

Lyme and Old Lyme Community Resources

Profiles of Area Organizations Providing Social Services

Spring 2009

Community Resources Roundtable

sponsors:

Town of Old Lyme

Lyme-Old Lyme Council of Churches

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INTRODUCTION

During the winter of 2008-2009, the country's economic ills resulted in marked increases in demand for social services of all sorts in the Old Lyme-Lyme area. Many families and households found themselves seriously stressed, and often didn't know where to turn. Agencies and organizations that provide relevant services found they knew too little about one another's activities to be as helpful and effective as possible when dealing with people in crisis situations.

In order to build greater awareness of which entities provide which services, a Community Resources Roundtable (CRR) was convened on March 19, 2009, bringing together representatives of a wide range of concerned public and private organizations. The Roundtable was sponsored by the Town of Old Lyme and the Lyme-Old Lyme Council of Churches. Timothy Griswold, First Selectman of Old Lyme, and Celine Sullivan, Convener of the Council of Churches, hosted the meeting.

Each participating organization was asked to describe its mission and the services it provides to people in crisis, and to identify its key contact people. Most provided this information in written profiles as well as in oral presentations. Their profile data is collected in this directory.

This directory should be regarded as a "living document," one that will be updated at regular intervals reflecting additions, deletions (hopefully few of those), corrections and changes -- as it moves into circulation and use, and as the economic crisis in America unfolds. Your comments, suggestions and updates will be most helpful in this regard. Please send them to John Forbis (434-0809, johnlforbis@aol.com, If you wish to receive updates and changes as they are made to the directory, please email your request to John Forbis.

OVERVIEW

The spreadsheet which follows provides an overview of the many services catalogued in this directory – enabling the user to quickly identify likely resources in particular situations, then to move where appropriate to the more descriptive detail in the body of the document.

ORGANIZATIONAL PROFILES

The profiles which comprise this section were provided by the organizations Participating in the Community Resources Roundtable in March of 2009.

They are presented here in alphabetical order.

American Legion – Post 41

The American Legion was chartered by Congress in 1919 is a patriotic, mutual-help, war-time veterans organization. A community-service organization which now numbers nearly 3 million members – men and women – in nearly 15,000 American Legion Posts worldwide. These posts are organized into 55 departments – one each for the 50 states, the District of Columbia, Puerto Rico, France, Mexico, and the Philippines.

The American Legion’s national headquarters is in Indianapolis, Indiana, with additional offices in Washington, DC. In addition to thousands of volunteers serving in leadership and program implementation capacities in local communities to the Legion’s standing national commissions and committees, the national organization has a regular full-time staff of 300 employees.

The Lyme American Legion Post #41 was chartered late in 1919 and has been helping Lyme and Old Lyme veterans for 90 years. The Post holds it’s meeting the fourth Tuesday of the month (except July and December) in the American Legion room in the Memorial Town Hall. The Post has a Service Officer and Chaplain positions who help veterans with obtaining benefits, social services and other local municipal and State benefits; along with State and National Veterans benefits. Although these positions may change with each business year, the position is held by Evald (EJ) Johnson.

The American Legion administers the State of Connecticut’s Soldiers’ Sailors’ and Marines’ Fund. This fund provides temporary assistance (e.g., weekly assistance with rental payments, mortgage interest, medical and dental care, etc.) for any veteran who served a minimum of 90 days during a statutory wartime period, was honorably discharged and demonstrates need. Please contact Fred Jones, Norwich Office, (860) 886-8557 or go to the web site, www.ct.gov/ssmf.

The Post additionally assists other community-based organizations with labor and monetary donations. In the past Post 41 gave the Town over \$70,000.00 to help off-set the cost of building the Lymes’ Senior Center and most recently, the Post donated \$37,500.00 to the Rocky Hill Veterans’ Home for an aquatic therapy Pool. The Post has provided thousands of dollars to local organizations and events and there is probably a Legionnaire at every church repair project, helping at every blood drive, on every Town Committee, belongs to a community-based organization and is the first step up and lend helping hand.

To contact the Post:

Commander	Bill Appleby	860-664-0047 (h)	860-662-0613 ©
Sr. Vice Commander	Tom Clements	860-434-8774 (h)	860-908-7933 ©
Chaplain/Service Officer	Evald (EJ) Johnson	860-434-6044 (h)	

The Post maintains a web site at: <http://www.alpost41lymes.50g.com/>

Catholic Charities – Diocese of Norwich

The Office of Catholic Charities is the social service arm of the Catholic Church in the Diocese of Norwich. It provides a wide array of social services to the residents of New London County, Middlesex County, Windham County, Tolland County and Fishers Island, New York. It is funded by the Annual Bishop's Appeal, client fees, and gifts from individuals, corporations and foundations.

The **mission** of Catholic Charities in the Diocese of Norwich is to participate in the saving mission of Christ by providing compassionate, high-quality social services, counseling, education, research and advocacy, with special attention to the poor and disadvantaged.

The Office of Catholic Charities incorporates a number of ministries supportive of persons in crisis situations, regardless of race, ethnicity or religion. These include:

Basic Needs and Case Management Services are provided to individual and families in need of food, shelter, clothing, utility assistance, transportation, medications, information and referral. Clients are helped with immediate needs as well as with developing a plan of self-sufficiency for the future. Case management services include Employment Success Program through Department of Social Services which prepares individuals to successfully engage in their employment plan. There is no charge for these services.

Behavioral Health Services are offered to individuals, families and couples through individual, couple, family and group therapy. We offer 24-hour crisis intervention and emergency services, psychiatric evaluation and consultation, medication assessments. Specific programs include Adolescent Substance Abuse, Parent Education Program mandatory thorough court system for individuals going through divorce proceedings. Fees are based on a sliding scale. Many private insurance plans are accepted. Catholic Charities Behavioral Health Clinic is a Medicaid & Medicare provider. All costs are based on a sliding fee scale.

Pregnancy Services are provided to birth parents and family members, including pregnancy testing, counseling, parenting education, mentors, and foster homes for infants awaiting adoption placement.

Adoption Services to adoptive families, adopted children, and birth parents. The agency conducts home studies, relative searches, domestic and international adoptions. All costs are based on a sliding fee scale.

Family Support Services are offered to individuals and families, including such programs as marriage preparation, marriage enrichment, marriage support, separation and divorce support groups, grief management, singles support activities, natural family planning, parenting education, family life education workshops, chastity/abstinence programs, post-abortion reconciliation and counseling services, and volunteer leadership training.

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Another diocesan ministry, **St. Vincent dePaul Place**, in Middletown, ministers to poor and homeless people, providing a meal program, food pantry, clothing outlet and social service program. Services include counseling, case management, crisis intervention, community outreach, advocacy and referral. St. Vincent's support services staff provides case management for residents of Liberty Commons, a housing project with special consideration for the homeless.

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Catholic Charities contact: Marek Kukulka, Executive Director, 860.889.8346, ext. 267.
St. Vincent de Paul contact: Ron Krom, Director, 860-344-0097

The Church of Christ the King

Mission: The Church of Christ the King serves as the spiritual home to Roman Catholics in the area. It strives to spread the gospel of Jesus Christ in word, sacrament service and action.

Local/Regional Community Service: Parishioners at Christ the King support and participate in several community outreach programs, including ministry to the sick, prison ministry, the St. Vincent de Paul Place in Middletown, and the New London Meal Center, as well as a number of broader outreach initiatives.

On a larger scale, through its affiliation with the Diocese of Norwich (which includes the four counties of Middlesex, New London, Tolland and Windham in Connecticut and Fisher's Island in New York) the Church of Christ the King serves as the gateway to the diocesan programs run by Catholic Charities.

