report that there is **great risk** associated with smoking 1 or more packs of cigarettes per day (71%) or with using prescription drugs not prescribed to them (76%, Table 12). About one-half of youth feel there is **great risk** associated with taking 1 or 2 drinks of an alcoholic beverage every day (49.6%), having 5 or more alcoholic beverages once or twice a week (45.6%). Only 35% of youth feel there is **great risk** associated with using marijuana 1 or 2 times a week. The fewest youth (29.8%) feel there is **great risk** associated with using electronic cigarettes or JUULs.

Perceived attitudes of peers can be an important factor influencing behavior among youth. Overall, the percentage of youth who report that their friends think that engaging in any of the cited behaviors is **very wrong** tends to decrease with increasing grade (Table 13). Perceived peer disapproval of mis-use of prescription drugs is highest with 65.8% of youth reporting that their friends think it would be **very wrong** for them to mis-use prescription drugs not prescribed to them. Perceived peer disapproval of using electronic cigarettes, JUUL is lowest. Just 35% of youth perceive that their friends think it would be **very wrong** for them to use electronic cigarettes. With respect to alcohol, perceived peer disapproval tends to vary with the way in which the question is asked. About 40% of youth report that their friends think it would be **very wrong** for them to drink alcohol. About 54% of youth feel that their friends think it would be **very wrong** for them to have 1-2 drinks of alcohol nearly every day. About 58% feel that their friends think it would be very wrong for them to have have 5 or more drinks 1-2 times per week. Just 46% of youth report that their friends think it would be **very wrong** for them to use marijuana.

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Youth were also asked how easy it would be for them to get various items such as alcohol, cigarettes, marijuana, other illicit drugs or prescription drugs (Table 14). In general, compared to younger youth, older youth consider all substances to be more readily available. Overall, illicit drugs other than marijuana are considered the most difficult to obtain and alcohol is considered the easiest to obtain.

Youth were asked if they had engaged in certain antisocial behaviors in the past year (Table 15). About 21% of youth report having cheated on a test in school in the past year. About 15% report having stolen something worth less than \$100. About 9% report having ridden as a passenger with a driver (21 or older) under the influence of drugs or alcohol. 8% report having ridden with a driver (under 21) under the influence of drugs or alcohol. 2% report having driven while under the influence of drugs or alcohol.

In general, Lyme / Old Lyme youth appear to have positive self concepts (Table 16). About 86% of youth **agree** or **strongly agree** with the statement "I believe that my life is going in a positive direction". About 83% of youth **agree** or **strongly agree** with the statement "I am good at making decisions". Nearly 60% **agree** or **strongly agree** that they get enough sleep on most nights. However, 59% **agree** or **strongly agree** that they often feel stressed and about 42% **agree** or **strongly agree** that they often feel nervous or anxious. About 14% report that in the past year they have felt sad or hopeless almost every day for 2 weeks or more so that it stopped them from doing their usual activities while about 11% report having had thoughts of committing suicide in the past 12 months. About 80% of youth **agree** or **strongly agree** that they have someone they can talk to when something is bothering them.

Section 4: Family Domain

Youth were asked about their parents' disapproval of their use of alcohol, tobacco, marijuana, prescription drugs and gambling. Perceived parental disapproval is highest for mis-use of prescription drugs (Table 17). 92% of youth report that their parents feel it would be **very wrong** for them to use prescription drugs not prescribed to them. Perceived parental disapproval is lowest for gambling. About 49% of youth report that their parents feel it would be **very wrong** for them to gamble. Perceived parental disapproval of alcohol use varies depending upon how the question is asked. About 61% of youth report that their parents feel it would be **very wrong** for them to *drink alcohol*. However, 82% of youth report that their parents feel it would be **very wrong** for them to drink 1 or 2 alcoholic beverages nearly every day while 85% of youth report that their parents feel it would be **very wrong** for them to have 5 or more drinks 1-2 times per week. Youth generally feel that their parents disapprove of smoking tobacco (82% very wrong) and using electronic cigarettes (71% very wrong).

Most youth, 65-81%, report that it is **definitely true** that their families have clear rules discouraging their use of cigarettes/tobacco, electronic cigarettes, alcohol, marijuana or prescription drugs (Table 18). Most youth (88%) also report that it is **definitely true** or **mostly true** that they are usually disciplined if they break one of their parents' rules.

Nearly all youth (90% or more) report that it is **definitely true** or **mostly true** that they feel very close to their parents and that they feel loved and valued by their family (Table 19). About 71% of youth report that it is **definitely true** or **mostly true** that they talk to their parent or guardian when they have a problem (Table 21).

Section 5: School Domain

Overall, 11-19% of youth report that they **do not know** the most severe thing that is likely to happen to a student caught with cigarettes, alcohol or marijuana or electronic cigarettes at school (Table 20).

Nearly all youth (93%) report that it is **definitely true** or **mostly true** that they try hard to do good work at school.

Section 6: Gambling

Most youth (79%) report never having engaged in gambling behavior but about 2% of youth report engaging in gambling behavior on a daily basis (Table 22).

Section 7: Comparisons

In this section, current (2017) Lyme / Old Lyme data is compared with regional data (SERAC regional youth 2014-2015), national data (Monitoring the Future 2017 [5]) and previous Lyme / Old Lyme data (2011, 2013, 2015) for grades 8, 10 and 12.

Overall, lifetime and recent substance use rates reported by Lyme / Old Lyme youth (including those for cigarettes, alcohol and marijuana) are similar to or lower than the corresponding regional and/or national rates (Tables 23 and 24). Vaping rates among LOL youth in grades 10 and 12 tend to be higher than available regional and national rates.

Figure 4 shows recent use rates for core substances among LOL youth in grades 8,10 and 12 in 2011,2013, 2015 and 2017. Recent use of cigarettes remains low (and relatively stable) compared to other substances. Alcohol use also appears relatively stable. Recent marijuana use has tended to increase among 12th graders.

Figure 5 show trends in perceived availability for various substances. Youth continue to perceive that alcohol is the easiest to obtain. Older youth tend to perceive that cigarettes, marijuana and other illicit drugs are more available than do younger youth. Perceived availability of marijuana appears to be increasing while perceived availability of prescription drugs appears to be declining.

Figure 6 shows trends in perceived parental disapproval for various substances. Perceived parental disapproval of cigarette use, alcohol use, marijuana use and prescription drug mis-use have all tended to increase or remain constant over time.

Figure 8 shows trends in perceived harm over time. Perceived harm has tended to remain constant or increase for cigarettes, alcohol and prescription drugs. However, perceived harm for marijuana tends to be more variable and has declined especially among 10th graders.

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DATA TABLES

Section 1. Demographics

Table 1. Survey Participants by Grade

Grade	Official Enrollment (n)	Survey Participants - Total - (n)	Survey Participants EXCLUDED from the Analysis (n)	Survey Participants INCLUDED in the Analysis (n)	Participation Rate (%)	Margin of Error
6	84	83	1	82	98%	+/- 0.5%
7	100	91	0	91	91%	+/- 1.8%
8	118	115	2	113	96%	+/- 0.7%
9	111	116	7	109	98%	+/- 0.4%
10	134	130	8	122	91%	+/- 1.5%
11	116	105	5	100	86%	+/-2.5%
12	113	92	3	89	79%	+/- 3.9%
Grades (6-12)	776	733	26	706	91%	+/- 0.6%
Grades (7-12)	692	649	25	624	90%	+/- 0.7

*A total of 732 youth in grades 6-12 participated in the survey. Responses from a total of 26 youth (4%) were excluded from the analysis due to failure to answer core substance use questions, failure to complete at least half of the questions or for providing inconsistent responses. The rates presented in this report are based on the responses from the remaining 706 youth.

Table 2. Gender of Participants Included in Analysis (Grades 7-12)

Gender	Frequency (n)	Percent (%)
<i>Female</i>	319	51%
<i>Male</i>	298	48%
<i>Missing</i>	7	1%
<i>Total</i>	624	100%

Table 3. Participation on School Sports Teams (Grades 7-12)

In the past year, have you participated on a school sports team?	Percent (%)
Yes	71.5%
No	28.5%
Total	100%

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Section 2. Tobacco, Alcohol, and Other Substance Use

Table 4. Reported Use of Core Substances

		Grade							Total 7-12
		6	7	8	9	10	11	12	
Cigarettes	Never	100.0%	100.0%	97.3%	92.7%	91.7%	93.0%	85.4%	93.2%
	Lifetime	0.0%	0.0%	2.7%	7.3%	8.3%	7.0%	14.6%	6.8%
	Recent	0.0%	0.0%	0.9%	0.9%	0.8%	3.0%	5.6%	1.9%
Other Tobacco Products	Never	100.0%	100.0%	98.2%	95.4%	91.8%	87.9%	85.4%	93.0%
	Lifetime	0.0%	0.0%	1.8%	4.6%	8.2%	12.1%	14.6%	7.0%
	Recent	0.0%	0.0%	0.0%	0.0%	0.8%	4.0%	5.6%	1.7%
Marijuana	Never	98.8%	100.0%	97.3%	91.7%	81.7%	85.0%	61.8%	85.9%
	Lifetime	1.2%	0.0%	2.7%	8.3%	18.3%	15.0%	38.2%	14.1%
	Recent	0.0%	0.0%	1.8%	2.8%	9.2%	7.0%	27.0%	8.1%
Alcohol	Never	97.6%	90.1%	95.6%	78.0%	69.7%	78.0%	41.6%	75.2%
	Lifetime	2.4%	9.9%	4.4%	22.0%	30.3%	22.0%	58.4%	24.8%
	Recent	0.0%	1.1%	0.0%	6.4%	11.5%	10.0%	29.2%	9.9%

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Table 5. Reported Use of Illicit Drugs

