



Community Action for  
Substance Free Youth  
**substance free is where it's at**

## Winter Ball

### Information for Parents

#### **LOLHS Winter Ball**

Saturday, December 8, 2012

7:00 p.m. to 11:00 p.m.

Waters Edge Resort and Spa

1525 Boston Post Road

Westbrook, CT 06498

860-399-5901

#### **Specific Suggestions for Parents**

CASFY is passing along these suggestions from parents who have learned from experience.

- If teens are driving, keep a list of names and phone numbers of each rider, along with names, phone numbers and addresses of parents. Also review winter driving guidelines.
- Make sure your teen can contact you throughout the night; consider scheduling check-in times.
- Get a complete itinerary, along with names, addresses and phone numbers of teens your child will be with. Firmly insist that there be no changes in the itinerary without your prior approval.

- Make sure that your teen has phone numbers programmed into his/her cell for trustworthy adults who could pick up your child for any reason.
- *Parents emphasize over and over the need to communicate with your teen specifically about how your child would handle difficult situations such as a) being offered a ride by an intoxicated driver, b) being offered alcohol or other drugs, or c) pressured to do something that makes your teen uncomfortable. Be sure to provide parental instruction on how best to deal with problems that may arise; negative peer pressure can lead teens to use poor judgment before, during and after the Ball.*

### **Parties: After the Ball and during the Holidays**

- It is essential that parents call the hosting parents. Be sure to speak to them directly and check out their plans for alert chaperoning and their rules concerning alcohol and other drugs. Offer to provide food and chaperone. Sometimes parties get organized at the last minute
- Make sure your teen checks in with you upon arrival at the party. Set clear expectations for the rest of the night.
- If you are hosting the party, please know that according to CT's Social Host law not only is it **illegal to provide alcohol to a person under 21, but as a host you are advised to actively prevent use by underage youth on your property** (see enclosed Alcohol Laws and scenarios).
- Parents: suggest checking out everyone's belongings for disallowed items as they enter the home for the party.
- Lock up all of your alcohol and prescription drugs before teens arrive.

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### **CASFY: Community Action for Substance Free Youth**

The Mission of Community Action for Substance Free Youth (CASFY) is:  
Prevent and reduce alcohol and other drug use among Lyme and Old Lyme youth by collaborating with the community to raise awareness, modify social norms, educate youth and adults, initiate policy change and promote healthy activities.