In the past year, in the Diocese of Norwich, Catholic Charities provided help to more than 12,000 individuals and their families through a variety of programs helping clients meet basic needs and supporting, strengthening and empowering them to attain the highest quality of life. The agency is especially dedicated to assisting those with the greatest needs who would not often be served by others

The agency's primary services include Emergency Financial Assistance provided to individual and families in need of food, shelter, clothing, utility assistance, transportation, medications, and housing (including mortgage delinquency counseling). Clients are also offered assistance in developing a plan for future self-sufficiency. Case Management, Behavioral Health, Adoption, Substance Abuse, Pregnancy Counseling and Parent Education services are a few of the many accredited programs available to everyone regardless of race, ethnicity, or religion at Catholic Charities.

For more information:

The Church of Christ the King

One McCurdy Road

Old Lyme, CT 06371

(860) 434-1669

www.christthekingchurch.net

Monsignor Thomas R. Bride, Pastor

Louise Young, Pastoral Associate

Office of Catholic Charities/Office of Family Life

Marek Kukulka M.A., Executive Director

331 Main St., Norwich, CT 06360

(860) 889-8346

www.ccfsn.org

Duck River Garden Club of Old Lyme

The goals of the club are to stimulate a greater interest in gardening and landscaping, to learn the elements of floral design, to create a greater awareness of nature and conservation, and to maintain the beauty of our town through our civic projects.

Plantings at seven major town locations and their maintenance continues to be a prime project for the club. A design team chooses the plants to coordinate the efforts throughout the town. A site leader oversees staffing and maintenance of each site. All members sign up to work at a specific site each year. Plants are chosen for spring, summer, fall and winter and a site cleanup is held each spring and winter.

Books on gardening and related subjects are donated each year to the Old Lyme Phoebe Griffin Noyes Library. A list of recommendations is submitted to the library by the Book chairman for purchase.

Every week throughout the year, members create a display for the reception area at the Old Lyme Phoebe Griffin Noyes Library incorporating plants and/or fresh or dried flowers and are encouraged to include related items in their designs. Several times a year members create fresh floral arrangements for the Lyme Art Association upon request and most recently for the dedication of the town hall. In 2008 members created arrangements to complement paintings in a singular exhibition "Impressionist Giverny: American painters in France, 12885-1915" for the Florence Griswold Museum.

Every year since 1991 members have gathered on Earth Day to do a large scale clean up at a prominent town location. In recent years this effort has been concentrated at the Post Office which serves both Lyme and Old Lyme. A major project this past year was the redesign of the plantings at the Post Office using primarily native plants.

Established in 1980, Duck River Garden Club scholarships are offered each year to deserving high school seniors who reside in Lyme or Old Lyme and plan their future college studies in the fields of horticulture, environmental science or a related field.

Eighteen 30" wreaths are created for all public buildings, schools, library, senior, youth and day-card centers in Old Lyme. Club members gather fresh greens, create the wreaths and large bows and personally deliver them to their designated locations. Members contribute a holiday basket to a needy family identified by Old Lyme Social Services. Members assist residents of Mariner Health Care at Bride Brook in East Lyme to make seasonal flower arrangements to enjoy in their own rooms or to give to their family.

The club only fundraiser is our Annual Plant Sale & Garden Fair. This event involves each and every member in its success and offers fine plants and planting advice from our experienced gardeners for the greater community.

Barbara Beal, President
58 Billow Road
Old Lyme, CT 06371
434-4628 Email: wtrue@comcast.net

The Estuary Council of Seniors, Inc.

Our mission: The Estuary Council of Seniors, Inc. (ECSI) is a nine-town community resource for seniors providing programs, services, education, and advocacy while promoting independent living. ECSI shall provide senior nutrition, transportation, health and support services, and socialization.

ECSI provides hot, nutritious lunches weekdays in the senior center at 220 Main St. We also serve breakfast week days from 7:45 am - 9:00 am and on Saturday from 8:00 am - noon. We ask for a \$2.50 donation from seniors 60 yrs. and older, and \$5.25 for breakfast and \$6.25 for lunch from individuals under 60 yrs.

ECSI delivers Meals On Wheels to homebound seniors 60 years and older including a hot lunch, frozen dinner, and frozen week-end meals as needed. A \$2.50 donation is requested per meal.

ECSI provides medical outpatient transportation (EMOTS) to medical appointments for seniors 60 yrs. and older to locations outside the 9-town Estuary Region. We ask for a \$25 round trip donation for the service.

ECSI offers FREE blood pressure, diabetes, and cholesterol screenings monthly for seniors. We also offer hearing screenings and free legal advice through Connecticut Legal Services.

ECSI offers Better Breathers, Diabetes, Widows/Widowers and Caregivers support groups.

ECSI offers benefits counseling to seniors for Medicare; Title XIX; ConnPACE; ConnMap; Supplemental Insurance; Living Wills; Power of Attorney; and we have a lending closet for walkers, wheelchairs, etc.

ECSI offers health education programs, art courses, exercise programs, computer courses, and many social activities such as cards, billiards, and Wii. We also offer bus trips to various entertainment locations and shopping trips outside the 9-town Estuary Region.

ECSI runs a Thrift Shop in the lower level of the center. The Thrift Shop sells gently used clothing, housewares, books, games, and small furniture.

Our programs are offered at a very low or reduced fee or free. We are funded by Title III funds through Senior Resources Area Agency on Aging, the 9 towns we serve including Old Saybrook, individual donations, fund raising events, and grants.

Contact:

Paula Ferrara
Executive Director
860-388-1611
www.ecsenior.org

Estuary Transit District (9 Town Transit)

The Estuary Transit District has been providing local bus service to the towns of Chester, Clinton, Deep River, Essex, Killingworth, Lyme, Old Lyme, Old Saybrook, and Westbrook. Estuary Transit District runs two basic types of services, Shuttle Routes, and Dial-A-Ride service. This service is called the 9 Town Transit service. All services are open to the general public.

The Shuttle Routes are “flex” routes that cover a $\frac{3}{4}$ mile corridor on each side of the main route. Our Shuttle routes run from the Old Saybrook Train Station to the Madison Stop & Shop, where passengers are able to connect with transportation to New Haven. Another Shuttle route goes from Old Saybrook to Chester and a route from Old Saybrook to Niantic with a connection to all of Southeastern Ct. Presently we are working on a Shuttle route from Old Saybrook to Middletown where we will be connecting with The Middletown Transit District buses.

The Dial-A-Ride service is a door to door service that runs in all nine towns. This service is by reservations at least 24 hours in advance, and covers anywhere in the nine town area.

Shuttle trips are \$1.25 each way and off route is \$2.50. Dial-A-Ride trips are \$2.50 each way.

Any resident age 60 or older many receive free transit tickets valid on any 9 Town Transit Service through a grant from the Senior Resources Agency on Aging with Title III funds made available under the Older Americans Act. To receive a ticket book call 9 Town Transit at 860-510-0429.

During the past year, Estuary Transit District’s board of directors has been focused on ensuring the financial security of the district. This year, with the finances stable, the board plans to begin focusing on improving the service offered and increasing rider ship throughout the nine town area.

The Estuary Transit District web site provides additional information on these services:
www.estuarytransit.org

Contact:

Customer Service
Estuary Transit District
455 Boston Post Road
Old Saybrook, CT 06475
860-510-0429

The Federation of Old Lyme Beaches

The Federation of Old Lyme Beaches is a private corporation.

Its purpose of the organization is to benefit and promote the common interest of the beach and shore communities of Old Lyme in relations with the general public, Town government, and the people of Old Lyme. The Federation shall serve as a central agency for communications, social, political, and commercial cooperation of these constituents.

The Federation collects dues from each beach association and has developed a funding plan to meet annual capital needs of the Federation of Beaches.