		Grade							Total 7-12
		6	7	8	9	10	11	12	
Cocaine	Never	100.0%	100.0%	99.1%	100.0%	100.0%	100.0%	100.0%	99.8%
	Lifetime	0.0%	0.0%	0.9%	0.0%	0.0%	0.0%	0.0%	0.2%
	Recent	0.0%	0.0%	0.9%	0.0%	0.0%	0.0%	0.0%	0.2%
Crack	Never	100.0%	100.0%	99.1%	99.0%	100.0%	100.0%	100.0%	99.7%
	Lifetime	0.0%	0.0%	0.9%	1.0%	0.0%	0.0%	0.0%	0.3%
	Recent	0.0%	0.0%	0.9%	0.0%	0.0%	0.0%	0.0%	0.2%
MDMA	Never	100.0%	100.0%	98.2%	100.0%	100.0%	98.9%	96.1%	98.9%
	Lifetime	0.0%	0.0%	1.8%	0.0%	0.0%	1.1%	3.9%	1.1%
	Recent	0.0%	0.0%	0.9%	0.0%	0.0%	0.0%	0.0%	0.2%
Hallucinogens	Never	100.0%	100.0%	100.0%	98.1%	97.4%	91.5%	93.5%	96.8%
	Lifetime	0.0%	0.0%	0.0%	1.9%	2.6%	8.5%	6.5%	3.2%
	Recent	0.0%	0.0%	0.0%	0.0%	0.0%	4.3%	1.3%	0.9%
Heroin	Never	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%
	Lifetime	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
	Recent	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%

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Table 5. Reported Use of Illicit Drugs (continued)

		Grade							Total 7-12
		6	7	8	9	10	11	12	
Methamphetamine	Never	100.0%	100.0%	100.0%	99.0%	99.1%	98.9%	100.0%	99.5%
	Lifetime	0.0%	0.0%	0.0%	1.0%	0.9%	1.1%	0.0%	0.5%
	Recent	0.0%	0.0%	0.0%	0.0%	0.0%	1.1%	0.0%	0.2%
Synthetic Marijuana	Never	100.0%	100.0%	99.1%	98.1%	100.0%	97.9%	98.7%	99.0%
	Lifetime	0.0%	0.0%	0.9%	1.9%	0.0%	2.1%	1.3%	1.0%
	Recent	0.0%	0.0%	0.9%	0.0%	0.0%	1.1%	0.0%	0.3%
Any illicit drug*	Never	100.0%	100.0%	98.1%	98.1%	97.4%	91.4%	92.1%	96.2%
	Lifetime	0.0%	0.0%	1.9%	1.9%	2.6%	8.6%	7.9%	3.8%
	Recent	0.0%	0.0%	0.9%	0.0%	0.0%	4.3%	1.3%	1.1%

** includes cocaine, crack, ecstasy, hallucinogens, heroin, and methamphetamine (in previous years, GHB has been included as well)*

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Table 6. Reported Use of Other Legal Products

		6	7	8	9	Grade 10	11	12	Total 7-12
Over the Counter Medications	Never	96.2%	98.9%	100.0%	97.1%	97.4%	95.7%	94.8%	97.4%
	Lifetime	3.8%	1.1%	0.0%	2.9%	2.6%	4.3%	5.2%	2.6%
	Recent	0.0%	0.0%	0.0%	1.0%	0.0%	3.2%	1.3%	0.9%
Electronic Cigarettes	Never	98.8%	97.8%	92.0%	78.7%	59.0%	80.0%	58.4%	76.8%
	Lifetime	1.3%	2.2%	8.0%	21.3%	41.0%	20.0%	41.6%	23.2%
	Recent	0.0%	0.0%	3.5%	8.3%	26.2%	13.0%	33.7%	14.7%
Inhalants	Never	98.7%	94.4%	94.6%	99.0%	96.6%	95.7%	94.7%	95.9%
	Lifetime	1.3%	5.6%	5.4%	1.0%	3.4%	4.3%	5.3%	4.1%
	Recent	1.3%	2.2%	0.9%	0.0%	0.0%	0.0%	0.0%	0.5%
Energy Drinks	Never	91.1%	80.9%	79.3%	62.9%	68.7%	72.3%	67.5%	71.9%
	Lifetime	8.9%	19.1%	20.7%	37.1%	31.3%	27.7%	32.5%	28.1%
	Recent	0.0%	9.0%	6.3%	17.1%	13.0%	12.8%	5.2%	10.7%

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Table 7. Frequency of Use of Energy Drinks

Think back over the past 30 days. On how many days, if any, did you use the following?		Grade							Total 7-12
		6	7	8	9	10	11	12	
An energy drink (like Red Bull, Monster, Amp or Rock Star)	NEVER	91.1%	80.9%	79.3%	62.9%	68.7%	72.3%	67.5%	71.9%
	Not in the past 30 days	8.9%	10.1%	14.4%	20.0%	18.3%	14.9%	27.3%	17.4%
	Occasionally (1 - 5 days)	0.0%	5.6%	2.7%	12.4%	7.8%	7.4%	1.3%	6.3%
	Frequently (6 - 20 days)	0.0%	1.1%	2.7%	2.9%	3.5%	3.2%	3.9%	2.9%
	Almost every day (21+ days)	0.0%	2.2%	0.9%	1.9%	1.7%	2.1%	0.0%	1.5%

Table A. Percentage of Energy Drink Users Who Report Using Energy Drinks with Alcohol (unweighted n=162)*

	Grade							Total 7-12
	6	7	8	9	10	11	12	
NEVER	85.7%	82.4%	82.6%	87.2%	77.1%	62.5%	75.0%	78.0%
Not in the past 30 days	14.3%	11.8%	17.4%	12.8%	20.0%	29.2%	16.7%	18.1%
Occasionally (1 - 5 days)	0.0%	0.0%	0.0%	0.0%	2.9%	0.0%	8.3%	2.0%
Frequently (6 - 20 days)	0.0%	0.0%	0.0%	0.0%	0.0%	4.2%	0.0%	0.6%
Almost every day (21 days or more)	0.0%	5.9%	0.0%	0.0%	0.0%	4.2%	0.0%	1.3%

*This question was asked only of youth who reported having used energy drinks.

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Table 8. Frequency of use of Various Core Substances

Think back over the past 30 days. On how many days, if any, did you use the following?		Grade							Total 7-12
		6	7	8	9	10	11	12	
Cigarettes	NEVER	100.0%	100.0%	97.3%	92.7%	91.7%	93.0%	85.4%	93.2%
	Not in the past 30 days	0.0%	0.0%	1.8%	6.4%	7.4%	4.0%	9.0%	4.9%
	Occasionally (1 - 5 days)	0.0%	0.0%	0.0%	0.9%	0.0%	1.0%	4.5%	1.1%
	Frequently (6 - 20 days)	0.0%	0.0%	0.0%	0.0%	0.8%	0.0%	1.1%	0.3%
	Almost every day (21+ days)	0.0%	0.0%	0.9%	0.0%	0.0%	2.0%	0.0%	0.5%
Other tobacco products (like cigars, snuff, chewing tobacco, smoking tobacco from a pipe)	NEVER	100.0%	100.0%	98.2%	95.4%	91.8%	87.9%	85.4%	93.0%
	Not in the past 30 days	0.0%	0.0%	1.8%	4.6%	7.4%	8.1%	9.0%	5.3%
	Occasionally (1 - 5 days)	0.0%	0.0%	0.0%	0.0%	0.8%	1.0%	3.4%	0.9%
	Frequently (6 - 20 days)	0.0%	0.0%	0.0%	0.0%	0.0%	2.0%	2.2%	0.7%
	Almost every day (21+ days)	0.0%	0.0%	0.0%	0.0%	0.0%	1.0%	0.0%	0.2%
E-cigarettes (electronic cigarettes)	NEVER	98.8%	97.8%	92.0%	78.7%	59.0%	80.0%	58.4%	76.8%
	Not in the past 30 days	1.3%	2.2%	4.4%	13.0%	14.8%	7.0%	7.9%	8.5%
	Occasionally (1 - 5 days)	0.0%	0.0%	1.8%	4.6%	10.7%	2.0%	9.0%	4.9%
	Frequently (6 - 20 days)	0.0%	0.0%	0.0%	3.7%	6.6%	2.0%	11.2%	4.0%
	Almost every day (21+ days)	0.0%	0.0%	1.8%	0.0%	9.0%	9.0%	13.5%	5.8%
Marijuana or hashish	NEVER	98.8%	100.0%	97.3%	91.7%	81.7%	85.0%	61.8%	85.9%
	Not in the past 30 days	1.2%	0.0%	0.9%	5.5%	9.2%	8.0%	11.2%	6.0%
	Occasionally (1 - 5 days)	0.0%	0.0%	0.9%	1.8%	5.8%	3.0%	12.4%	4.1%
	Frequently (6 - 20 days)	0.0%	0.0%	0.0%	0.9%	1.7%	0.0%	9.0%	1.9%
	Almost every day (21+ days)	0.0%	0.0%	0.9%	0.0%	1.7%	4.0%	5.6%	2.1%

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Table 8. Frequency of Use of Various Core Substances (continued)

