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# Marijuana then and now

**Take a level approach to understanding the changes**



Lymes' Youth Service Bureau  
Community Action for Substance Free Youth  
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## Marijuana then and now

The increased potency of today's marijuana is more toxic to our teens' developing brains.

- Marijuana's THC (the ingredient causing the "high") averaged 15% in 2013, almost four times higher than 1980's marijuana (4%).
- Marijuana products used for vaping are as high as 70% THC! (Vaping: inhaling vapor from THC-infused oil or wax using e-cigarette-like devices.)
- Marijuana products with higher THC concentration are associated with paranoia and psychosis.
- There has been a dramatic rise in marijuana-related emergency room admissions.

For marijuana research, see [LYSB.org](http://LYSB.org) and click on Tool Box.

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