The Federation meets monthly to discuss business and to address issues that concern the beaches and the Town of Old Lyme. As more families of the beach community become permanent residents of the Town, the Federation has worked very hard in recent years to foster an improve relationship between the two groups.

To that end, the Federation has worked closely with the Police, Selectmen, and the Board of Finance. Through this combination of resources, the Federation purchased an ATV to provide improve security for the beaches, and the Town provided the cost of operations, maintained, and insurance. The Town further provided additional equipment for the vehicle. This purchase has improved security at the beaches between the hours of 10 and 3. If further has brought a positive working relationship between the beaches and the Town.

The Federation is aware that many of the residents of the beach community are experiencing economic difficulties. The Federation is committed to promoting the services of the Town in an effort to assist them during this time.

In return, The Federation offers the resources of personnel and facilities to assist the Town in serving and supporting the demands of providing services.

Information:

Scott Boulanger, President

scott.boulanger@pw.utc.com

www.federationofoldlymebeaches.org

(860) 537-4763

First Congregational Church of Old Lyme

Mission

Following the life and teachings of Jesus Christ, we are a church that strives to be a place of grace, welcoming all regardless of theological expression, age, race, gender, sexual identity, national origin or financial means. In our Church Constitution, we recognize that “each member shall have the undisturbed right to follow the word of God according to the dictates of his or her own conscience, under the enlightenment of the Holy Spirit.” FCCOL, established in 1665, cherishes its proud Pilgrim tradition. We are a member of the United Church of Christ.

Direct services:

- **Worship services:** Sunday Services, Special Services: weddings, memorial services, prayer services etc. Services at South Lyme Chapel
- **Christian Education:** Sunday School for Toddlers through 8th grade, Junior High Pilgrim Fellowship, Senior High Pilgrim Fellowship, Confirmation Classes, a variety of Adult Education programs.
- **Music:** Senior choir, All-age choir, and Children’s choir, Bell Choir, Special concerts
- **Personal Support Ministries** – Ministers’ Discretionary Fund, Pastoral Care and Counseling, Care Connection (provides food and support to ill and house-bound) hospital and home visitations.
- **Food Ministries** – The Food Pantry and a site for the Shoreline Soup Kitchen, monthly service at the New London Soup Kitchen
- **Ladies Benevolent Society** – supports the missions of the church through the White Elephant Sale and other programs.

Indirect Services:

FCCOL Provides a meeting place for the following organizations on a regular basis:
Boys Scouts and Girl Scouts, Alcoholics Anonymous, National Alliance for the Mentally Ill, Musical Masterworks, Florence Griswold Museum, Child and Family, Mom’s Club

Missions

Our Board of Missions disperses more than \$100,000 per year to various organizations and initiatives in our own local area, the broader area, and around the world. Through work in our partnerships (Green Grass Community on the Cheyenne River Indian Reservation, The Children’s Storefront School in Harlem, The Central Methodist Mission of Johannesburg, S.A., the community of Beit Sahour in occupied Palestine, Habitat for Humanity in SECT, Koinonia Farm in Georgia) we make an intentional effort to engage the members of our congregation in the “work to which Christ has called us.”

Resources

The church is supported through the annual giving of members and friends. Some annual support is provided through income from our endowment fund and the Ladies Benevolent Society.

Contact Information

2 Ferry Road
Old Lyme, Connecticut
(860) 434-8054 or (860) 434-8686
Website: www.fccol.org
Email: fccol@snet.net

The Rev. David W. Good	Senior Minister
The Rev. Carleen R. Gerber	Senior Associate Minister
The Rev. Rebecca T. Crosby	Associate Minister
The Rev. Eileen B. Sypher	Associate Minister (part time) Adult Education
The Rev. Elaine McNally Fitzpatrick	Minister of Visitation (part time)
The Rev. Cynthia Willauer	Minister of the South Lyme Chapel of FCCOL
Joan Kelley	Secretary
Bob McCracken	Office Administrator

Lyme Municipal Agent for the Elderly

The role of the Municipal Agent for the Elderly is to disseminate information to elderly persons and assist them in learning about the community resources available to them. Listed below are the agencies and phone numbers most often requested by senior citizens in Lyme.

INFOLINE (dial 211) This is a telephone information, referral, advocacy, and crisis helpline. INFOLINE is free, confidential, and available 24 hours a day, every day.

Interim Healthcare (434-9003) Visiting nursing service is provided to the Town of Lyme by Interim Healthcare. A nurse from Interim Healthcare is at the Lymes' Senior Center every Friday from 12:00 PM -1:00 PM for Lyme residents.

Estuary Council of Senior Clubs (388-1611) Call for the following services: meal site reservations, homebound meal delivery, claims filing assistance, identification cards, information and referral, regular transportation for medical appointments and dial-a-ride to other community destinations.

Senior Resources (formerly Eastern CT Area Agency on Aging) (860-887-3561) Offers the CHOICES Program which provides older adults with health insurance counseling, information and referral to senior agencies, and eligibility screening for general state and federal benefits programs.

Thames Valley Council for Community Action (TVCCA) – Energy Assistance (860-889-1365) Administers the Connecticut Energy Assistance Program (CEAP), the State Appropriated Fuel assistance (SAFA)Program, and Contingency Heating Assistance program (CHAP) to help low income households pay their heating bills.

Lymes' Senior Center (860-434-1427) Lunchtime meal site, programs such as exercises, Tai Chi, computer instruction, card playing, pool table, creative writing, bingo, art lessons, jigsaw puzzle corner, outdoor lawn games.

Lymewood (860-434-2120) Elderly housing

Department of Social Services Elderly Services Division: Referral Line (1-800-218-6631) or call Middletown

DSS Norwich Office (860-704-3100) Services include Alzheimer's Programs, Medicare Assignment program (ConnMAP), Conservator of Estate Program, Conservator of Person Program, Conservator of Person program, Eldercare Locator Service, Information and Referral, Nursing Home Ombudsman Office, prescription Drug assistance (Conn Pace), Medicare Savings Programs (QMB, SLMB, ALMB).

Connecticut Legal Services, Inc. (860-456-1761) Provides free legal services to seniors with great social and/or economic need.

Grandparents as Parents Support Program (GAPS) (860-887-3561) The DSS Elderly Services Division has developed a network of over 120 agencies, individual sand organizations that are providing service or assistance to grandparents and relatives who have taken on the responsibility of parenting.

Protective Services (1-888-385-4225 or 860-704-3046) If you suspect or believe that an elderly person age 60 or older is a victim of abuse, neglect (including self-neglect) or exploitation, contact Protective Services.

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Lyme Municipal Agent for the Elderly (continued)

Connecticut Pharmaceutical Assistance Contract to the Elderly Programs (ConnPACE) (1-800-423-5026) the Department of Social Services operates the ConnPACE program, which pays the cost of prescription drugs, after a \$12 co-pay per prescription for people 65 and older. Effective Jan. q 2008, incomes must be under \$23,700 for single persons, or under \$31,900 for married couples. Applications are available at the Lyme Town hall or online at www.connpace.com.

As your Municipal Agent for the Elderly, I am available to hear your questions, comments, concerns, or ideas. Feel free to call me during regular business hours at 434-5185 and I will be happy to assist you.

Respectfully submitted,

Linda A. Winzer,
Municipal Agent for the Elderly
Lyme CT

Lyme Social Services

The primary function of Social Services in Lyme is to provide referral information to individuals and families who find themselves in need and do not know where to turn for help. Often those who call find themselves in temporary or difficult circumstances due to job loss, illness, divorce, etc. Often the calls come from concerned relatives, friends, and neighbors who want to help those they care about find the help they need. Fortunately we live in a time and place where that kind of caring and concern still exists.