Think back over the past 30 days. On how many days, if any, did you use the following?		Grade							Total 7-12
		6	7	8	9	10	11	12	
Drink one or more drinks of an alcoholic beverage (more than a sip, and NOT including religious activities)	NEVER	97.6%	90.1%	95.6%	78.0%	69.7%	78.0%	41.6%	75.2%
	Not in the past 30 days	2.4%	8.8%	4.4%	15.6%	18.9%	12.0%	29.2%	15.0%
	Occasionally (1 - 5 days)	0.0%	0.0%	0.0%	5.5%	9.8%	8.0%	22.5%	7.8%
	Frequently (6 - 20 days)	0.0%	1.1%	0.0%	0.9%	1.6%	2.0%	5.6%	1.9%
	Almost every day (21+ days)	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	1.1%	0.2%
Vape nicotine	NEVER	100.0%	98.9%	94.7%	80.7%	66.1%	81.0%	60.7%	79.7%
	Not in the past 30 days	0.0%	1.1%	1.8%	11.9%	12.4%	7.0%	13.5%	8.1%
	Occasionally (1 - 5 days)	0.0%	0.0%	1.8%	4.6%	8.3%	1.0%	7.9%	4.1%
	Frequently (6 - 20 days)	0.0%	0.0%	0.0%	2.8%	4.1%	4.0%	9.0%	3.4%
	Almost every day (21+ days)	0.0%	0.0%	1.8%	0.0%	9.1%	7.0%	9.0%	4.7%
Vape marijuana	NEVER	100.0%	100.0%	97.3%	90.8%	87.2%	88.9%	64.0%	87.8%
	Not in the past 30 days	0.0%	0.0%	0.9%	8.3%	8.5%	4.0%	14.6%	6.2%
	Occasionally (1 - 5 days)	0.0%	0.0%	1.8%	0.9%	4.3%	3.0%	10.1%	3.4%
	Frequently (6 - 20 days)	0.0%	0.0%	0.0%	0.0%	0.0%	1.0%	6.7%	1.3%
	Almost every day (21+ days)	0.0%	0.0%	0.0%	0.0%	0.0%	3.0%	4.5%	1.3%
Vape other items	NEVER	100.0%	100.0%	97.3%	94.4%	94.1%	92.7%	83.7%	93.7%
	Not in the past 30 days	0.0%	0.0%	2.7%	4.7%	5.0%	4.2%	10.5%	4.6%
	Occasionally (1 - 5 days)	0.0%	0.0%	0.0%	0.0%	0.8%	1.0%	4.7%	1.1%
	Frequently (6 - 20 days)	0.0%	0.0%	0.0%	0.9%	0.0%	0.0%	0.0%	0.2%
	Almost every day (21+ days)	0.0%	0.0%	0.0%	0.0%	0.0%	2.1%	1.2%	0.5%

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Table 9. Age of Initiation of Use of Various Substances (Grades 7-12)

What was your age in years when you FIRST used the following?		Frequency (n, unweighted)	Percent (%)
Cigarettes	10 yrs or younger	3	7.9
	11 - 13	5	13.2
	14 - 15	14	36.8
	16 or older	16	42.1
Marijuana	10 yrs or younger	1	1.2
	11 - 13	13	16.0
	14 - 15	45	55.6
	16 or older	22	27.2
Alcoholic Beverages	10 yrs or younger	12	8.7
	11 - 13	26	18.8
	14 - 15	67	48.6
	16 or older	33	23.9

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*****Lifetime Marijuana User - Sub-analysis*****

**Table B. Percentage of Lifetime Marijuana Users Who Report
Ever Getting Marijuana from Various Sources
(total respondents in grades 7-12 = 82)**

Source	Grade							Total
	6	7	8	9	10	11	12	7-12
Your parents, with permission	**	*	**	22.2%	4.5%	7.1%	2.9%	5.8%
Your parents, without permission	**	*	**	44.4%	18.2%	21.4%	26.5%	25.5%
Your brothers or sisters	**	*	**	33.3%	18.2%	28.6%	8.8%	16.6%
Your friends	**	*	**	88.9%	63.6%	73.3%	88.2%	76.6%
Other people buy it for you	**	*	**	55.6%	36.4%	42.9%	58.8%	48.2%
You buy it in person	**	*	**	33.3%	50.0%	57.1%	82.4%	63.6%
You buy it online	**	*	**	11.1%	0.0%	7.1%	5.9%	4.9%

* No lifetime marijuana users

** Too few to report a valid statistic

*****Recent Marijuana User - Sub-analysis*****

**Table C. Percentage of Recent Marijuana Users Who Report
Using Marijuana in Various Places in the Past 30 days
(total respondents in grades 7-12 =47)**

In the past 30 days, did you use marijuana in any of the following places?	Grade							Total
	6	7	8	9	10	11	12	7-12
At your home	**	*	**	**	45.5%	71.4%	62.5%	59.9%
On the street, in the woods or in parks or fields	**	*	**	**	54.5%	71.4%	75.0%	66.8%
At the homes of other people	**	*	**	**	81.8%	85.7%	87.0%	84.9%
At school or at school activities like dances or sporting events	**	*	**	**	9.1%	14.3%	29.2%	20.0%
While driving	**	*	**	**	9.1%	71.4%	37.5%	32.8%
At a party with an adult present	**	*	**	**	27.3%	85.7%	33.3%	36.6%
At a party without an adult present	**	*	**	**	72.7%	85.7%	62.5%	69.7%

* No recent marijuana users

** Too few to report a valid statistic

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*****Recent Marijuana User - Sub-analysis*****

**Table D. Percentage of Recent Marijuana Users Who Report
Having Been Under the Influence of Marijuana
While at School in the Past 30 days
(total respondents in grades 7-12 =47)**

During the past 30 days have you been under the influence of marijuana while you were at school?	Grade *			
	10	11	12	Total 7-12
Yes	0.0%	42.9%	16.7%	15.3%

* No recent marijuana users in grade 7, too few recent marijuana users to report a valid statistic in grades 6,8 AND 9

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*****Lifetime Drinker- Sub-analysis*****

**Table E. Percentage of Lifetime Drinkers Who Report
Ever Getting Alcohol from Various Sources
(total respondents in grades 7-12 =149)**

Source	Grade							Total 7-12
	6	7	8	9	10	11	12	
Your parents, with permission	*	66.7%	*	60.9%	31.4%	42.9%	34.0%	41.5%
Your parents, without permission	*	33.3%	*	34.8%	52.9%	38.1%	38.3%	40.3%
Your friends	*	0.0%	*	56.5%	50.0%	72.7%	68.1%	56.6%
Your brothers or sisters	*	11.1%	*	21.7%	14.3%	35.0%	23.4%	21.1%
Other people buy it for you	*	0.0%	*	30.4%	34.3%	47.6%	44.7%	36.4%
A party with an adult's permission	*	11.1%	*	39.1%	34.3%	47.6%	31.9%	34.2%
A party without an adult's permission	*	0.0%	*	34.8%	40.0%	66.7%	47.8%	43.0%
A store or bar (you buy it)	*	0.0%	*	4.3%	2.9%	14.3%	10.6%	7.4%
A restaurant	*	0.0%	*	13.0%	8.6%	19.0%	21.3%	14.8%

* Too few to report a valid statistic

*****Lifetime Drinker- Sub-analysis*****

**Table F. Intensity of Alcohol Use Among Lifetime Drinkers
(total respondents in grades 7-12 =149)**

How often have you drank 4 or more alcoholic drinks (beer, wine, wine coolers, mixed drinks, hard liquor etc.) during a single occasion?	Grade							Total 7-12
	6	7	8	9	10	11	12	
NEVER	*	66.7%	*	60.9%	58.8%	31.8%	36.2%	47.6%
Not in the past 30 days	*	33.3%	*	34.8%	20.6%	40.9%	40.4%	34.0%
Occasionally (1 - 5 days)	*	0.0%	*	0.0%	11.8%	13.6%	19.1%	12.0%
Frequently (6 - 20 days)	*	0.0%	*	4.3%	8.8%	13.6%	2.1%	5.6%
Almost every day (21 days or more)	*	0.0%	*	0.0%	0.0%	0.0%	2.1%	0.8%

* Too few to report a valid statistic

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****Recent Drinker- Sub-analysis****

**Table G. Percentage of Recent Drinkers Who Report
Using Alcohol in Various Places in the Past 30 days
(total respondents in grades 7-12 =53)**

In the past 30 days, did you use marijuana in any of the following places?	6	7	8	9	10	11	12	Total 7-12
At your home	**	**	*	100.0%	64.3%	77.8%	52.4%	66.2%
On the street, in the woods or in parks or fields	**	**	*	42.9%	14.3%	44.4%	4.8%	18.4%
At the homes of other people	**	**	*	71.4%	57.1%	90.0%	65.0%	67.4%
At school or at school activities like dances or sporting events	**	**	*	0.0%	0.0%	11.1%	9.5%	6.1%
While driving	**	**	*	0.0%	7.1%	11.1%	9.5%	7.9%
At a party with an adult present	**	**	*	71.4%	42.9%	44.4%	45.0%	46.7%
At a party without an adult present	**	**	*	57.1%	50.0%	80.0%	47.6%	54.5%

* No recent drinkers

** Too few to report a valid statistic

*****Recent Drinker- Sub-analysis*****

**Table H. Percentage of Recent Drinkers Who Report
Having Been Under the Influence of Alcohol
While at School in the Past 30 days
(total respondents in grades 7-12 =53)**

During the past 30 days have you been under the influence of alcohol while you were at school?	9	10	11	12	Total 7-12
Yes	0.0%	0.0%	0.0%	0.0%	0.0%

*Too few to report a valid statistic for grades 6-8.

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Table 10. Age of Initiation of Prescription Drug Mis-Use (total respondents in grades 7-12 = 21)

What was your age in years when you FIRST mis-used a PRESCRIPTION drug to get high?	Percent (%)
I have never mis-used a prescription drug to get high	96.3%
10 yrs or younger	0.2%
11 – 13	0.2%
14 – 15	1.5%
16 or older	1.8%

Table 11. Reported Use of Specific Types of Prescription Drugs Among Youth Who Report Ever Having Reported Use of Prescription Medications

(Asked only of youth who reported ever having mis-used a prescription drug to get high)

Total respondents in grades 7-12 = 19

		% of lifetime users Grade							Total (7-12)	Estimated % of All Youth (7-12)
		6	7	8	9	10	11	12		
Pain Medication	Never	*	*	**	**	**	**	**	57.5%	
	Lifetime	*	*	**	**	**	**	**	42.5%	1.3%
	Recent	*	*	**	**	**	**	**	0.0%	0.0%
Downers	Never	*	*	**	**	**	**	**	57.8%	
	Lifetime	*	*	**	**	**	**	**	42.2%	1.2%
	Recent	*	*	**	**	**	**	**	11.1%	0.4%
Tranquilizers	Never	*	*	**	**	**	**	**	46.0%	
	Lifetime	*	*	**	**	**	**	**	54.0%	1.7%
	Recent	*	*	**	**	**	**	**	16.1%	0.5%
Uppers	Never	*	*	**	**	**	**	**	47.7%	
	Lifetime	*	*	**	**	**	**	**	52.3%	1.7%
	Recent	*	*	**	**	**	**	**	5.3%	0.2%
Steroids	Never	*	*	**	**	**	**	**	95.4%	
	Lifetime	*	*	**	**	**	**	**	4.6%	0.1%
	Recent	*	*	**	**	**	**	**	0.0%	0.0%
Any prescription medication***	Never	*	*	**	**	**	**	**	0.0%	NA
	Lifetime	*	*	**	**	**	**	**	100.0%	2.6%
	Recent	*	*	**	**	**	**	**	21.4%	0.7%

* No youth reported ever having mis-used prescription drugs to get high.

