

# Free Narcan & QPR Training

**LEARN TO SAVE A LIFE**

**Thursday, August 19th**

at Old Lyme Town Hall

6:30 Narcan Training, 7:00 QPR

register for one or both trainings at [www.lysb.org](http://www.lysb.org)

## **NARCAN TRAINING**

6:30-7:00 p.m.

Participants will learn:

- Overdose prevention strategies
- How to administer Narcan
- Good Samaritan Law
- Support info & resources

All participants will receive a free Narcan kit

## **QPR: Question, Persuade, Refer**

7:00-8:00 p.m.

Participants will learn:

- Three steps anyone can learn to help save a life
- Warning signs of a suicide crisis
- How to respond
- Support info & resources

**REGISTER AT [www.LYSB.org](http://www.LYSB.org)**