Most calls are for referrals to financial and medical assistance programs provided through the State of Connecticut Department of Social Services, or for fuel assistance provided through the Thames Valley Council for Community Action (TVCCA) who administers the Connecticut Energy Assistance Program (CEAP) in New London County. The Town of Lyme appropriates funds annually for TVCCA to assist them with this vital work.

Occasionally calls are received for emergency situations, such as when a fuel tank is empty or a fire has occurred. Through generous donations by local individuals and organizations, emergency needs can usually be met.

Included in the Town of Lyme's Annual Report is a comprehensive listing of agencies and organizations that provide assistance for a variety of needs. This is particularly helpful for those who find it difficult to make that phone call asking for help. For those who do make the call, all efforts are made to insure that they receive the referrals, resources, and reassurance they need.

Contacts

Lyme Town Hall
480 Hamburg Road
Lyme, CT 06371
434-7733

Contact Person:
Linda Winzer
P.O. Box 772
Old Lyme, CT 06371
434-5185

Lyme/Old Lyme Girl Scouts

Mission:

“Girl Scouting builds girls of courage, confidence and character who make the world a better place.”

Current Services:

Current services include activities within the local community through volunteer service. Examples are food drives for local food pantry, earth day clean-up, trail clean up at sites such as Watch Rock, and volunteer donations and work at local animal shelter.

Resources:

Volunteer workforce comprised of local girl scouts, leaders and their families and friends.

Contact Information:

Lori Kolar
3 Windward Lane
Old Lyme, CT 06371
(860) 434-1700
lorikolar@sbcglobal.net

Lyme – Old Lyme Junior Women’s Club

Mission:

The Lyme – Old Lyme Junior Women’s Club (LOLJWC), consisting of over 90 members, is celebrating 43 years as a not-for-profit service organization. The objective of our club is to bring together women interested in community service, fellowship, cultural, educational and civic advancement.

Current Services:

We participate in the following services annually:

Annual Benefit Art Show – main beneficiaries this year are: Shoreline Soup Kitchen and Pantries, New London Firefighters Burn Unit, Women’s Center of Southeastern CT, Child and Family Services and Camp Claire; funding permitting we will also donate to town services/organizations such as PGN Library, EMS services in Lyme and Old Lyme, Lyme Youth Service Bureau, Estuary Council of Seniors, etc.

Holiday collections – Thanksgiving, Christmas, Mother’s Day (compile “baskets” with food, holiday themed items, personal items, candles, napkins, placemats, clothing, toys, baby items, etc.)

Two \$1,000 scholarships to graduating Lyme/Old Lyme seniors going on to higher education
VNA kindergarten screening

Food drives

Adopt a family for the holidays – through social services we take 2 families and provide the items on their wish lists

Fundraisers – varies by year

Resources:

We as a group, donate our time, goods and money to provide for the above mentioned services. We would like a list of resources for those in need as we often get a request and don’t have the expertise or ability to help with these requests.

Contact Information:

LOLJWC
PO Box 622
Old Lyme, CT 06371
www.loljwc.com

Co-presidents:

Kim Melluzzo
10 Bank Road
Old Lyme, CT 06371
860-434-6913
melluzzodesign@comcast.net

Linda Hamilton
16-1 Library Lane
Old Lyme, CT 06371
860-434-5359
lindahamilton@snet.net

Lyme–Old Lyme Lions Club

Founded in 1972, the Lyme-Old Lyme Lions Club is one of more than 45,000 Lions Clubs in over 200 countries around the globe. The mission of Lions Clubs International, (founded in 1917), is *to create and foster a spirit of understanding among all people for humanitarian needs by providing voluntary service through community involvement and international cooperation.*

The LOL Lions Club’s mission is *to foster and support eye related endeavors and other community service in the following order of priority: Lyme-Old Lyme area, Southeastern Connecticut, Statewide, Nationally and Internationally.* Good fellowship, informative speakers and club business comprise LOL Lions’ monthly meetings at the Hideaway Restaurant in Old Lyme on the second Wednesday of each month.

With a growing membership of over 50 men and women from a wide variety of backgrounds, our club is committed to building a better future in many ways. The LOL Lions Club projects a strong presence for Lionism through unselfish voluntary service consistent with the Lions credo ‘WE SERVE’. We continue to expand our service focus to help meet a variety of real needs in our own community and beyond.

LOL Lions consistently come to the aid of our fellow residents in need through financial support of Lyme and Old Lyme Social Services where assistance is rendered anonymously to those unable to meet critical health expenses including, but not limited to vision, and to those needing assistance with fuel, food and utility bills. We provide three scholarships annually to deserving LOL High School seniors who are continuing their education beyond high school. We also support the Lymes’ Youth Services Bureau.

Recently, we have become the sponsor of a **LEOS Club** at the high school as a part of the Community Service Club. ‘LEO’ stands for ‘Leadership’, ‘Experience’ and ‘Opportunity’. LEOS are involved in a number of community-service projects of their choosing and they also assist in LOL Lions Club projects. Ms. Katia Kingston, a LOL Lion and a teacher at the high school serves as advisor to the club.

Lions Clubs worldwide are dedicated to sight conservation and research. The LOL Lions Club supports a variety of vision-related initiatives:

The Connecticut Eye Research Foundation – funds renowned facilities including UCONN (vascular eye care and retinal imaging) and Yale (advanced diagnostic services and groundbreaking research).

Lions Low Vision Center of Eastern Connecticut – provides vision aids to adults with serious vision impairment and helps them achieve independence in daily activities.

Fidelco Guide Dog Foundation – a nationally know Connecticut-based organization that trains dogs for the blind.

CRIS Radio – (*Connecticut Radio Information Services for the Blind*) provides free newspaper and other reading services the blind on local radio stations.

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Lyme–Old Lyme Lions Club (continued)

The Juvenile Diabetes Research Foundation - funds research on diabetes in children, a major cause of blindness.

Raising Funds - The LOL Lions Club generates income through a number of fund raising activities in the community including: Annual Memorial Day Antique Car Show; Super Bowl Sunday Pancake Breakfast; ‘Sight Letter’ appeal to all residents of Lyme and Old Lyme; The Lyme-Old Lyme Telephone Directory (in conjunction with Robins BrookLLC); ‘Dancing Under the Stars’ – a first-time event scheduled for June, 2009. We adhere to strict fund raising guidelines to ensure that the monies raised are put to work with a minimum of overhead. We achieve this through our willingness to raise funds through the voluntary efforts of our membership while striving to minimize expenses. Few organizations can match the fund raising efficiency of Lions Clubs.

For information on membership in the LOL Lions Club contact:

Jack Oliver, President
860-434-8333.
joliveroldi@sbcglobal.net

Mike Kolar
CRR Representative
860-434-1700
mkolar@sonalysts.com

Lyme - Old Lyme Regional School District # 18

Mission Statement

Five small schools with one big idea: to create and nurture the passion for life-long learning. Exemplary educators and quality facilities power all students to realize their potential and to be responsible citizens. Excellent schools build a strong community; excellent learners ensure a bright future.

Within the education institution, there are a number of services available to children and parents. Students identified as in need of special education services receive academic instruction in their area(s) of need. Related services are offered in order to support student's special education program when necessary for speech and language therapy, counseling and occupational and physical therapy.

Other services include:

- School psychologists and guidance counselors (middle and high schools) develop and assist with programs such as the High school Big Brothers/Big Sisters program, counseling services (e.g., divorce, social skills).
- Support staff are resources for parents on topics such as child development and academic and behavioral interventions.
- School personnel also assist families by providing information about other agencies such as the Lymes Youth Service Bureau (L.Y.S.B.).
- Student assistance and crises teams meet to address concerns and provide support for students at risk.
- Additionally, school nurses address the medical needs of students and students who qualify may receive free or reduced price school lunches.