** Too few users to report a valid statistic

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**Table I. Percentage of Lifetime Prescription Drug Mis-Users Who Report
Ever Getting Prescription Drugs from Various Sources
(total respondents in grades 7-12 = 21)**

Source	Grade							Total 7-12
	6	7	8	9	10	11	12	
Your home	*	*	**	**	**	**	**	52.4%
Someone else's home	*	*	**	**	**	**	**	19.0%
Your brother or sister gave it to you	*	*	**	**	**	**	**	0.0%
A friend gave it to you	*	*	**	**	**	**	**	42.9%
Someone at a party gave it to you	*	*	**	**	**	**	**	14.3%
You bought it (ie from a dealer)	*	*	**	**	**	**	**	38.1%
You bought it online	*	*	**	**	**	**	**	0.0%

* No youth reported ever having mis-used prescription drugs to get high.

**Too few users to report a valid statistic

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Section 3. Individual/Peer Domain

Table 12. Perceived Harm of Substance Use

How much do people risk harming themselves when they do the following?		Grade							
		6	7	8	9	10	11	12	Total 7-12
Smoke cigarettes, 1 or more packs a day	No Risk	2.6%	2.2%	0.9%	0.9%	3.4%	3.2%	4.9%	2.6%
	Slight Risk	1.3%	1.1%	2.7%	1.9%	0.9%	4.2%	7.4%	2.9%
	Moderate Risk	9.1%	19.8%	15.3%	14.0%	11.1%	15.8%	9.9%	14.2%
	Great Risk	71.4%	64.8%	73.0%	74.8%	74.4%	64.2%	74.1%	71.0%
	I Don't Know.	15.6%	12.1%	8.1%	8.4%	10.3%	12.6%	3.7%	9.2%
Use electronic cigarettes, JUUL	No Risk	2.6%	2.2%	5.4%	2.8%	6.8%	6.3%	7.4%	5.2%
	Slight Risk	5.1%	11.0%	12.6%	18.9%	35.9%	18.9%	21.0%	20.2%
	Moderate Risk	25.6%	34.1%	34.2%	29.2%	32.5%	31.6%	28.4%	31.7%
	Great Risk	42.3%	34.1%	36.0%	31.1%	15.4%	29.5%	35.8%	29.8%
	I Don't Know.	24.4%	18.7%	11.7%	17.9%	9.4%	13.7%	7.4%	13.0%
Drink alcoholic beverages, 5 or more, once or twice a week	No Risk	2.6%	1.1%	1.8%	1.0%	1.7%	3.2%	3.8%	2.1%
	Slight Risk	12.8%	14.4%	10.8%	10.5%	9.4%	9.5%	12.5%	11.1%
	Moderate Risk	29.5%	37.8%	31.5%	32.4%	27.4%	31.6%	35.0%	32.3%
	Great Risk	38.5%	34.4%	47.7%	48.6%	51.3%	43.2%	46.3%	45.6%
	I Don't Know.	16.7%	12.2%	8.1%	7.6%	10.3%	12.6%	2.5%	9.0%
Drink alcoholic beverages, 1 or 2 drinks, nearly everyday	No Risk	6.4%	4.4%	0.9%	0.9%	4.3%	3.2%	5.0%	3.1%
	Slight Risk	6.4%	16.7%	11.7%	7.5%	11.2%	5.3%	17.5%	11.5%
	Moderate Risk	21.8%	18.9%	30.6%	29.0%	21.6%	27.4%	27.5%	25.8%
	Great Risk	46.2%	43.3%	49.5%	55.1%	51.7%	50.5%	46.3%	49.6%
	I Don't Know.	19.2%	16.7%	7.2%	7.5%	11.2%	13.7%	3.8%	10.0%
Use marijuana 1 or 2 times a week	No Risk	3.8%	2.2%	5.5%	15.9%	17.2%	18.9%	18.8%	13.2%
	Slight Risk	2.6%	6.7%	3.6%	11.2%	27.6%	17.9%	26.3%	15.8%
	Moderate Risk	14.1%	27.8%	26.4%	26.2%	21.6%	24.2%	20.0%	24.3%
	Great Risk	52.6%	47.8%	54.5%	34.6%	19.8%	27.4%	28.8%	35.1%
	I Don't Know.	26.9%	15.6%	10.0%	12.1%	13.8%	11.6%	6.3%	11.6%
Mis-use prescription drugs to get high	No Risk	3.8%	0.0%	0.9%	0.0%	1.7%	1.1%	5.0%	1.4%
	Slight Risk	0.0%	2.2%	0.9%	2.8%	5.1%	4.3%	0.0%	2.7%
	Moderate Risk	5.1%	7.7%	5.5%	11.3%	8.5%	11.7%	10.0%	9.1%
	Great Risk	73.1%	76.9%	83.5%	74.5%	72.6%	70.2%	78.8%	76.0%
	I Don't Know.	17.9%	13.2%	9.2%	11.3%	12.0%	12.8%	6.3%	10.8%

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Table 13. Peer Attitudes Toward Substance Use

How wrong do your friends feel it would be for you to do the following?		Grade							Total 7-12
		6	7	8	9	10	11	12	
Smoke tobacco	Not At All Wrong	0.0%	2.2%	2.8%	5.7%	11.2%	12.9%	12.5%	7.9%
	A Little Bit Wrong	1.3%	3.3%	6.4%	12.3%	18.1%	16.1%	28.8%	14.2%
	Wrong	6.3%	23.1%	24.8%	34.0%	28.4%	21.5%	25.0%	26.2%
	Very Wrong	92.4%	71.4%	66.1%	48.1%	42.2%	49.5%	33.8%	51.6%
Use electronic cigarettes, JUUL	Not At All Wrong	0.0%	5.5%	11.1%	33.0%	40.2%	28.7%	45.0%	27.6%
	A Little Bit Wrong	1.3%	7.7%	12.0%	21.7%	24.8%	19.1%	27.5%	19.0%
	Wrong	10.1%	23.1%	25.9%	23.6%	15.4%	18.1%	3.8%	18.3%
	Very Wrong	88.6%	63.7%	50.9%	21.7%	19.7%	34.0%	23.8%	35.0%
Drink alcohol	Not At All Wrong	0.0%	3.3%	2.8%	19.4%	30.4%	25.5%	48.8%	21.8%
	A Little Bit Wrong	3.8%	8.9%	9.2%	18.4%	30.4%	16.0%	22.5%	17.9%
	Wrong	12.7%	20.0%	28.4%	29.1%	15.7%	20.2%	7.5%	20.2%
	Very Wrong	83.5%	67.8%	59.6%	33.0%	23.5%	38.3%	21.3%	40.1%
Drink alcohol (1 or 2 nearly every day)	Not At All Wrong	0.0%	3.3%	0.9%	5.7%	7.8%	10.6%	15.0%	7.1%
	A Little Bit Wrong	1.3%	2.2%	8.3%	17.0%	12.9%	11.7%	18.8%	11.9%
	Wrong	7.6%	17.6%	22.0%	30.2%	35.3%	24.5%	32.5%	27.3%
	Very Wrong	91.1%	76.9%	68.8%	47.2%	44.0%	53.2%	33.8%	53.7%
Drink alcohol (5+, 1-2 x/wk)	Not At All Wrong	0.0%	3.3%	0.9%	6.6%	8.6%	11.7%	16.3%	7.8%
	A Little Bit Wrong	1.3%	2.2%	5.5%	12.3%	12.1%	11.7%	18.8%	10.4%
	Wrong	5.1%	14.3%	24.8%	33.0%	29.3%	18.1%	21.3%	23.8%
	Very Wrong	93.7%	80.2%	68.8%	48.1%	50.0%	58.5%	43.8%	58.0%
Use marijuana	Not At All Wrong	0.0%	2.2%	5.5%	17.1%	29.1%	28.7%	42.5%	21.0%
	A Little Bit Wrong	0.0%	4.4%	9.2%	16.2%	22.2%	12.8%	30.0%	15.9%
	Wrong	6.3%	12.1%	19.3%	27.6%	19.7%	18.1%	7.5%	17.6%
	Very Wrong	93.7%	81.3%	66.1%	39.0%	29.1%	40.4%	20.0%	45.5%
Mis-use prescription drugs to get high	Not At All Wrong	0.0%	2.2%	1.8%	3.8%	6.0%	13.8%	8.8%	6.1%
	A Little Bit Wrong	0.0%	4.4%	2.8%	13.2%	8.6%	9.6%	17.5%	9.2%
	Wrong	1.3%	11.0%	22.0%	21.7%	22.4%	16.0%	18.8%	18.9%
	Very Wrong	98.7%	82.4%	73.4%	61.3%	62.9%	60.6%	55.0%	65.8%
Gamble (scratch tickets, online, sports, casino, etc)	Not At All Wrong	5.1%	13.3%	8.3%	29.2%	36.8%	26.6%	30.4%	24.4%
	A Little Bit Wrong	1.3%	12.2%	11.1%	17.0%	22.8%	16.0%	27.8%	17.9%
	Wrong	24.4%	17.8%	25.0%	25.5%	14.0%	23.4%	15.2%	20.1%
	Very Wrong	69.2%	56.7%	55.6%	28.3%	26.3%	34.0%	26.6%	37.6%

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Table 14. Perceived Availability