Contact:

Barbara Fitzpatrick/School Psychologist
Lyme/Old Lyme Middle School
53 Lyme Street
434-2568 x2005
bfitzpatrick@region18.org

Lymes' Youth Service Bureau

LYSB MISSION:

The Lymes' Youth Service Bureau, a private non-profit agency, is dedicated to promoting the positive development of children and youth in Lyme and Old Lyme.

Mandated by Connecticut General Statute, a Youth Service Bureau (YSB) is an agency that is designed for planning, evaluation, coordination, and implementation of a network of resources and opportunities for children, youth, and their families. In addition, YSBs are responsible for the provision of services and programs for all youth to develop positively and to function as responsible members of their communities.

LYSB PROGRAMS & SERVICES:

- Counseling for youth (fee is charged on a sliding scale, some clients pay \$0)
- Resource Referral/ Crisis Intervention
- PARENT RESOURCE PROGRAMS:
 - Playgroups (for ages newborn through 4) for children and caregiver. Meets weekly throughout the year. Including some "theme" groups such as new moms group, Spanish playgroup, music group, sign language.
 - Parents As Teachers provider
 - Parenting education, through a variety of programs and services
 - Home visits
 - Collaboration w/schools
 - Divorce education programs for parents
- YOUTH PROGRAMS:
 - After-school programs (middle and elementary)
 - Community service groups for all age levels
 - Youth development programs
 - Babysitting training classes
 - Summer programs (Park & Rec, summer program, Beach Dances, etc)
 - Youth Job Bank
- Lead agency for local prevention coalition CASFY (Community Action for Substance Free Youth)
- Town wide events (Midsummer Festival, Memorial Day Fair, Halloween Party/Parade, The Bizz, Youth Art Show, Bunny Hop, Family Day)

continued...

Lymes' Youth Service Bureau (continued)

Other information about LYSB:

Founded in 1978 by concerned citizens in Lyme and Old Lyme.

Private non-profit agency

Member of Connecticut Youth Services Association

Staff: Three full time, two part time, and additional per diem counselors as needed

Board of Directors – active and involved

Annual budget 2008/2009: \$289,000. Income comes from:

20% Program fees

40% State & Town funding

40% Contributions from individuals, foundations, two major fundraisers

Contacts:

Mary Seidner, *Director*

Arleen Sharp, *Parent Resource*

Administrative Supervisor

lymesyouthbureau@sbcglobal.net

lymesyouthbure7636@sbcglobal.net

Lymes' Youth Service Bureau

P.O. Box 589

Old Lyme, CT 06371

860-434-7208

Old Lyme Affordable Housing, Inc

Les Reynolds, Executive Director

OLAH is an all-volunteer, independent, 501(c)(3) corporation, created in 1993 by the Lyme/Old Lyme Council of Churches and congregations to address the Town's affordable housing issues.

Status

We have the skills, finances and Community Land Trust know-how to build and sell houses to qualified buyers - one at a time - any time we have land, at virtually no cost to the Town. Few social services can make that claim.

This year we have had no new property. Our three existing homes are fine but we need to give more support to the young families Old Lyme needs to balance its mix of residents. Our focus to date has been on enabling affordable homes for young people - our adult children, teachers, school workers, firefighters, business employees, ambulance workers, social service providers.

Background

We have built three "forever affordable" homes for 4 candidate families (one family moved nearer their job in Ledyard). We are prepared to build or acquire houses and sell them to qualified first time home-buyers with household income below 80% of the region's median income whenever we have land on which to build. The properties are held by OLAH as Community Land Trusts, and the homes are held by the owners, using Essex Savings Bank mortgages, nothing down, good rates, and virtually no closing costs. Home owners pay taxes on their houses, and when they move on we work together to transfer home ownership to our next approved candidate.

Members and staffs of three churches in Old Lyme (First Congregational, St. Ann's Episcopal and Christ the King Roman Catholic) have provided critical financial and volunteer staffing support for OLAH, with help from individuals, businesses, and a few foundations.

The Kiernan & McCulloch families donated land for our three houses. We seek more gifts of buildable land (or fixer-upper houses) so that church/community volunteer work teams can do much of the building, lowering building costs with a gain in community involvement). The land must be available at almost no cost because we hold the land in trust to keep the houses forever affordable, and we cannot recover money spent on land or property acquisition.

In searching for land donors, we work with Town Officials, Landowners, Developers, Realtors, Architects, Attorneys, Legislators, Community & Church Leaders, Estate Managers, Non-Profits, Foundations, Business & Professional Managers, Corporations, Philanthropists and any other interested individuals. We seek help from volunteers who want to help deliver affordable housing.

To learn more:

call Les Reynolds, Executive Director (860-322-4006)
write us at: P.O. Box 1044, Old Lyme or
e-mail us at: Lesdiane@comcast.net

Old Lyme Fire Department Inc.

69 Lyme Street
Old Lyme, Ct 06371

The Old Lyme Fire Department Inc. is an entirely volunteer fire department that was formed to provide Fire protection and other related emergency services to the residents of Old Lyme and on a Mutual Aid basis to neighboring communities.

Currently the Old Lyme Fire Department inc. operates and maintains:

Lyme Street Station, this fire house houses five fire trucks and is located in the center section of the town. This station has a large meeting room and kitchen facilities on the second floor that could double as a shelter but it is not ADA compliant.

Boughton Road Station, This Fire House houses three fire trucks, a Zodiac rescue boat, Ice rescue boat, Ambulance 30, and is located at 189 Boston Post Rd in the North end of town. This station has a communication center and small conference room that is Old Lyme's Emergency Management Center.

Cross Lane station, This Fire House houses two fire trucks, a Zodiac rescue boat, Ice rescue boat, Ambulance 37, Responder 37, and is located at 14 Cross Lane in the South End of town. This station has a moderate meeting room and kitchen facilities that could double as a shelter and is ADA compliant.

Contacts;

Robert (Bob) Pierson
President OLFD
26-2 Short Hills Rd
(860) 434-0233
robert.pierson@snet.net

David Jewett
Chief OLFD
154 Boston Post Rd
(860) 434-3763
chief@olfd.org

Old Lyme Municipal Agent for the Elderly

Mission Statement

The municipal agent for the elderly is a state mandated position for every town to provide information to the elderly and their families on senior issues. In Old Lyme we have our visiting nurse, Linda Camarra, for health care; our social services director, Sherry Meyer for elderly programs; our senior center for senior activities, and two elderly and handicapped subsidized housing locations.

Current Services

Give advice and direction to the elderly and their families on senior issues

Resources Available

State and local resources

Contact Person

Don Tapper
434-5334

Old Lyme Phoebe Griffin Noyes Library

The mission of the Old Lyme Phoebe Griffin Noyes Library is to serve as a center of information for the Old Lyme community and to foster the cultural enhancement and development of an informed and knowledgeable community of Old Lyme residents.

In pursuit of this mission, the library assembles, organizes, preserves and administers collections of books and other educational and recreational materials to provide free and convenient access to these collections by our patrons. This is further enhanced by the trained professional and support staff who actively encourage the use of library resources, services and programs.

Collections in greatest demand are best selling books, DVDs, and audio books. Last year, the Old Lyme library circulated approximately 76,000 items and held 205 programs attended by 3,550 participants. Additionally the library has seven computer workstations, and there were 10,000 uses of these computers last year. We also have five laptop computers with wireless connections to available for use within the library. Patrons can also connect to our wireless connection using their own laptops.

The library is a frequent collaborator with the many groups and organizations based in town. Our Homebound Services Program delivers books to persons who are temporarily or permanently homebound. The success of this program is due in part to our strong relationship with the Lymes' Senior Center. The Library also lends curricular support, staff expertise, and programming resources to collaborate with the Regional School District #18 and Lymes' Youth Service Bureau (LYSB).

The Library has worked cooperatively with local arts organizations, the LYSB, the Chamber of Commerce, and the Town organizing the Midsummer Festival. More recently, we have shared resources and expertise with the Old Lyme Historical Society, by providing part-time use of the Old Lyme Room housing genealogical collections.

On a somewhat smaller scale, the library has conducted a "Food for Fines" program which resulted in the donation of over 100 pounds of non-perishable food items to the Shoreline Soup Kitchens and Pantry, and the Friends of the Library donate used books and videos to area hospitals and treatment centers.

Like many libraries, we are experiencing increased demand for our services during these difficult economic times. We look forward to working with local social service agencies to continue and expand these efforts in order to best serve the needs of our community.

Mary Fiorelli: Director - mfiorell@oldlyme.lioninc.org

Linda G. Alexander: Head of Information Services - lalexander@oldlyme.lioninc.org

Old Lyme Social Services Department

Mission

*It is the mission of the Town of Old Lyme Department of Social Services to enhance the quality of life and self-sufficiency of people in need of **EMERGENCY NON-CURRENT** financial services. We provide advocacy, planning, resources and deliver these services in partnerships with public and private organizations. Services will be provided courteously, confidentiality and promptly. No one will be discriminated against due to his or her race, color, natural origin, religion, sex, age, disability or marital status.*

The Social Services Department is a service that provides information and assistance in a whole range of areas, especially in an emergency mode. This department helps when people don't know where to turn. Our financial assistance is made possible by the Emergency Crisis Fund, established in 1984 from donations by residents and local organizations. If we are unable to provide the kind of assistance needed, we will refer you to a state agency or non-profit organization that can help. We are constantly upgrading our information by attending workshops and informational seminars. The Social Services Department is located in the Lymes Senior Center. All phone calls and applications are confidential.

Old Lyme Social Services Department offers the following services/assistance:

- Renter's Rebate Intake Applications
- Energy Assistance Intake Applications
- Food Stamp Applications
- WIC Information & Applications
- Husky Information & Applications
- ConnPace Information & Applications
- Warm the Children Referrals (Pictorial Gazette Program)
- Ryefield/Lymewood Housing Information & Applications
- Nustart Information & Applications
- Local Food Pantries & Meal Sites Information
- Holiday Food & Gifts Baskets
- Salvation Army Back to School Shoes & Backpacks

Sherry A. Meyer
Social Services Coordinator
26 Town Woods Road
Old Lyme, CT 06371
(860) 434-4127
smeyer@oldlyme-ct.gov

Old Lyme Visiting Nurse Association, Inc.

Since its founding in 1922, the Old Lyme Visiting Nurse Association has, through the provision of information and direct services, remained committed to the health and well-being of our community. With the help of donations, gifts, and memorial bequests, we have offered free health care to thousands of people in Old Lyme and Lyme.

We continued this tradition in 2008. The town nurse, Linda Camarra, made 556 home visits and reported 1, 123 client visits to her office in the Lymes' Senior Center. In addition, with the assistance of our dedicated corps of volunteers, we reached 869 people through clinics, a health fair and testing and screening programs. Our services remain available to a broad spectrum of local residents, allowing us to stay true to our motto of "Caring for All Ages."

Services

Home Health Visits House calls from the town nurse are available for anyone confined at home because of ill health. The nurse makes periodic check-up visits to evaluate the person's health status and consults with family members or medical personnel as needed.

At-Home Skilled Care These services are available through our agreement with Interim HealthCare. Interim Health Care provides a full range of services including, skilled nursing, therapists (physical, occupational, speech/language), certified home health aids, companions/homemakers, and medical social workers.

Free Consultations The town nurse's office at the Lymes' Senior Center is accessible to all she is available for walk-in visits each weekday from 12 noon to 1 p.m. The office phone number is 434-7808.

Home Visits for New Parents; Referrals for Uninsured Children A free at-home consultation from the town nurse is available for any parent with a newborn. Appointments may be scheduled by calling her office. For other medical needs, we refer uninsured children to the State of Connecticut's HUSKY program. Information is available by calling the toll-free phone number: 1-877-CTHUSKY.

Preventive Health Care We provide a wide variety of preventive services each year: flu and pneumonia immunizations, blood pressure checks, adult audio and memory screening, and a blood pressure clinic and health presentation at the district high school.

Annual Health Day Held each November, this event offers diagnostic blood tests, physician and other medical professional screenings and consultations for skin cancer and for vision, dental, and foot health; blood pressure checks; and dietitian and nurse consultations. At display tables staffed by health care personnel, we offer free literature, samples, and home test kits. Other services are added yearly to meet anticipated community needs.

Pre-Kindergarten Audio/Visual Clinic This service, conducted each spring, tests the hearing and vision of incoming students to help ensure their readiness for learning. The clinic is free and staffed with professionals in each field, and is coordinated with the district's elementary school nurses and office personnel.

Ms. Muriel Drugan
Executive Director
Old Lyme Visiting Nurses Association
434-5241
murdr@aol.com

Ms. Linda Camarra, R.N.
Visiting Nurse
Old Lyme Visiting Nurses Association
434-7808

Old Lyme Volunteer Ambulance Association, Inc.

MISSION:

- provide emergency medical response to Old Lyme as required by state law
- provide emergency medical transport when required for above
- provide ems support for OLF D as needed
- provide organizational support for volunteer members such as training, equipping, maintaining records, operating and maintaining ambulances, billing, distribution of incentive funds, etc.
- administer mandated, town-paid e.m.s. staff; 0600-1800, M.- Fri.

SERVICES

- see above

RESOURCES

- 2 ambulances
- office and communications center
- 1st responder vehicle
- equipment for above

CONTACTS

- Chief of Service: Barbara McCarthy
- President: Tom Brown 434 5777
- Office: 434 0089; fax: 434 8052

Rotary Club of Old Saybrook, Old Lyme, and Westbrook

Mission Statement: “Service Above Self” Rotary is a worldwide service organization, started in Chicago in 1905, of men and women who are business and professional people. Rotary provides humanitarian services, encourages high ethical standards in all vocations and helps build goodwill and peace in the world. Approximately 1.2 million Rotarians belong to more than 31,000 clubs located in 166 countries.

[also see our Club Brochure for more information].

The main objective of Rotary is service in the community, in the workplace, and through out the world. Rotarians develop community service projects to address needs in their local communities and in the international community. Additionally, they support programs for educational opportunities and international exchanges for students, teachers, and other professionals.

Local Club was chartered in 1927 to cover the towns of Chester, Clinton, Deep River, Essex, Old Saybrook, Old Lyme, and Westbrook with 20 members. The number of members grew and the Clinton members withdrew to form the Guilford, Madison, and Clinton Club (which later split into 3 separate clubs). In the 1950’s three additional clubs were formed in Deep River, Essex, and Chester. In 1957 the club was renamed to the Old Saybrook Rotary Club, representing Old Lyme, Old Saybrook, and Westbrook. We currently have 43 members of which 4 live in Old Lyme.

SERVICE AND RESOURCE

Community Services currently emphases areas related to hunger, poverty, literacy and child abuse.

- Community Outreach - financial and other assistance (more details explained separately)
- Warm the Children [winter clothing for needy children in 6+ area towns. (More details explained separately...see next page.)
- Dictionary Project [a new expanded Dictionary for every 3rd grader in every elementary school in all four towns every year. Approx. 500 dictionaries per year.]
- Dare program or equivalent (all three towns)
- Meals on Wheels

International Service thru the Rotary Foundation to help relieve world suffering and promote world peace.