If you wanted to, how easy would it be for you to get the following?		Grade							Total 7-12
		6	7	8	9	10	11	12	
Beer, wine, wine coolers, or hard liquor	Very Easy	3.8%	18.7%	13.4%	20.6%	32.5%	34.7%	33.3%	25.6%
	Sort Of Easy	12.7%	18.7%	20.5%	32.7%	31.6%	22.1%	32.1%	26.4%
	Sort Of Hard	35.4%	25.3%	35.7%	24.3%	15.4%	17.9%	17.3%	22.6%
	Very Hard	48.1%	37.4%	30.4%	22.4%	20.5%	25.3%	17.3%	25.4%
Cigarettes	Very Easy	3.8%	4.4%	3.6%	8.5%	15.5%	13.7%	36.3%	13.5%
	Sort Of Easy	2.5%	4.4%	11.7%	12.3%	13.8%	14.7%	12.5%	11.7%
	Sort Of Hard	6.3%	8.8%	16.2%	23.6%	19.8%	17.9%	12.5%	16.7%
	Very Hard	87.3%	82.4%	68.5%	55.7%	50.9%	53.7%	38.8%	58.1%
Electronic cigarettes, JUUL	Very Easy	3.8%	5.5%	16.4%	28.0%	43.1%	37.9%	54.3%	31.2%
	Sort Of Easy	1.3%	2.2%	8.2%	23.4%	25.0%	12.6%	14.8%	14.8%
	Sort Of Hard	0.0%	8.8%	20.0%	17.8%	13.8%	12.6%	6.2%	13.4%
	Very Hard	94.9%	83.5%	55.5%	30.8%	18.1%	36.8%	24.7%	40.6%
Marijuana	Very Easy	2.6%	4.4%	6.3%	14.2%	19.3%	26.6%	31.6%	17.0%
	Sort Of Easy	0.0%	3.3%	9.0%	13.2%	23.7%	16.0%	25.3%	15.3%
	Sort Of Hard	0.0%	11.0%	12.6%	21.7%	21.1%	11.7%	16.5%	15.9%
	Very Hard	97.4%	81.3%	72.1%	50.9%	36.0%	45.7%	26.6%	51.9%
Illicit drugs like cocaine, heroin, LSD, or amphetamines	Very Easy	1.3%	3.3%	1.8%	5.6%	2.6%	9.5%	7.5%	4.9%
	Sort Of Easy	0.0%	0.0%	1.8%	3.7%	6.0%	7.4%	13.8%	5.4%
	Sort Of Hard	0.0%	7.7%	12.5%	13.1%	15.5%	14.7%	16.3%	13.4%
	Very Hard	98.7%	89.0%	83.9%	77.6%	75.9%	68.4%	62.5%	76.3%
A prescription drug without your own prescription (such as OxyContin, Vicodin, or Ritalin)	Very Easy	5.1%	8.8%	2.8%	10.4%	5.1%	12.6%	9.9%	8.1%
	Sort Of Easy	2.5%	6.6%	16.5%	8.5%	12.0%	14.7%	12.3%	11.9%
	Sort Of Hard	11.4%	18.7%	11.9%	20.8%	15.4%	22.1%	24.7%	18.7%
	Very Hard	81.0%	65.9%	68.8%	60.4%	67.5%	50.5%	53.1%	61.3%

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Table 15. Antisocial Behavior

In the past year, did you do any of the following?	Grade							Total 7-12
	6	7	8	9	10	11	12	
Steal something less than \$100	2.5%	10.1%	10.8%	11.8%	20.2%	12.9%	22.5%	14.7%
Cheat on a test at school	7.7%	9.0%	19.8%	14.6%	32.5%	19.4%	25.4%	20.5%
Sell illegal drugs	0.0%	0.0%	0.9%	1.0%	4.4%	5.4%	5.6%	2.9%
Ride as a passenger with a driver (21 or older) under the influence of drugs or alcohol	2.5%	10.1%	9.0%	15.5%	6.1%	7.5%	5.6%	8.9%
Ride as a passenger with a driver (under 21) under the influence of drugs or alcohol	1.3%	2.2%	1.8%	3.9%	9.6%	10.9%	22.5%	8.2%
Drive while under the influence of drugs or alcohol	0.0%	0.0%	0.0%	1.0%	1.7%	3.2%	8.5%	2.2%
Tease or taunt someone with the idea of hurting their feelings	7.6%	18.0%	18.9%	13.6%	23.5%	11.8%	15.5%	17.1%

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Table 16. Self Concept

How much do you disagree or agree with the following?		Grade							Total 7-12
		6	7	8	9	10	11	12	
I feel lonely.	Strongly Disagree	61.0%	52.2%	57.7%	36.9%	46.5%	52.7%	35.2%	47.3%
	Disagree	28.6%	30.0%	30.6%	41.7%	34.2%	14.0%	36.6%	31.1%
	Agree	9.1%	15.6%	10.8%	16.5%	15.8%	22.6%	22.5%	17.1%
	Strongly Agree	1.3%	2.2%	0.9%	4.9%	3.5%	10.8%	5.6%	4.6%
I am good at making decisions.	Strongly Disagree	0.0%	3.4%	4.5%	5.8%	5.3%	8.6%	11.3%	6.3%
	Disagree	5.1%	9.0%	10.9%	13.6%	8.8%	14.0%	7.0%	10.6%
	Agree	51.3%	55.1%	52.7%	57.3%	50.0%	37.6%	53.5%	50.9%
	Strongly Agree	43.6%	32.6%	31.8%	23.3%	36.0%	39.8%	28.2%	32.2%
I have trouble concentrating.	Strongly Disagree	29.5%	24.7%	24.5%	16.5%	19.1%	17.2%	21.1%	20.5%
	Disagree	43.6%	31.5%	42.7%	35.9%	30.4%	30.1%	32.4%	33.9%
	Agree	25.6%	29.2%	28.2%	33.0%	37.4%	37.6%	36.6%	33.7%
	Strongly Agree	1.3%	14.6%	4.5%	14.6%	13.0%	15.1%	9.9%	11.9%
I believe that my life is going in a positive direction.	Strongly Disagree	1.3%	2.3%	4.5%	2.9%	7.1%	7.5%	11.3%	5.9%
	Disagree	3.8%	6.8%	3.6%	13.7%	6.3%	9.7%	8.5%	8.0%
	Agree	31.6%	40.9%	40.9%	52.0%	46.4%	31.2%	47.9%	43.1%
	Strongly Agree	63.3%	50.0%	50.9%	31.4%	40.2%	51.6%	32.4%	43.0%
I get enough sleep on most days.	Strongly Disagree	0.0%	10.0%	7.3%	14.6%	19.3%	29.0%	31.0%	18.2%
	Disagree	7.6%	15.6%	19.1%	27.2%	36.0%	25.8%	23.9%	25.0%
	Agree	55.7%	44.4%	53.6%	41.7%	27.2%	31.2%	38.0%	39.2%
	Strongly Agree	36.7%	30.0%	20.0%	16.5%	17.5%	14.0%	7.0%	17.7%
I often feel stressed.	Strongly Disagree	28.9%	14.6%	15.3%	11.8%	15.9%	9.7%	15.7%	13.9%
	Disagree	46.1%	31.5%	32.4%	30.4%	25.7%	18.3%	22.9%	26.9%
	Agree	21.1%	28.1%	36.0%	38.2%	34.5%	36.6%	37.1%	35.1%
	Strongly Agree	3.9%	25.8%	16.2%	19.6%	23.9%	35.5%	24.3%	24.1%
I often feel nervous or anxious	Strongly Disagree	40.5%	22.5%	22.9%	17.5%	27.4%	21.5%	25.4%	22.9%
	Disagree	36.7%	36.0%	45.0%	38.8%	30.1%	25.8%	32.4%	34.7%
	Agree	21.5%	27.0%	21.1%	33.0%	25.7%	39.8%	22.5%	28.2%
	Strongly Agree	1.3%	14.6%	11.0%	10.7%	16.8%	12.9%	19.7%	14.2%
I often feel angry with someone or something	Strongly Disagree	41.8%	31.1%	27.9%	18.0%	26.3%	32.6%	30.0%	27.6%
	Disagree	36.7%	40.0%	45.0%	57.0%	49.1%	35.9%	31.4%	43.5%
	Agree	16.5%	18.9%	24.3%	21.0%	16.7%	20.7%	35.7%	22.4%
	Strongly Agree	5.1%	10.0%	2.7%	4.0%	7.9%	10.9%	2.9%	6.5%

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Table 16. Self Concept (continued)

How much do you disagree or agree with the following?		Grade							Total 7-12
		6	7	8	9	10	11	12	
In the past 12 months, I have felt sad or hopeless almost everyday for 2 weeks or more so that it stopped me from doing my usual activities.	Strongly Disagree	82.1%	64.4%	70.0%	46.6%	55.3%	54.8%	56.3%	58.0%
	Disagree	10.3%	24.4%	24.5%	35.9%	29.8%	28.0%	25.4%	28.1%
	Agree	5.1%	7.8%	2.7%	12.6%	9.6%	11.8%	14.1%	9.6%
	Strongly Agree	2.6%	3.3%	2.7%	4.9%	5.3%	5.4%	4.2%	4.3%
In the past 12 months, I have had thoughts of committing suicide.	Strongly Disagree	89.7%	83.3%	77.3%	66.7%	70.3%	66.7%	70.4%	72.4%
	Disagree	5.1%	6.7%	16.4%	20.6%	19.8%	18.3%	14.1%	16.2%
	Agree	3.8%	6.7%	5.5%	8.8%	6.3%	9.7%	9.9%	7.7%
	Strongly Agree	1.3%	3.3%	0.9%	3.9%	3.6%	5.4%	5.6%	3.7%
When I have a problem that is bothering me, I have someone that I can talk to.	Strongly Disagree	6.4%	6.7%	3.7%	10.8%	11.4%	9.7%	9.9%	8.7%
	Disagree	3.8%	10.0%	17.6%	14.7%	10.5%	5.4%	8.5%	11.2%
	Agree	33.3%	33.3%	38.0%	41.2%	41.2%	36.6%	46.5%	39.4%
	Strongly Agree	56.4%	50.0%	40.7%	33.3%	36.8%	48.4%	35.2%	40.7%