- Specific projects such as Safe Drinking Water, Sanitation Facilities, literacy projects, etc.
- Student Exchange (sends and receives high school exchange students from foreign countries for an academic year.)
- Polio Plus (Rotary Int’l has spent over 200 million dollars over the last 8-10 years to eradicate Polio worldwide. Currently partnering with the Bill & Melinda Gates Foundation to finish it.)

Vocational Service to promote leadership skills and high ethical standards especially in our young people.

- Scholarships: 2 and 4 year assistance awards toward 2 and 4 year colleges and/or trade schools. Two new students from each town added each year based on academics, financial need, leadership abilities, and community service. Current year budget is \$19,000.
- High School “Student of the Month” awards, all three towns for the academic year for the following Class Subjects: English, Math, Social Studies, Science, Foreign Language, Technology, Music, Business, Physical Education (sports). Students picked by teachers & staff.
- RYLA (Rotary Youth Leadership Awards) & Interact Clubs (H.S. students doing community projects)

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Rotary Club of Old Saybrook, Old Lyme, and Westbrook (continued)

ROTARY CLUB OF OLD SAYBROOK COMMUNITY OUTREACH PROGRAM (detail)

The Rotary Club of Old Saybrook Community Outreach Program helps individuals in the towns of Old Lyme, Old Saybrook and Westbrook to care for themselves and their families by providing financial assistance for education-related expenses or short term financial emergencies. The Program was made possible by a generous bequest from the estate of Ron Czepiel, an Old Saybrook Rotarian for many years.

During the past four years, 41 grants totaling over \$30,000 have been made benefiting more than 100 local residents.

Who is eligible?

Any needy resident of Old Lyme, Old Saybrook, or Westbrook

Acceptance rate?

High, if above eligibility criteria are met.

How to apply?

Anyone can apply, but usually town social workers or school officials submit applications on behalf of needy residents using the attached form.

Typical applications

- Single mother - repossess car to get to work
- Single working mother - winter electric bill
- Elderly lady with multiple sclerosis – handi-cap ramp
- Needy families – fuel assistance
- Elementary students – one week at summer camp
- Single working mother who lost job and training to be CNA – rental payment
- Child with birth defect – medical expense
- Self-supporting high school student – senior class trip
- Single elderly lady with cancer – food cards
- Elementary students – music and art lessons
- Single mother with diabetic child - diabetes camp
- Elderly couple with large debt and depleted savings – hospital bill
- Elderly lady with Parkinson’s disease – electric lift chair

For questions or further info contact:

Contacts:

“Outreach” Committee: William (Bill) Bernhart; 388-3795; wwbyu1951@att.net

President-Elect: Keith Wescovich; (O) 860-460-4971; keith@sussen.com

William (Bill) O’Shaughnessy; 434-1234; (c) 227-4317; wjosail@aol.com

Rotary Club of Old Saybrook - Warm The Children Program

Warm the Children

The Warm the Children Fund buys winter clothing for children-in-need. Warm the Children is neighbor helping neighbor. All the money donated is used to buy winter clothing. The need is great, especially with the uncertain economic times. Last year 41 Old Lyme children were supported. This year's target is 100 Old Lyme children. The program will be publicized through media and one-on-one meetings.

How the Program Works

The management of the program is handled by Jason Smith, who is responsible for the money end of the program, while Walter Osborne is responsible for the selection of "THE SHOPPERS." "THE SHOPPERS" are the people from various towns who volunteer their time to assist needy families. Walter also handles the interface with "WAL-MART" the store that is used for the purchases.

The lists of needy families are developed by "SOCIAL SERVICES with the assistance of YOUTH and FAMILY SERVICES" of each town who check to make sure that there is a need. The family names are kept in strict confidence. The towns currently in the program are: Chester, Deep River, Essex, Lyme, Old Lyme, Old Saybrook and Westbrook.

Each town in turn sends a list of the needy families to Walter who develops a PO for each child and/or children.

Each SHOPPER is given a Purchase Order which includes the parent/Guardian name, phone number, children's names, age/sex (age goes up to 16). The value of the PO is \$90.00 per child. The family member meets the shopper at Wal-Mart and assists with the paper work.

Historically the Pictorial Gazette was the means of getting the message out. However the Pictorial Gazette has closed. The program plans to use a mix of media and one-on-one meetings.

Please contact Walter or Jason with any questions:

Walter Osborne
Warm The Children
388-6629
osborned60@yahoo.com

Jason Smith
Warm the Children
664-4537

Shoreline Soup Kitchen and Pantries



Community suppers held every week at the following locations. A free hot meal is available to all who attend in a family style atmosphere.

Sundays 5-6pm	United Church of Chester 29 West Main Street, Chester
Mondays 5:30-6:30pm	Baptist Church of Essex 10 Prospect Street, Essex
Tuesdays 5-6pm	Saint John's Episcopal Church 23 Main Street, Essex
Wednesdays 12-1pm	Grace Church 338 Main Street, Old Saybrook
Wednesdays 5-6pm	United Methodist Church 12 Commerce Street, Clinton
Thursdays 5-6pm	Deep River Baptist Church 24 River Street, Deep River
Fridays 12-1pm	Trinity Lutheran Church 109 Main Street, Centerbrook
Saturdays 9:30-10:30am	First Congregational Church of Old Lyme 2 Ferry Road, Old Lyme

Free grocery distribution held every week at the following locations. All participants receive 3 meals for 3 days worth of fresh and non perishable food. All are welcome, and may attend one pantry each week.

Tuesdays 1:30-2:30pm	Saint Mark's Church 222 McVeagh Road, Westbrook
Tuesdays 3:30-5pm	Old Saybrook Congregational 366 Main Street, Old Saybrook
Wednesdays 6-7pm	Episcopal Church of the Holy Advent 81 East Main Street, Clinton
Saturdays 9:30-11:30am	First Congregational Church of Old Lyme 2 Ferry Road, Old Lyme

These meals and pantries are sponsored by The Shoreline Soup Kitchens & Pantries. This program is made possible through the generosity of our faith community host sites, our many volunteers, and kind donors.

The Shoreline Soup Kitchens & Pantries was founded in 1989 at the Essex Baptist Church. It is an interfaith ministry that provides food and fellowship to people in need and educates our communities about hunger and poverty. All those who attend The Shoreline Soup Kitchens & Pantries program sites will be provided with food and fellowship to the very best of our abilities.

Contact: Patricia M Dowling, Executive Director at 860-388-1988 or email at pdowling@shorelinesoupkitchens.org.

The South Lyme Union Chapel

The South Lyme Union Chapel serves several denominations as a place to gather for the Service of Morning Worship Sundays at 9:00 and from which to issue to live faith in community, as taught by Jesus Christ. All are welcome!

The chapel is also available at other times for use by community for other services of church: Baptism, Marriage, Funeral and Memorial Services. The small size of the chapel limits use to small-size gatherings, with thirty-five to forty optimal.

Members of the chapel regularly support missions organized regionally to house the homeless and feed the hungry. Other mission work includes disaster relief, either large-scale, such as brought on by flood, earthquake, war world-wide, or close to home, such as problems incurred by a member of the congregation or a neighbor. The South Lyme Union Chapel also supports with gratitude the mission activities of the church under whose care the chapel thrives: The First Congregational Church of Old Lyme.

Address: P.O. Box 227, South Lyme, Ct 06376-0222 (located at 308 Mile Creek Road, at the eastern junction of Mile Creek Road and Route 156)

Contact persons for 2009:

The Rev. Cynthia Willauer, 434-8315
First Trustee, Stephen Joncus, 434-5912

Thames Valley Council for Community Action, Inc.