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Section 4. Family Domain

Table 17. Family Attitudes Toward Youth Substance Use

How wrong do your parents feel it would be for you to do the following?		Grade							
		6	7	8	9	10	11	12	Total 7-12
Smoke tobacco	Not At All Wrong	0.0%	0.0%	0.0%	0.9%	0.0%	2.1%	2.5%	0.9%
	A Little Bit Wrong	0.0%	3.3%	1.8%	0.9%	4.3%	1.1%	5.0%	2.7%
	Wrong	8.9%	8.8%	14.4%	15.9%	13.7%	16.8%	16.3%	14.3%
	Very Wrong	91.1%	87.9%	83.8%	82.2%	82.1%	80.0%	76.3%	82.0%
Use electronic cigarettes, JUUL	Not At All Wrong	0.0%	0.0%	0.9%	2.8%	0.0%	1.1%	5.1%	1.6%
	A Little Bit Wrong	0.0%	5.5%	6.3%	7.5%	12.0%	5.4%	7.6%	7.5%
	Wrong	6.3%	12.1%	15.3%	25.5%	17.1%	25.8%	24.1%	19.9%
	Very Wrong	93.7%	82.4%	77.5%	64.2%	70.9%	67.7%	63.3%	71.0%
Drink alcohol	Not At All Wrong	2.5%	5.7%	0.9%	5.6%	1.7%	5.3%	3.8%	3.7%
	A Little Bit Wrong	6.3%	4.5%	8.1%	12.1%	13.0%	18.1%	27.8%	13.9%
	Wrong	11.4%	13.6%	19.8%	18.7%	21.7%	23.4%	27.8%	20.9%
	Very Wrong	79.7%	76.1%	71.2%	63.6%	63.5%	53.2%	40.5%	61.5%
Drink alcohol (1 or 2 nearly every day)	Not At All Wrong	0.0%	3.3%	0.0%	0.9%	0.9%	2.1%	2.5%	1.6%
	A Little Bit Wrong	0.0%	2.2%	1.8%	1.9%	0.9%	2.1%	3.8%	2.0%
	Wrong	2.5%	10.0%	12.6%	17.0%	12.8%	17.0%	18.8%	14.6%
	Very Wrong	97.5%	84.4%	85.6%	80.2%	85.5%	78.7%	75.0%	81.8%
Drink alcohol (5+, 1-2 x/wk)	Not At All Wrong	0.0%	3.3%	0.0%	0.9%	0.9%	1.1%	2.5%	1.4%
	A Little Bit Wrong	0.0%	2.2%	1.8%	2.8%	1.7%	3.2%	2.5%	2.3%
	Wrong	2.5%	3.3%	12.6%	17.0%	8.5%	13.8%	10.0%	10.9%
	Very Wrong	97.5%	91.2%	85.6%	79.2%	88.9%	81.9%	85.0%	85.3%
Use marijuana	Not At All Wrong	0.0%	0.0%	0.0%	2.8%	2.6%	3.2%	2.5%	1.9%
	A Little Bit Wrong	0.0%	2.2%	4.5%	7.5%	7.8%	7.4%	13.8%	7.2%
	Wrong	1.3%	4.4%	9.0%	16.8%	16.4%	18.1%	18.8%	14.0%
	Very Wrong	98.7%	93.4%	86.5%	72.9%	73.3%	71.3%	65.0%	77.0%
Mis-use prescription drugs to get high	Not At All Wrong	0.0%	0.0%	0.0%	0.9%	0.0%	1.1%	1.3%	0.5%
	A Little Bit Wrong	0.0%	2.2%	0.0%	1.9%	1.8%	1.1%	0.0%	1.2%
	Wrong	0.0%	0.0%	8.1%	8.5%	6.1%	8.6%	5.0%	6.2%
	Very Wrong	100.0%	97.8%	91.9%	88.7%	92.1%	89.2%	93.8%	92.2%
Gamble (scratch tickets, online, sports, casino, etc)	Not At All Wrong	0.0%	7.7%	4.6%	12.3%	12.9%	11.8%	16.3%	10.9%
	A Little Bit Wrong	13.9%	12.1%	9.2%	21.7%	22.4%	18.3%	21.3%	17.6%
	Wrong	15.2%	23.1%	29.4%	21.7%	20.7%	22.6%	20.0%	22.9%
	Very Wrong	70.9%	57.1%	56.9%	44.3%	44.0%	47.3%	42.5%	48.6%

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Table 18. Family Management

		Grade							
		6	7	8	9	10	11	12	Total 7-12
When I am away from home, my parent/guardian(s) know where I am and who I am with.	Definitely NOT True	0.0%	0.0%	1.8%	3.9%	1.8%	4.3%	5.6%	2.8%
	Mostly NOT True	0.0%	1.1%	1.8%	2.9%	6.1%	3.2%	2.8%	3.1%
	Mostly True	15.2%	17.8%	30.6%	39.8%	37.7%	29.0%	43.7%	33.1%
	Definitely True	84.8%	81.1%	65.8%	53.4%	54.4%	63.4%	47.9%	61.0%
If I break one of my parent/guardian(s) rules, I am usually disciplined.	Definitely NOT True	1.3%	4.4%	3.6%	2.9%	5.3%	3.3%	7.0%	4.4%
	Mostly NOT True	11.5%	6.7%	3.6%	9.7%	7.1%	5.4%	15.5%	7.7%
	Mostly True	42.3%	54.4%	45.5%	40.8%	31.9%	37.0%	40.8%	41.4%
	Definitely True	44.9%	34.4%	47.3%	46.6%	55.8%	54.3%	36.6%	46.5%
My family has clear rules discouraging me from smoking cigarettes or using tobacco.	Definitely NOT True	11.0%	5.5%	14.2%	14.7%	12.3%	7.0%	11.2%	11.0%
	Mostly NOT True	0.0%	2.2%	0.9%	0.0%	2.5%	2.0%	2.2%	1.6%
	Mostly True	2.4%	11.0%	5.3%	10.1%	10.7%	8.0%	7.9%	8.8%
	Definitely True	86.6%	81.3%	79.6%	75.2%	74.6%	83.0%	78.7%	78.6%
My family has clear rules discouraging me from using e-cigarettes, JUUL	Definitely NOT True	11.0%	6.6%	13.3%	12.8%	7.4%	8.0%	12.4%	10.1%
	Mostly NOT True	0.0%	3.3%	0.9%	4.6%	5.7%	5.0%	3.4%	3.9%
	Mostly True	2.4%	13.2%	8.0%	17.4%	17.2%	9.0%	15.7%	13.5%
	Definitely True	86.6%	76.9%	77.9%	65.1%	69.7%	78.0%	68.5%	72.6%
My family has clear rules discouraging me from drinking alcoholic beverages.	Definitely NOT True	8.5%	5.5%	14.3%	11.9%	7.4%	8.0%	11.2%	9.7%
	Mostly NOT True	2.4%	4.4%	0.9%	6.4%	13.1%	5.0%	7.9%	6.5%
	Mostly True	7.3%	18.7%	12.5%	20.2%	21.3%	14.0%	28.1%	19.1%
	Definitely True	81.7%	71.4%	72.3%	61.5%	58.2%	73.0%	52.8%	64.6%
My family has clear rules discouraging me from using marijuana.	Definitely NOT True	11.0%	4.4%	12.4%	11.9%	11.5%	8.1%	7.9%	9.5%
	Mostly NOT True	0.0%	3.3%	1.8%	2.8%	6.6%	2.0%	3.4%	3.4%
	Mostly True	2.4%	11.0%	7.1%	10.1%	13.1%	12.1%	22.5%	12.7%
	Definitely True	86.6%	81.3%	78.8%	75.2%	68.9%	77.8%	66.3%	74.4%
My family has clear rules discouraging me from using a prescription drug not prescribed to me.	Definitely NOT True	9.8%	4.4%	14.2%	12.8%	11.5%	7.0%	11.2%	10.3%
	Mostly NOT True	0.0%	2.2%	1.8%	0.9%	1.6%	2.0%	2.2%	1.8%
	Mostly True	7.3%	9.9%	5.3%	6.4%	8.2%	4.0%	5.6%	6.5%
	Definitely True	82.9%	83.5%	78.8%	79.8%	78.7%	87.0%	80.9%	81.3%

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Table 19. Parental Attachment and Positive Family Involvement

		Grade							
		6	7	8	9	10	11	12	Total 7-12
When I have a problem, I often talk about it with my parent/guardian.	Definitely NOT True	1.3%	5.6%	7.3%	5.0%	11.5%	7.6%	11.3%	8.1%
	Mostly NOT True	7.7%	11.2%	21.8%	21.8%	23.9%	19.6%	25.4%	20.7%
	Mostly True	35.9%	43.8%	34.5%	39.6%	30.1%	38.0%	29.6%	35.8%
	Definitely True	55.1%	39.3%	36.4%	33.7%	34.5%	34.8%	33.8%	35.4%
I feel very close to my parent/guardian(s).	Definitely NOT True	0.0%	0.0%	0.9%	2.9%	3.5%	5.4%	8.5%	3.4%
	Mostly NOT True	1.3%	3.3%	2.7%	6.8%	8.8%	6.5%	7.0%	5.9%
	Mostly True	12.7%	23.3%	21.6%	33.0%	29.8%	17.4%	35.2%	26.6%
	Definitely True	86.1%	73.3%	74.8%	57.3%	57.9%	70.7%	49.3%	64.1%
I feel loved and valued by my family.	Definitely NOT True	1.3%	0.0%	1.8%	2.0%	2.7%	4.3%	5.6%	2.7%
	Mostly NOT True	1.3%	3.4%	2.7%	5.9%	2.7%	4.3%	4.2%	3.8%
	Mostly True	10.4%	16.1%	17.3%	24.5%	26.5%	16.1%	28.2%	21.4%
	Definitely True	87.0%	80.5%	78.2%	67.6%	68.1%	75.3%	62.0%	72.1%