Services for Small Children, Babies and their Families

Women, Infants and Children (WIC) WIC is a supplemental food and nutrition education program for income-eligible pregnant, post partum, and breast-feeding women, infants and children to 5 years of age. Income eligibility is based at or below 185% of the poverty level. Provides nutrition education, food package (\$40) and formula vouchers to meet client needs. Male single-parent families are encouraged to apply. State foster children under 5 years are automatically eligible. (860) 444-0006 x120 or (860) 425-6525

Early Child Care and Education Provides licensed, quality, childcare for children ages 6 weeks to 5 years. Early Care and Education centers are located in Norwich and New London and Taftville, open year-round, between the hours of 6:30 am – 5:30 pm. All parents are eligible to apply and sliding fee scale is available for parents earning under 75% State Medium income. Fees are determined based on a sliding fee scale. Our NAEYC accredited programs offer early childhood education to help children become school-ready. (860) 425-6544 or (860) 425-6537

Head Start Licensed quality child care to income-eligible children ages 3-5 years. Comprehensive services in the areas of nutrition, health, education, mental health, disability, parent involvement and family services. Two options with several opportunities in each home-based and center-based classrooms. Full-year and part-year options. (860) 425-6515

Foster Grandparent Program (FGP) FGP serves Eastern CT. Adults over 60 mentor children in crises in schools, shelters and ECE centers. 15-20 hours a week of service. Stipend and benefits available. Income guidelines for volunteers. No income guidelines for children. (860) 774-9286 (860) 444-0006 x116

Services for Elders

Foster Grandparents Program (FPG) See above

Retired and Senior Volunteer Program (RSVP) Dual purpose program: Provides volunteer opportunities for individuals 55 years of age and older. RSVP volunteers provide vital services to their communities. (860) 444-0006 x117

Senior Companion Program (SCP) Northern New London County: Adults over 60 assist individuals with Alzheimer's Disease in convalescent care facilities. 15 – 20 hours a week of service. Stipend and benefits available. Income guideline for volunteers. No income guidelines for clients. (860) 774-9286

Individual Habilitative Services (HIS) The HIS program assists isolated adults who face mental, emotional, and physical limitations by offering compassion and companionship. Senior Companion Volunteers mentor challenged adults in-house or on community outings. Clients must be Department of Mental Retardation (DMR) consumers. (860) 425-6529

Senior Nutrition Program and Meals on Wheels Senior Nutrition Program provide hot, nutritious meals to homes and community or senior centers in 39 towns throughout north- and southeastern CT. Individuals age 60 and older and their spouse are eligible to dine at the Senior Community Café. Reservations are necessary. There are no income guidelines. Referrals for home-delivered meals are made by phone by the Visiting Nurse, Hospital, family, friends, and clients themselves. (860) 886-1720 and (860) 885-2745

continued...

TVCCAction (continued)

Emergency Services

Connecticut Energy Assistance Program Connecticut Energy Assistance Program (CEAP) helps income eligible households pay their heating bills. Referrals can be made through local selectman's offices, town and state social services offices, and by the participants themselves. (860) 425-6681

Eviction and Foreclosure Prevention Mediation services and assistance with back rent via the rent bank. Income limit of up to 60% of State median income. (860) 444-0006 x113

TVCCA Shelter for the Homeless The TVCCA Shelter provides emergency housing and three meals a day for up to 45 residents at any one time. There is a Client Service Coordinator on staff to assist residents with any concern, from the search for permanent housing to registering their children in school. (860) 425-6574, (860) 425-6575, and (860) 889-1365 x6545

State Administered General Assistance (SAGA) SAGA provides case management services to single non-disabled adults with multiple barriers to employment referred by State Department of Social Services. Participants may receive assistance in the area of housing, employment, nutrition and any other areas of concern. (860) 444-0006 x113

Comprehensive Neighborhood Services (CNS) This unit serves as an advocate for the homeless and to ultimately assist them in securing adequate housing. (860) 444-0059

Food Services

A Moveable Feast (AMF) Home delivered nutrition meal program for New London County residents under 60 years of age that are undergoing treatment for acute medical conditions. (860) 823-3023

Catering To You Provides catered food and services for corporate and private parties. (860) 892-6013

TVCCA Food Service TVCCA provides food preparation and delivery of meals to Senior Nutrition, Early Care, Head Start, Shelter Programs and Day Care Schools. (860) 886-1720 and (860) 885-2745

Meals on Wheels (See Services for Elders Section)

Nutrition Services

A Moveable Feast (See Food Services Section)

Senior Nutrition Program & Meals on Wheels (See Services for Elders Section)

Special Supplemental Program for Women, Infants, and Children (See Services for Small Children, Babies and their Families Section)

continued...

TVCCAction (continued)

Employment Services

Workforce Investment Act (WIA) Adult, WIA Dislocated Worker, and WIA Youth Adult and Dislocated program serves eligible clients who qualify for intensive services, potentially including training funds or on-the-job training to help them reach their career goals. (860) 439-7672 or (860) 859-5765. Out-of-work Youth Program serves youth ages 16-21 with career exploration programs and individual case management. The emphasis is on obtaining the skills needed to get and keep a job. (860) 437-2385 x180

Title V Senior Community Service Employment Program Serves 14 income eligible (125% of poverty) Clients over the age of 55. Title V enrollees are placed in subsidized employment at non-profit organizations (host agencies) 20 hours a week for up to two years. (860) 425-6603.

Jobs First Employment Services TVCCA provides individualized services to those persons referred to the JOBS FIRST program by the Department of Social Services. JOBS FIRST services include an initial assessment, orientation to the DSS Welfare reform initiative, pre-employment workshops, employment-related case management, job development, help with job search techniques, workshops, employment-related case management, job development, help with job search techniques, placement and tracking to verify job retention as well as help with locating child care and transportation assistance. (860) 859-5763

CT Works New London No-cost resources help job seekers find employment, and are businesses find employees. (860) 439-7670

Housing

Eviction Prevention Program (see Emergency Services Section)

Supportive Housing Program This program serves homeless, disabled families and individuals in which the heads of household is disabled. Disabilities include mental illness, a diagnosis of HIV/AIDS, or any other documented disability. Service includes case management and referrals to nine other services. (860) 425-6542

Section 8 Housing Housing subsidy program for low and very low income clients. TVCCA provides management of existing HUD Section 8 vouchers. Access to program is through the statewide waiting list only. (860) 425-6520 or (860) 425-6543

TVCCA Shelter for the Homeless (see Emergency Services Section)

Rental Assistance Program State funded rental assistance. Housing subsidy program for low- and very low-income clients. Access to program is through the statewide waiting list only. (860) 425-6520 or (860) 425-6543

Transitional-Rental Assistance Program State funded transitional rental assistance. Housing subsidy for low- and very low-income clients. Access to program is through DSS referral only. (860) 425-6520 or ((860) 425-6543

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TVCCAction (continued)

Volunteer Services

Foster Grandparent Program (FGP) (See Services for Small Children, Babies and their Families Section)

Retired and Senior Volunteer Program (RSVP) (See Services for Elders)

Senior Companion Program (See Services for Elders)

Youth Services

Workforce Investment Act (WIA) Youth (See Employment Section)

Other Referral Services

Katie Blair House Katie Blair house is a transitional living program, which offers homeless single women a stable home where a woman may live up to two years preparing for independent, self-sufficient living. (860) 886-7511

Madonna Place The family support center located in Norwich CT, which is focused on strengthening families and helping to prevent child abuse and neglect. Also supports the Families First Program, a continuum of parent support and child abuse prevention services. (860) 886-6600

Financial Management Services

IDA/ESS A program of asset building via a savings plan with a matching grant at the end of the program (860) 444-0006 x113

Volunteer Income Tax Assistance (VITA) VITA offers free tax preparation, electronically e-filed Tax Returns, and trained and certified volunteer tax preparers. Available between early February and early April each year. See www.tvcca.org for locations.

Contact

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