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Section 5. School Domain

Table 20. Perception of School Punishments

What is the most severe thing that is likely to happen to a student who is caught in school doing the following?		Grade							Total 7-12
		6	7	8	9	10	11	12	
Smoking a cigarette	Nothing	1.3%	1.1%	0.0%	0.0%	2.6%	5.4%	3.8%	2.1%
	Sent to the principal's office	1.3%	5.6%	1.8%	1.9%	0.9%	2.2%	2.5%	2.4%
	Detention	10.1%	6.7%	7.3%	10.4%	6.0%	5.4%	7.5%	7.2%
	Suspension	38.0%	55.6%	49.5%	46.2%	52.1%	45.2%	60.0%	51.3%
	Expulsion	31.6%	18.9%	22.0%	19.8%	12.0%	21.5%	13.8%	17.9%
	I don't know	17.7%	12.2%	19.3%	21.7%	26.5%	20.4%	12.5%	19.2%
With an alcoholic beverage	Nothing	1.3%	1.1%	0.0%	0.9%	2.6%	5.4%	3.8%	2.3%
	Sent to the principal's office	2.5%	2.2%	0.0%	0.0%	0.0%	2.2%	0.0%	0.7%
	Detention	6.3%	5.6%	3.7%	0.9%	5.1%	1.1%	2.5%	3.2%
	Suspension	38.0%	46.7%	54.1%	55.7%	51.3%	44.1%	49.4%	50.3%
	Expulsion	38.0%	30.0%	30.3%	25.5%	27.4%	30.1%	36.7%	29.8%
	I don't know	13.9%	14.4%	11.9%	17.0%	13.7%	17.2%	7.6%	13.7%
With marijuana	Nothing	0.0%	0.0%	0.0%	0.9%	2.6%	3.2%	5.0%	2.0%
	Sent to the principal's office	1.3%	0.0%	0.0%	0.0%	0.0%	3.2%	0.0%	0.5%
	Detention	0.0%	1.1%	0.9%	0.0%	1.7%	1.1%	1.3%	1.0%
	Suspension	20.8%	31.1%	38.9%	25.5%	35.0%	23.7%	45.0%	33.2%
	Expulsion	61.0%	56.7%	52.8%	52.8%	47.9%	54.8%	40.0%	50.8%
	I don't know	16.9%	11.1%	7.4%	20.8%	12.8%	14.0%	8.8%	12.5%
Using electronic cigarettes,	Nothing	1.3%	1.1%	0.0%	0.0%	3.4%	6.5%	3.8%	2.5%
	Sent to the principal's office	0.0%	2.2%	5.5%	4.7%	0.0%	3.2%	3.8%	3.2%
	Detention	11.4%	11.2%	10.9%	10.4%	10.3%	9.7%	12.5%	10.8%
	Suspension	38.0%	50.6%	51.8%	60.4%	74.4%	57.0%	60.0%	59.5%
	Expulsion	30.4%	21.3%	19.1%	11.3%	5.1%	7.5%	12.5%	12.5%
	I don't know	19.0%	13.5%	12.7%	13.2%	6.8%	16.1%	7.5%	11.5%

Table 21. Commitment to School

I try hard to do good work at school.	Grade							Total 7-12
	6	7	8	9	10	11	12	
Definitely NOT True	0.0%	2.2%	2.7%	2.0%	2.6%	5.4%	5.6%	3.4%
Mostly NOT True	1.3%	0.0%	1.8%	7.8%	4.4%	4.3%	4.2%	3.8%
Mostly True	12.7%	25.8%	26.1%	29.4%	33.3%	25.8%	40.8%	30.0%
Definitely True	86.1%	71.9%	69.4%	60.8%	59.6%	64.5%	49.3%	62.8%

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Section 6. Gambling

Table 22. Gambling Behavior

		Grade							
		6	7	8	9	10	11	12	Total
		7-12							
How often do you gamble for money or possessions (such as poker, lottery, sports betting, online bets)?	Daily	0.0%	0.0%	1.8%	1.0%	4.3%	2.2%	0.0%	1.7%
	Weekly	2.5%	0.0%	5.4%	0.0%	6.1%	2.2%	1.4%	2.7%
	Monthly	1.3%	4.5%	1.8%	3.9%	3.5%	0.0%	2.8%	2.7%
	Less than monthly	1.3%	11.4%	8.1%	21.6%	20.9%	15.1%	5.6%	14.1%
	Never	94.9%	84.1%	82.9%	73.5%	65.2%	80.6%	90.1%	78.7%

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Section 7. Comparisons
Comparisons to Regional and National Data

Table 23. Comparison of Lifetime Use Rates
Lyme / Old Lyme Lifetime Use Rates (2017), Regional Lifetime Use Rates (SERAC 2014-2015) and National Lifetime Use Rates (MTF 2017)

Substance	Grade								
	8			10			12		
	SERAC (14-15)	MTF (2017)	LOL (2017)	SERAC (14-15)	MTF (2017)	LOL (2017)	SERAC (14-15)	MTF (2017)	LOL (2017)
Cigarettes	4.0%	9.4%	2.7%	9.4%	15.9%	8.3%	17.6%	26.6%	14.6%
Any vaping *	4.1%	18.5%	8.0%	11.1%	30.9%	41.0%	16.7%	35.8%	41.6%
Vaping nicotine	NA	10.6%	5.3%	NA	21.4%	33.9%	NA	25.0%	39.3%
Vaping marijuana	NA	4.0%	2.7%	NA	9.8%	12.8%	NA	11.9%	36.0%
Alcohol	13.6%	23.1%	4.4%	33.4%	42.2%	30.3%	59.3%	61.5%	58.4%
Marijuana	6.6%	13.5%	2.7%	23.7%	30.7%	18.3%	40.3%	45.0%	38.2%
Inhalants	3.7%	8.9%	5.4%	3.9%	6.1%	3.4%	6.0%	4.9%	5.3%
Cocaine	0.3%	1.3%	0.9%	0.9%	2.1%	0.0%	2.3%	4.2%	0.0%
Crack Cocaine	0.3%	0.8%	0.9%	0.2%	0.8%	0.0%	0.5%	1.7%	0.0%
Ecstasy	0.4%	1.5%	1.8%	1.9%	2.8%	0.0%	3.8%	4.9%	3.9%
Hallucinogens	0.7%	1.9%	0.0%	2.0%	4.2%	2.6%	4.8%	6.7%	6.5%
Heroin	0.2%	0.7%	0.0%	0.2%	0.4%	0.0%	0.9%	0.7%	0.0%
Methamphetamine	0.3%	0.7%	0.0%	0.3%	0.9%	0.9%	0.5%	1.1%	0.0%

*MTF- Any vaping, LOL, SERAC Electronic cigarettes

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Table 24. Comparison of Recent Use Rates
Lyme / Old Lyme Recent Use Rates (2017), Regional Recent Use Rates (SERAC 2014-2015) and National Recent Use Rates (MTF 2017)

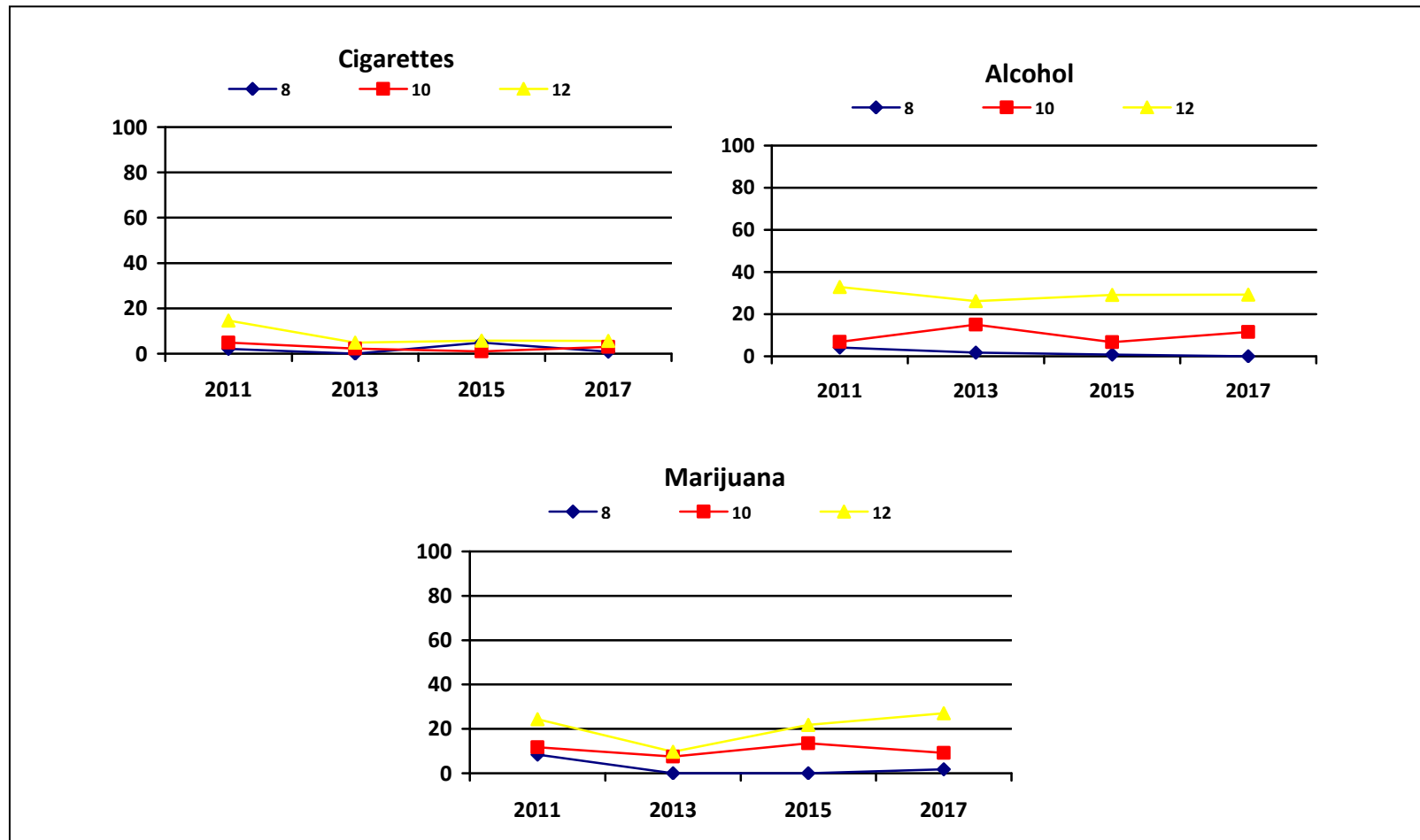
	Grade								
	8			10			12		
Substance	SERAC (14-15)	MTF (2017)	LOL (2017)	SERAC (14-15)	MTF (2017)	LOL (2017)	SERAC (14-15)	MTF (2017)	LOL (2017)
<i>Cigarettes</i>	1.0%	1.9%	0.9%	2.6%	5.0%	0.8%	7.1%	9.7%	5.6%
<i>Alcohol</i>	2.4%	8.0%	0.0%	10.6%	19.7%	11.5%	25.2%	33.2%	29.2%
<i>Marijuana</i>	2.9%	5.5%	1.8%	12.2%	15.7%	9.2%	21.8%	22.9%	27.0%
<i>Any vaping*</i>	1.2%	6.6%	3.5%	4.1%	13.1%	26.2%	5.9%	16.6%	33.7%
<i>Vaping nicotine</i>	NA	3.5%	3.6%	NA	8.2%	21.5%	NA	11.0%	25.9%
<i>Vaping marijuana</i>	NA	1.6%	1.8%	NA	4.3%	4.3%	NA	4.9%	21.3%
<i>Ecstasy</i>	0.2%	0.4%	0.9%	0.7%	0.5%	0.0%	1.0%	0.9%	0.0%

*MTF- Any vaping, LOL, SERAC Electronic cigarettes

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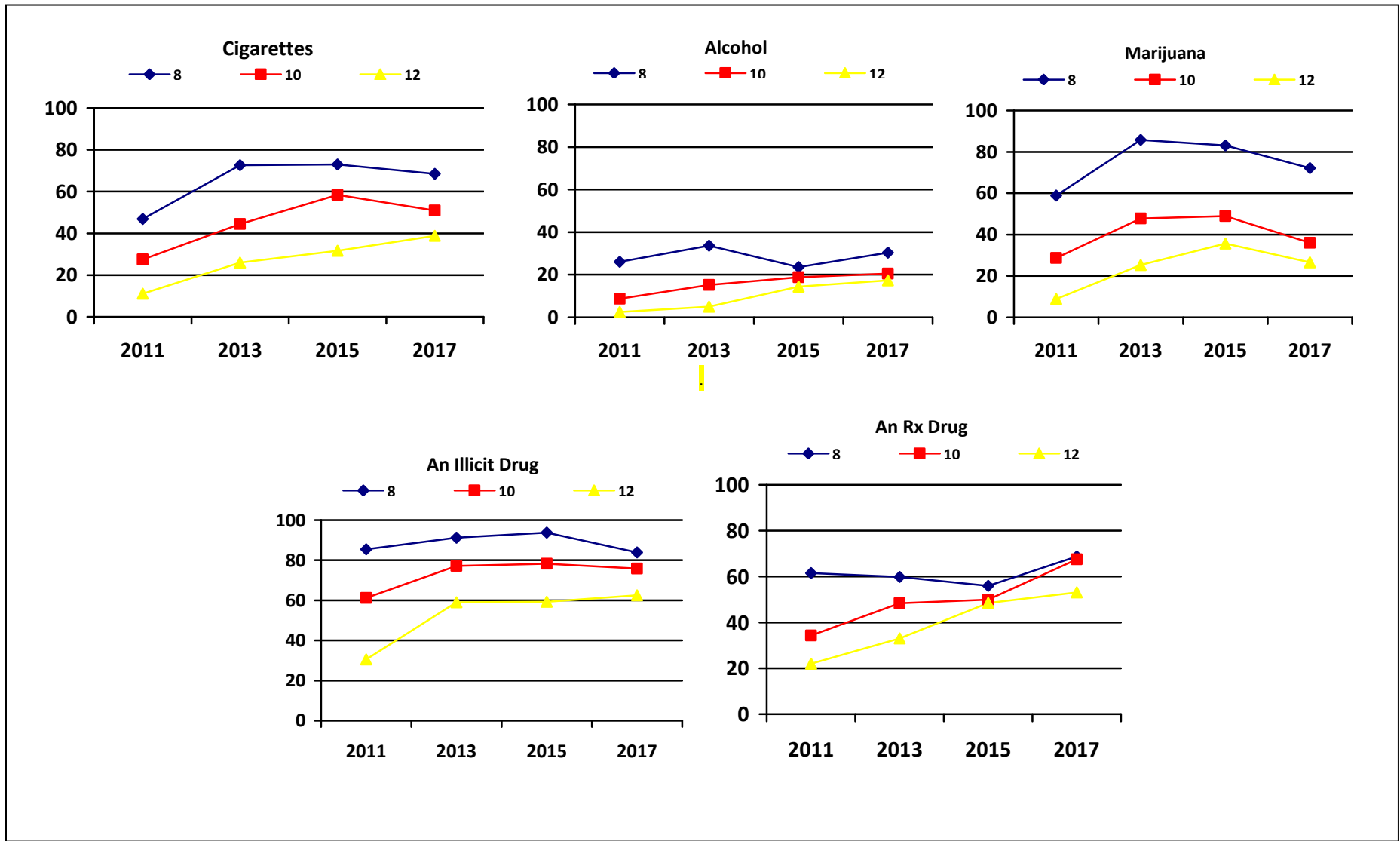
Comparisons to Previous Lyme / Old Lyme Data

Figure 4. Trends in Recent Use Rates Among Lyme / Old Lyme Youth



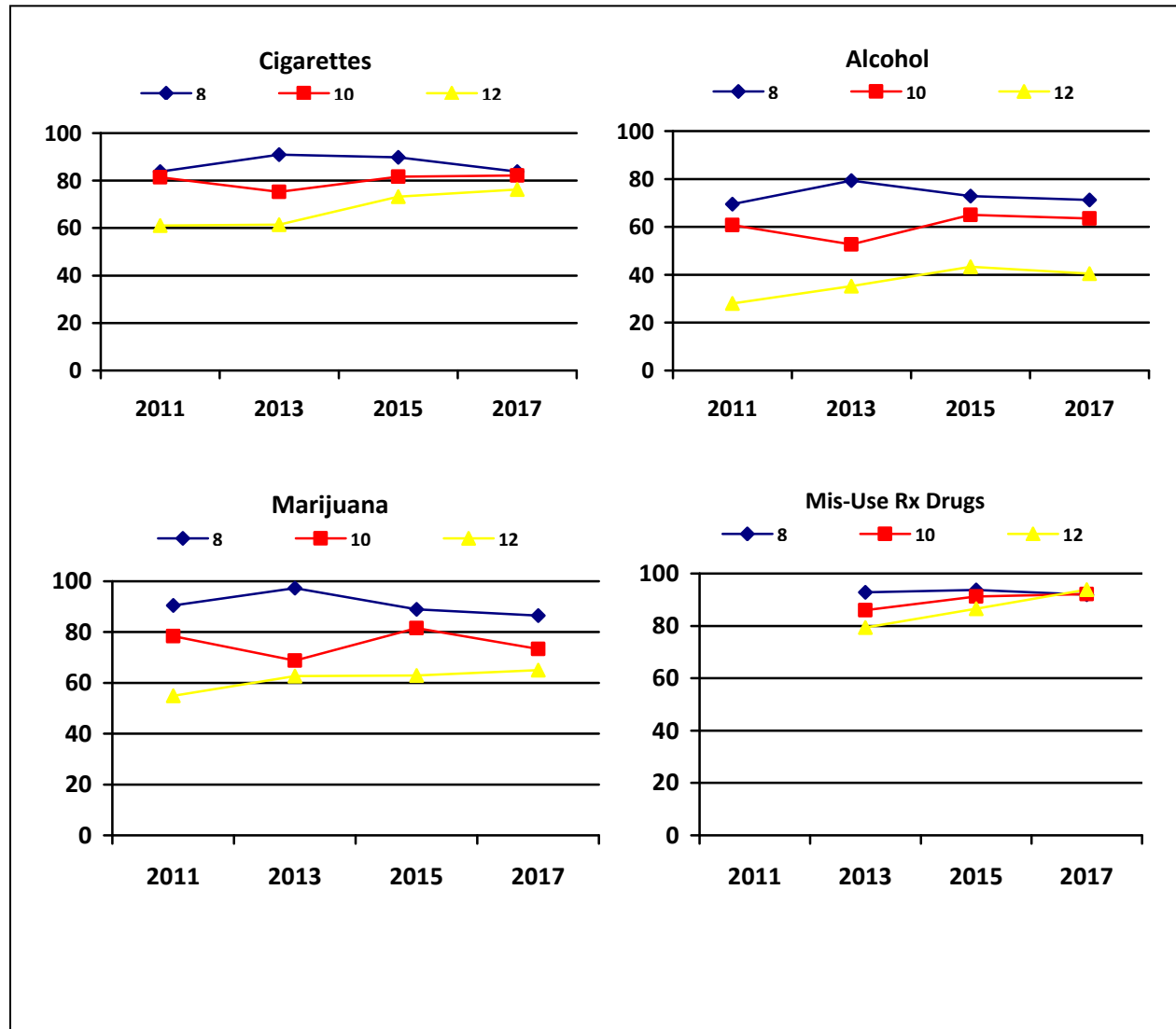
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Figure 5. Trends in Perceived Availability Among Lyme / Old Lyme Youth (% very hard)



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Figure 6. Trends in Perceived Parental Disapproval Among Lyme / Old Lyme Youth (% very wrong)



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Figure 7 Trends in Perceived Harm Among Lyme / Old Lyme Youth (% great risk)

